

# Pulman's View from Crewkerne

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Tuesday, September 29th 2015



## National Home Security Month

October 2015  
See Pages 18 - 20

# Plans for Somerset to cut down on landfill and save £12million

SOMERSET Waste Partnership (SWP) has issued a Europe-wide tender to find an alternative to landfill for Somerset.

The aim is to end almost all use of landfill in Somerset and reduce the present £12million a year cost of rubbish disposal through burial.

By Anders Larsson  
[anders@tindlenews.co.uk](mailto:anders@tindlenews.co.uk)

SWP's governing Somerset Waste Board (SWB) of councillors from all six Somerset local authorities approved a progress report and gave the go

ahead to issue a Europe-wide tender to find a company to provide an alternative to landfill for Somerset.

The latest stage also involved seeking two sites for waste transfer stations, one to serve broadly the east of the county and one to serve the west, where domestic rubbish can be bulked up for transport out of county for treatment or turning into fuel for export or UK use.

A spokesperson for SWP said: "The options were whittled down from more than 60 possible sites to a shortlist of 10 for the west and seven to serve the east.

"The search has homed-in to two preferred options, and one fall-back, on the basis of availability, size, position, risk of congestion, likelihood of gaining planning and permitting consent, and costs.

"Bidders will not be obliged to use the two preferred sites but they will be available for any bidder who does not have any alternatives."

While the SWP preferred options do not include the existing landfill sites at Dimmer and Walpole, these could still also be proposed by bidders.

If approved by the SWB, the locations of the preferred sites will be identified later, once land negotiations have been concluded and when applications for planning permission and Environment Agency permits are made.

The spokesperson added: "The cost savings sought by the six councils that make up SWP's partnership could be secured and exceeded by

Somerset residents simply by recycling far more and wasting far less, as 50 per cent of the average rubbish bin could be recycled at the kerbside and a further 10 per cent recycled at Somerset network of 16 recycling sites."

SWP has also unveiled the new livery for its rubbish collection vehicles. Against a backdrop of contrasting images of landfilled rubbish and Somerset countryside, it urges "Less of this ... Think before you bin" and "More of this ... Recycle More (every bit helps)".

Somerset Waste Partnership is the local authority team managing waste and recycling services for Mendip, Sedgemoor, South Somerset and West Somerset District Councils, Taunton Deane Borough Council and Somerset County Council.



■ COUNCIL CALL: Somerset Waste Board members with a rubbish truck in its new promotional livery

## ALSO IN THIS WEEK'S ISSUE...



## Wadham hosts annual presentation night

See page 4

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# IN THIS WEEK'S PULMAN'S VIEW

## SPORT Rugby

CHARD will be kicking themselves for allowing their game against Wells slip from their grasp after having a comfortable 16-3 lead at half-time.

For the third game in a row Chard lost by the narrowest of margins and came away with just one losing bonus point because they finished within seven points of the winners.

Chard know they could and should have won the game but player coach Simon Jenkins commented after the game that Wells deserved the win because of their second half display.

They knew how to use the slope to their advantage and were certainly 'up for it' whereas Chard were often going through the motions which left many of their supporters rather disappointed.

Chard had much of the proceedings in the first half when they had the advantage of the slope even though Wells had taken the lead with an early penalty.

A try from Jenkins plus a conversion and three penalties from the boot of fly half Humphries gave the visitors a comfortable lead and in truth if Chard had scored any further points in the first half then surely Wells would have had too big a mountain to climb.

# View 2

The ultimate leisure guide for East Devon & South Somerset

- ▶ **Coco and The Butterfields**
- ▶ **Dissenters BluesBand**
- ▶ **A trip down Memory Lane**
- ▶ **Musical Director celebrates 50 years of music making**
- ▶ **Museums at Night**
- ▶ **Faustus**
- ▶ **Plus listings and more!**

**SEE PAGES 31-35**



## PEOPLE IN THE NEWS



**CREWKERNE:** MICHAEL Souber has been appointed new temporary sub postmaster in the East Street branch following its sudden closure two weeks ago.



**SEATON:** FORMER mayor and town councillor for 20 years, John Meakin, failed to win back his seat during a co-op-tion vote this week.



**AXMINSTER:** PAUL Austin of Axminster Catenian Association was presented with a scroll celebrating 50 years of membership of the organisation.



**SOUTH SOMERSET:** PHOEBE Wilson and Jacob Whitefield have been elected head girl and boy at Holyrood Academy in Chard for 2015/16.

## Quotes of the week...

“Axminster Primary School's former Year 6 SATS results will be annulled after an investigation found that pupils had received too much help during the exam.”

*A spokesperson for Axminster Primary Academy, which is part the Acorn Multi Academy Trust, apologising to pupils for failing “to correctly administer” the SATs.*

“This building has been vacant far too long and suffers from illegal entry and vermin. It seems to have rapidly deteriorated and is a fire risk and hazard to the community”.

*Honiton Senior Voice spokesman after a fire was believed to have been started deliberately in the empty Royal British Legion building in Honiton*

“The cost savings sought by the six councils that make up SWP's partnership could be secured and exceeded by Somerset residents simply by recycling far more and wasting far less.”

*Spokesperson for Somerset Waste Partnership*

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## FEATURES

### ■ HOMES & GARDENS

Pages 24-29

### ■ PROPERTY:

Pages 37-46

### ■ JOBS:

Page 36

### ■ LOCAL SERVICES: Pages 47-54

### ■ MOTORS:

Pages 55-60

### ■ SPORT:

Pages 61-64



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## TOP STORIES FROM ACROSS EAST DEVON AND SOUTH SOMERSET

### AXMINSTER Pupils over-aided in SATs exams

THE controversial SATs results at Axminster Primary Academy (formerly school) will never be revealed.

After more than two months since concerns over the results were first raised, the Standards and Testing Agency (STA) has announced that "pupils were over-aided" during the exam and there is also doubt about the integrity of some papers. As a result, the school has launched a full internal investigation.

Axminster Primary Academy, which is part of the Acorn Multi Academy Trust, released a statement on Friday, September 25th, apologising to pupils for failing "to correctly administer" the SATs.

A spokesperson said: "Axminster Primary School's former Year 6 SATs results will be annulled after an investigation found that pupils had received too much help during the exam."

STA deputy director Amanda-Jane Balfour has told the school: "I am satisfied that based on these findings, pupils were over-aided during the administration of national curriculum tests."

"This was not confined to just the pupils whom you have confirmed had support from a prompter during the tests."

"Additionally, there is doubt about the integrity of the mental maths papers as there is evidence that some changes may have been made to pupils' answers after the tests were completed."

The chairman of the school governors, Jane Rockett, has written to parents of the former Year 6 students, acknowledging the hard work by pupils towards their SATs, and expressing her disappointment and apologies after the STA findings.

## From the editor's chair Is the town hall coming home?



SEATON Town Hall - known also as The Gateway - has long been the social centre of Seaton, especially since Seaton's Voice took over the entertainment organisation.

It also houses the town's excellent museum and provides office space and a meeting room for Seaton Town Council.

The building is currently owned by East Devon District Council and talks have been going on for two years in the hope it could be handed back to Seaton at no cost. On the face of it that would seem a good deal.

If the town decides to take it on, Seaton Town Council will abandon its plans to find new office accommodation.

Three options are on the table: 1 - Not take it on; 2 - take it on and don't spend any money on refurbishment; and 3 - take it on and refurbish the building at an estimated cost of more than £600,000 which include a sum of £60,000 for extending the building.

This money would be raised through the town council taking out a public works loan of £405,000 with East Devon contributing £25,000 and Seaton's Voice £180,000.

This is a great deal of money for a small community and there are some who fear it could cripple the town.

Others believe that Seaton needs a modern community centre and should follow other towns in East Devon in taking on such an ambitious project.

The outcome will be iterating and a referendum is likely to generate a great deal of discussion before the town goes to the polls. But referendums don't always settle matters for good - look what happened in Honiton with the Beehive community centre.

It is unlikely that in these days of austerity EDDC will bring the town hall up to the standard required. This is a big call for Seaton.

Philip Evans

### OTTERY ST MARY Council objects to 'inappropriate' plans

OTTERY St Mary Town Council has once again unanimously opposed "inappropriately located" plans for 53 new homes in the area.

The council has set a precedent that developers wanting to build in Ottery St Mary should look to the west of the historic town rather than continuing proposals in areas to the south, such as Sidmouth Road, and to the east like Slade Road.

Chairman of the Planning Committee Councillor Ian Holmes said the application for 53 homes on the land east of Sidmouth Road had nothing to merit it.

"The location is totally inappropriate on the wrong side of the town with very poor access, it's totally unsustainable," he said.

"Ottery has had more than its allocation of housing, resulting in traffic congestion and overloading of the infrastructure."

### HONITON RBL building damaged after 'deliberate' blaze

HONITON residents were left shocked after it was announced that a fire in the empty Royal British Legion building in Dowell Street was believed to be started deliberately.

The derelict building was damaged on the afternoon of Monday, September 19th when fire crews received reports of a blaze at the much-maligned property just after 3pm.

Three fire engines were mobilised from Honiton and Ottery St Mary. On arrival, crews confirmed that the building was well alight and requested the attendance of further help. The fire engine from Sidmouth was then sent as well as the Incident Command Unit and a support appliance from Totnes.

Speaking after the blaze, the Mayor of Honiton, Councillor Caroline Kolek, said: "The council are disappointed to hear of the fire at the Royal British Legion, particularly as it is believed to have been started deliberately. The actions of those who did this are appalling and it is a relief that no one was hurt."

## SEATON & BEER Public will decide future of Town Hall

SEATON residents will be given three options when deciding the future of the town hall.

The three options were agreed during a meeting of the full council on Monday, September 21st. Current owner East Devon District Council (EDDC) wants to transfer the building to Seaton Town Council at no cost to the latter. EDDC, Seaton Town Council, community group Seaton's Voice, which currently leases and manages the building, and co-tenants Seaton Museum have worked together on the plan for about two years.

If the transfer is agreed, Seaton's Voice and the museum would become the tenants of the town council. The final decision, though, will be made by the people of Seaton through consultation and referendum.

Details for this process are being finalised, and more information is expected in the near future.

But Mayor of Seaton, Councillor Tony Woodman, summed up by saying: "There will be three options - not take it on, take it on and do nothing, and take it on and undertake the necessary improvements like installing a lift, new toilets etc, which we will need a Public Works Loan Board loan."



Do you recognise Holly? She was found near Weston and is now looking to be reunited with her family



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### SOUTH SOMERSET Plans for county to cut down on landfill

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## View Family Announcements

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**WOW MY BABY SISTER**  
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LOVE YOU LOTS  
HANNAH XXXX

**21**  
**MEGAN ROBINS**  
HAPPY 21ST BIRTHDAY  
LOVE NAN, GRANDAD &  
GREAT GRAN XXX

**21**  
**MEGAN ROBINS**  
HAPPY 21ST BIRTHDAY  
ON THE 3RD OCTOBER  
LOTS OF LOVE MUM, DAD &  
LUKE XXX

**HAPPY 18TH BIRTHDAY**  
**EMILY MARY PIKE**  
ON THE 29TH SEPTEMBER  
LOVE MUM, DAD, HANNAH, ALFIE & BELLA XX

**1**  
**HARRIS PROCTOR**  
HAPPY 1ST BIRTHDAY  
ON THE 3RD OF OCTOBER  
LOTS OF LOVE FROM  
MUMMY & DADDY XX

**90**  
**HAPPY 90TH BIRTHDAY**  
**IVY SEWARD**  
FROM HER SISTERS  
AUDREY, MAY & AVIS

**ALISON HAYWARD**  
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**ON YOUR 50TH**  
**ROSEMARY ODIE**

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ON REACHING YOUR GOLDEN WEDDING  
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LEON, STEPHEN, AMANDA, BRENDON & LIAM

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## Charity hits £1million in its 10th year

SCHOOL in a Bag, the initiative run by the Piers Simon Appeal based in Chilthorne Domer near Yeovil, has reached its first £1 million milestone – in the charity's 10th anniversary year.

The Piers Simon Appeal (PSA) was set up in memory of Piers who sadly lost his life in the Indian Ocean Tsunami on Boxing Day in 2004, following a collection at his memorial which raised £10,000.

In the first five years, financial contributions were made to disaster victims in 13 countries by the PSA. In 2009, following a project helping orphan children in Swaziland, the School in a Bag (SIAB) initiative was born to help address the millions of children who are deprived of an opportunity to learn.

According to UNICEF figures, one fifth of the world's child population (around 75 million children), will never attend school, so School in a Bag delivers rucksacks simply filled with stationery, learning resources and eating utensils to poor, orphan and disaster-affected children around the world and to date, the initiative has delivered over 55,000 SchoolBags to children in 27 countries – a number which continues to grow.

Luke Simon, the Founder and CEO of School in a Bag, said: "We are so excited to have reached our first million pounds of fundraising, especially in such a significant year for us. The humble beginnings of being the biggest donors to help rebuild and repair Koh Phi Phi and building a bridge that had been lost in Sri Lanka, has now spread to thousands of children around the



■ L-R: Luke Simon (SIAB Founder & CEO), Charlotte Pike (Administrator), Zoë Fox (Events & Marketing Manager), Celia and Henry Simon (Trustees)

world, each receiving a SchoolBag to enable them to go to school and in turn giving them hope for a brighter future.

He adds: "Of course I miss my big brother every day and things will never be the same without him around, but through the sadness of losing him, we've helped so many people in his name. We are hugely grateful for the continued and valuable support helping School in a Bag to expand enabling us to provide more SchoolBags to disadvantaged children around the world, so through our celebrations, we really want to reach out and say thank you to everyone who has donated, volunteered or fundraised for us over the last 10 years."

The SchoolBags are primarily delivered in two ways: shipping SchoolBags out from the UK, which have often been packed by the donors, or putting SchoolBags together 'In Country' using international partners, which not only

eradicates shipping costs and time, making them cheaper so more SchoolBags can be funded, but also puts money directly into the local economy from purchasing the SchoolBags and their contents.

Since 2009, SIAB have worked with many different businesses, schools, groups, clubs and individuals who have fundraised for the charity and in July this year, became the International Service Charity partner for the Inner Wheel Association of GB & Ireland, meaning School in a Bag is now working on a national level. SIAB also set up a Nepal Earthquake Appeal after the recent devastation due to its links with the country and after an initial goal of £2,000, it has currently raised over £57,000 – not only an amazing amount, but also bridging the gap between the charity's disaster relief work and SchoolBags.

The charity is in a really exciting place, and looking forward to raising its next million.



## Wadham School awards

WADHAM School's presentation evening attracted almost 300 people.

Although a Crewkerne school, the awards evening was held in The Minster, Ilminster, on Thursday, September 17th.

Headteacher David Derbyshire said: "The awards evening at the Minster in Ilminster gave us the opportunity to celebrate the achievement, the engagement and the contribution of students from all years in the school.

"It was a proud moment for all involved to be able to reward the students for their efforts.

"Nearly 300 people, students, parents, teachers, governors and friends and partners of the school joined us to share in the students' success.

"We welcomed Councillor Neave (the Mayor of

Ilminster) and representatives of sponsors of some of the awards, including Peter McKay from Gooch and Housego, Abigail Nettleby from BAE Systems, Cheryl Newman from Crewkerne and District Twinning Association, members of Ilminster and Crewkerne Rotary clubs, and Jane Farmer from the Friends of Wadham School.

"A huge thank you to the students who performed on the evening and to everyone who came along and made it such a memorable evening for the students."

Pictured are George Marshall-James with the 2014-15 Year 13 Headteacher's Award, Jessica Payne with the 2014-15 Year 10 Headteacher's Award and (centre) Headteacher David Derbyshire.



## Award for Fostering and Adoption Service

THE efforts of the team which recruits and trains foster carers in Somerset have been recognised in the Children & Young People Now Awards 2015. Somerset County Council's Fostering and Adoption Recruitment Service has been shortlisted for the Recruitment and Professional Development Award for their hard work in this area.

Between January and December 2014, a record high of 62 foster carers and 41 adoptive households were approved in Somerset. This is through holding regular information events around the county for people who could help turn the life of a child around, an easy-to-use website containing lots of helpful information, and going that extra mile throughout the approval process.

Described as the "gold standard for everyone working with children, young people and families", the Children & Young People Now Awards are now in their tenth year.

Cllr Frances Nicholson, Cabinet Member for Children and Families at Somerset County Council, said: "This is brilliant news for the Service, which is committed to inspiring and encouraging more people in Somerset to embark on this vital role. Well done to everyone involved and good luck for the final.

"We continue to seek local people living in Somerset's main towns – particularly in Yeovil, Shepton Mallet, Frome, Minehead, Bridgwater and Taunton – with the space in their homes, and their lives, to foster a child of secondary school age, teenagers, and siblings. If you are thinking about this, if you think you could give a young person much-needed support and guidance, please, do get in touch."

Every foster carer interviewed by Ofsted during a recent inspection said they would recommend fostering for Somerset County Council. They also said that they value the training they receive from the authority, their inclusion in the service, and new developments.

The Council also offers its foster carers:

- Training and professional development opportunities
- Financial support for foster carers attending training courses
- Consistent and regular placements
- Specialist teams supporting foster carers looking after teenagers, parents and their children, or children and young people with particularly complex needs
- A pay progression scheme which rewards carers for their skills, experience and learning, and recognises the need to support carers who are able to care for sibling groups
- Competitive fees
- Retainers are paid for specialist schemes that provide an income between placements where carers need to be available at home.

The awards presentation is taking place on Thursday, 26 November at The Hurlingham Club in London.

To find out more about fostering with Somerset County Council, visit [www.fosteradoptsomerset.org.uk](http://www.fosteradoptsomerset.org.uk) or phone 0800 5879900, or come to the next fostering and adoption information event on Wednesday 21 October, 7pm-9pm, at Wincanton Balsam Centre, BA9 9HB.

A specific event on Short Break Care is being held at Critchill School in Frome on Thursday 15 October, 7pm-8.30pm. For further details about either event, please phone the team on 0800 587 9900.

For more information about the Children and Young People Now Awards 2015, visit [www.cypnowards.com](http://www.cypnowards.com)

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## Greenfylde lands sporting silver



■ GREENFYLDE pupils have earned their sports leadership certificates as part of the school's ongoing commitment to sports

GREENFYLDE First School in Ilminster is celebrating after being recognised for its commitment to competitive sport by achieving the prestigious Silver Sainsbury's School Games Mark award.

The Sainsbury's School Games, which is supported by National Lottery funding from Sport England, and delivered by the Youth Sport Trust, provide a unique opportunity to motivate and inspire millions of young people across the country by encouraging them to take part in competitive school sport.

The Games are made up of four levels of activity: competition in schools, between schools, at county/area level and a national event for the most talented school age athletes.

To recognise good practice schools are encouraged to apply for a mark to celebrate their achievement and Greenfylde has been successful in achieving the silver award.

Over the last year Greenfylde has taken part in a range of competitive sporting opportunities including sports leadership opportunities, increased curriculum opportunities through the use of sports coaches throughout the year, and increased provision of after-school activities which has resulted in an increase in pupils attending throughout the year groups. The school has provided a wide range of sports, including boccia, archery and tri-golf which are inclusive sports which all pupils can access.

Steve Gass, the School Games or-

ganiser, said: "Well done on your silver award. You have moved from bronze and are adding in some great structure. The school has really embedded sport as part of its ethos.

"It would be interesting to see the academic results over the past two years compared to the results prior to 2012 since. The leadership programme is a great success and you do a tremendous amount for a first school. Well done."

John Steele, chief executive of the Youth Sport Trust, added: "With thousands of schools across the country registered for the Sainsbury's School Games it is important that the mark recognises and celebrates the great work that is going on to increase competitive sport in schools. Receiving this award is a fantastic achievement and everyone at the school should be very proud."

Minister for Sport Helen Grant commented: "The Sainsbury's School Games is transforming competitive sport in schools and helping create a sporting habit for young people that can last a lifetime. Congratulations to all those schools who are being awarded the mark in recognition of their commitment to competitive sport and encouraging greater participation among their students."

The Sainsbury's School Games is supported by a range of partners including the Department for Culture, Media and Sport, Sport England, Youth Sport Trust, Department of Health and British Paralympic Association.

## MP 'thrilled' with school film

MP Marcus Fysh MP was thrilled to watch a film produced by pupils at Combe St Nicholas C of E School.

The film earned a Highly Commended recognition at this year's Lights, Camera, Parliament competition, which asks young people aged

7-18 to tell Parliament what new law they would introduce in the UK through a three-minute film.

The pupils in Combe St Nicholas decided to lobby for a limitation of the placement of solar panels on non-agricultural land. Marcus was impressed with the film, and was pleased to present the certificates to George, Charlotte and Brandon. Marcus was also give a full tour of the school by the Headteacher Christine Maxwell, including attending the daily assembly.

The MP said: "The film showed great skill and understanding of some of the issues facing the United Kingdom, with regards to farming and the environment.

"There is also a real commitment in the school to ensuring the children have fully grasped the first steps of democracy, I was honoured to present the badges to those elected to the School Council."



■ FILM FESTIVAL: Marcus Fysh MP with Christine Maxwell, George, Charlotte and Brandon

Advertiser's announcement

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On Thursday 8th October Jean will be hosting an Open Evening from 7-9pm at her premises, where you will be able

to find everything from Menswear and photographers to beauticians and couture cake makers!

Jean will also be hosting an Open Day on Sunday 18th October from 11am to 3pm.

Don't forget to tune in to BBC3 on 14th October at 9pm to see Prima Moda Brides of Ilminster feature on the popular television show Don't Tell The Bride.

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"Thank you so much Jean for all your help. It was a lovely experience choosing my dress. Relaxed and stress free. I absolutely love my dress and cannot wait to wear it. I am so pleased with the alterations that Sarah made, perfect first time and Sarah was a big help with showing my mum how to lace it up. I will recommend Jean to any of my friends looking for a dress, there are so many stunning gowns to choose from."

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# Holyrood elects head boy and girl

PHOEBE Wilson and Jacob Whitefield have been elected head girl and boy at Holyrood Academy in Chard for 2015/16.

Phoebe and Jacob said they are thrilled to be the new role models for the school and can't wait to get started on all the ideas they have for keeping Holyrood as the "best place for students to be!"

Phoebe said: "Jake and I have been in education together since we were at Broadway Pre-School, Neroche Primary and then Holyrood and Holyrood sixth form.

"We're both so excited to have been elected and think back to when we first met as toddlers, and now here we are, head girl and head boy of Holyrood."

Phoebe and Jake will be ably supported by four deputies, Abi Ladd, Courteney Yeoell, Calum Syrett, Tom Stainton, as well as a senior team of more than 12 other sixth formers.

The rigorous selection process began last term when all those entering Year 13 in September were invited to submit applications for the roles. From these applications, six students were asked to make presentations to the senior leadership team at Holyrood.

Candidates were then expected to present their ideas to groups of Year 6 pupils who were on trial days at the academy, as well as other Year 12s. Following this, they had to attend an interview with principal Martin Brook and head of sixth form Karen Seib.

Year 12 and 13 students were able to vote and this result contributed towards the final decision.

Jacob, who intends to pursue a career in mathematical engineering, said: "We are passionate about engaging with students across the whole academy and sixth form and our aim is to make Holyrood a really meaningful community."

Phoebe added: "We have set ourselves lots of goals, and have already established a Mentoring Reading Scheme with younger students. We have plans for a talent show to raise funds for Alzheimer's and a Macmillan Coffee Morning. "I believe this role will gain me brilliant experience in my pursuit of a career as a doctor, as I will be working with a huge variety of people."

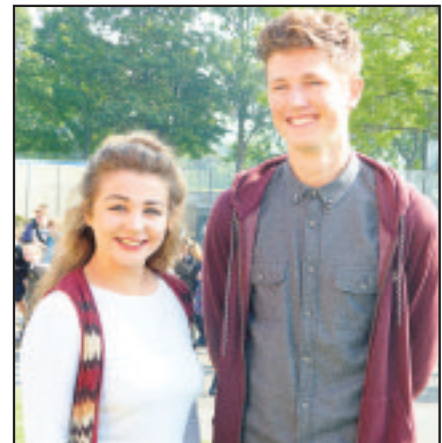
Principal Mr Book was particularly looking for students who could engage with others from Year 7 through to Year 13. He valued Phoebe's considerate and empathetic approach as well as Jacob's mature and approachable manner.

He said: "Holyrood's head boy and head girl

have the opportunity to prove they can lead a team and get results. I have every confidence that Phoebe and Jake will be extremely competent and I look forward to them accompanying me at future events."

All staff and students wish Phoebe, Jacob and their team all the best in setting the tone for the future of the academy and making Holyrood the best experience for everyone.

Mrs Seib said: "Phoebe and Jacob will be an asset to the academy and I look forward to working alongside both of them and the rest of the senior team this year."



## Staff inspire students with favourite quotes



STAFF at Holyrood Academy in Chard have been inspiring students and each other through an Inspirational Quote Campaign.

The campaign was launched last week with striking displays of over 110 quotes around the school site.

Students have enjoyed the insight into their teachers and the quotes have proved very popular.

Principal Martin Brook said: "This campaign has had a very positive impact at the academy. The quotes have really got people talking and offer another great way to inspire our students and staff."

In revealing the famous quotes that they live by, staff are intending to connect with students who might be looking for a little extra motivation.

Year 9 student Josh Lee said: "The quotes are brilliant. They look great and are really interesting to read. I will definitely think of some of them when I next need some inspiration."

■ Pictured left, Holyrood staff members Matt Child, Fiona Hiscox, Serena Cambridge, Martin Brook, Brianna Chapple-Hyam and Steve Hodgson with their inspirational quotes

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# A busy few weeks for camera club members

SINCE returning from the summer break, Chard Camera Club members have had a busy couple of weeks, including tuition and a competition.

The September meeting saw members receiving tuition in how to adjust their images using both a photo box and light room to produce a run of images to a specific set finish.

Member Peter O'Shea devoted his time to show and assist other members how they could have a go at this in their own time at home.

The lesson was followed by an outdoor meeting on Tuesday, September 15th in Axmouth for a session on light painting, led by Drew Anderson.

Thursday, September 17th saw the first in-house competition of the new season when judge of the evening, Sid Jones, went over their prints covering three subjects - portrait, nature and an open subject. More than 20 members attended to watch the judge cast his eye over all images, giving valid and constructive comments on all images on display.

The results were as follows:

Portrait: 1st Dick Moon, 2nd Charlotte Nurdin, 3rd Alan Williams. Nature: 1st Charlotte Nurdin, 2nd Jeffery Hutson, 3rd Alistair Purcell. Open: 1st Malcolm Brocklehurst, 2nd Norah O'Shea, 3rd Charlotte Nurdin.

The next meeting will be on Thursday, October 1st, featuring a Photoshop demonstration entitled



■ **PORTRAIT WINNER: 'Like Father like Son' by Dick Moon finished top**

"My Work Flow" by Charlotte Nurdin. The club is always looking for new members and anyone interested can attend meetings on the first and third Thursdays of the month.

Further details are available by calling Peter Partridge on 01460 66885 or by visiting the club website at [www.chardcameraclub.org.uk](http://www.chardcameraclub.org.uk)

## 'Free range' books encourage reading



■ **HOLYROOD Academy's Learning Centre** has developed a new reading scheme through the creation of a dozen "free range" books, which they have set free across the academy site. These brand new books have been placed around the site for students to find, read and then leave for someone else to enjoy. The books have been placed in transparent cases showing a happy hen on the front and containing a nest of paper eggs. Students are expected to return the eggs to let staff know who has read the book and where it has been left.



## Cake sale raises £221

THE new Year 7 students at Holyrood Academy in Chard worked together to raise funds for Save the Children by holding a cake sale. They raised an impressive sum of £221.40 by selling home-baked cakes to students and staff. Head of Year 7 Jason Swarbrick said: "Year 7 worked really hard together on this project and had a lot of fun raising the money. I was very proud of their efforts." Pictured left are twins Jemma and Holly Edwards with their cake supporting England in the Rugby World Cup.

# Entertainment Society to stage special show for carnival week

FOR the first time in many years there will be a special show at the Guildhall in Chard to mark carnival week.

"All The Fun Of The Fair" is being staged on October 7th to 9th by Chard Entertainment Society in conjunction with Chard Carnival Committee to support the town's annual carnival celebrations.

This is no ordinary show, but one full of dodgems, motorbikes, crafty cons, candy floss and fights, plus a good helping of unrequited love and romance.

With music by singer/songwriter David Essex,

based around a tale by Jon Conway, this modern rock musical features many of Essex's greatest hits including "Hold Me Close", "Rock On" and "Gonna Make You A Star". It's set in a fairground too, making the show a very appropriate choice for carnival time.

Tickets at just £8 each are available, as usual, from Barron's, Holyrood Street, Chard and you can now also buy tickets online at the website [www.ticketsource.co.uk/chardentertainmentssociety](http://www.ticketsource.co.uk/chardentertainmentssociety), where a very small booking fee applies.

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# Children's carnival one of best ever



ILMINSTER Children's Carnival was held on Saturday afternoon ahead of the town's main procession this weekend. The event was described as "one of the best ever" with a record number of entries at 22.

Results were as follows: Single entry up to 7 years - 1st Pretty Polly by Molly Hughes; 2nd Little Miss Peacock by Lana Suckling; 3rd Lady Peacock by Isabelle Winscombe; 4th Rainbow of Colour by Maisie Winscombe.

Pairs up to 16 years on foot - 1st The Great British Bake Off by Joseph and Thomas Sainsbury; 2nd B&B by Oliver and Monica Newbery; Munchies by Kurt Bennett and Lily Sell; 4th Minions by Megan and Holly Edwards.

Group of 3-6 children on foot - 1st The Jewels of India by Lucy May Brion, Owen Muckersie, and Brooke and Harper Oliver; Indian Princesses by Millie and Megan Golder, Martha and Flora Godfrey and Bella Viggers; 3rd The Box Trolls by Jack, Finley and Florence Lewis.

Group of 7 children or more - 1st Feathered Friends by 1st & 2nd

Ilminster Brownies and Rainbows; 2nd Sunny Ile Minions by Sunny Ile Pre-School.

Individual, pair or group of three with non-motorised vehicle - 1st Carnival Spirit by Georgia Hounsell, 2nd Rainbow Princesses by Hannah Knight.

Group of four or more with non-motorised vehicle - 1st To The Ball by Cooper Maddock, Abbie O'Donnell, Sienna and Leo Isaacs, Calliope and Kelsi Scott, Leah and JJ Coath, Rebecca and Sam Mather and Elana Elson.

Federation class single or pairs - Joint 1st - Circus of Colour by Lorna Stephenson and Woodland Spirit by Lilly Cumming.

Federation class group of three or more - 1st Flying Saucers by Magan Norma and Jessica Jaclyne Dawe.

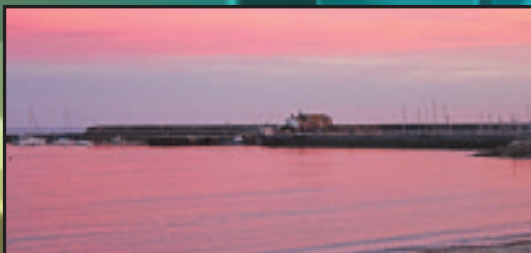
Chard and Ilminster News Cup for originality - B&B; Tony Goverd Cup for Spirit of Carnival - Sunny Ile Minions; Barbara Lee Cup for best overall individual costume - The Jewels of India; Chard and Ilminster News Cup for best overall - Flying Saucers.

Photos by STEVE MONK



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## In the pink for Breast Cancer Care

■ CANCER survivor Anne Hine held a pink tombola in aid of Breast Cancer Care outside the Tesco store in Ilminster. The tombola was held on Saturday, September 26th, and Anne said: "We had a fantastic day and raised £1,767. We stayed until 6pm and more or less sold out." She praised everyone who supported the event.

We will be holding Open Mornings at all our Academies for children starting school in September 2016 on the following dates:

Our Early Years Centres and Pre-schools will also be open to prospective parents.

- Tuesday 29th September 9-12 Marshwood CE Primary Academy
- Tuesday 29th September 9-12 St Andrew's CE Primary Academy, Chardstock and St Andrew's Early Years (age 2+)
- Tuesday 6th October 10.30-11.45 Mrs Ethelston's CE Primary Academy, Uplyme
- Tuesday 6th October 10.00-12.00 & Thursday 16th October 1.30-3.00 Loders VC CE Primary, Bridport
- Thursday 8th October 9-12 Axminster Community Primary Academy and Axminster Early Years (age 2+)
- Friday 9th October 9-12 Membury Primary Academy and Pre-school (age 3+)

More information at [www.acornacademy.org](http://www.acornacademy.org)



Please drop in and visit us for a tour of the school, to meet the staff, and to find out more about joining our Academies.

Marshwood CE Primary 01297 678224

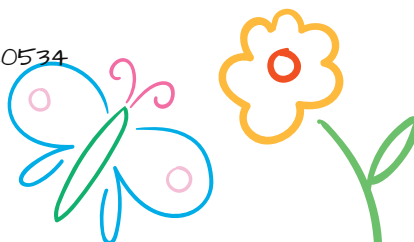
St Andrew's CE Primary & Early Years Centre 01460 220534

Mrs Ethelston's CE Primary 01297 442210

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Membury Primary & Pre-school 01404 881491



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■ **REOPEN:** Michael Souber has been appointed temporary sub-postmaster of Crewkerne Post Office

## Busy week at newly reopened post office

THE saviour of postal services in Crewkerne town centre has had a busy week putting the post office back into shape.

As reported last week, Michael Souber has been appointed temporary sub-postmaster of the East Street branch following its sudden closure just over two weeks ago.

Mr Souber, who already runs South

Petherton Post Office with his wife Julia, reopened the branch on Tuesday, September 22nd.

He reported that trade had been somewhat slow during the first few days, but started to pick up on the Friday.

Mr Souber added: "Customers will notice a bit of a difference at first as it will take a bit of time to restock and refit."

A Londoner who lived in Fulham and Kingston, Mr Souber and his family relocated to South Petherton almost 10-years-ago to take over the post office there. It was quite a change from what he was used to.

Mr Souber explained: "I worked for a fashion company in London, which is very different to running a post office."

## Town supports Macmillan world's biggest coffee morning fundraiser

MACMILLAN Cancer Support's World's Biggest Coffee Morning enjoyed great support in Crewkerne.

The giant fundraiser was held on Friday, September 25th. Many businesses and organisation's had colourful displays inviting members of the public to stop for a cuppa and a slice of cake.

A Macmillan spokesperson said: "The money you raise will help make sure no one has to face cancer alone."



■ **HUMPHRIES** Kirk staff took the coffee morning seriously



■ **CREWKERNE** U3A manned the stall in the library

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## Club to screen award winning Polish film

"IDA" is the October film at Clapton & Wayford Film Society, to be screened in the village hall on Thursday October 1st.

Doors will open at 7.30pm for an 8pm start. Based in Poland in 1962, "IDA" is about a young woman on the verge of taking vows as a Catholic nun. Orphaned as an infant during the German occupation of WWII, she must now meet her aunt who tells her that her parents were Jewish. They embark on a road trip into the Polish countryside to learn the fate of their family.

"IDA", with certificate 12A, won the 2015 Academy Award for Best Foreign Language Film, becoming the first Polish film to do so.

Pre-booked guest tickets are £4 per film. For more information or to pre-book, email mickp-wilson53@btinternet.com or ring Mick Wilson on 01460 74849 or Di Crawley on 01460 30508.

## Patients welcome at Surgery Friends AGM

THE Friends of Springmead Surgery, Chard, will hold the 2015 annual general meeting in the waiting room at the surgery at 7pm on Wednesday, October 7th.

All patients of Springmead are Friends members and are invited to attend the AGM.

After the business is concluded, Dr Sarah Pearce will talk about dementia, a subject in which she has a great deal of professional expertise.

For more information, call secretary Rosemary Davis on 01460 261129.



## MP stops at Crewkerne care provider on constituency tour

■ **MARCUS Fysh MP** continued his travels around the constituency by paying a visit to Libertas Care in Crewkerne. He had been invited by Paul Clarke and Nancy Atkinson, who set up Libertas Care up as a response to caring for a dying relative. The visit was the ideal opportunity for the Libertas Care team to explain the current challenges facing the care industry. Marcus said: "It was an enlightening meeting. I am always interested to meet with local businesses to understand their issues, dreams and aspirations - this visit will enable me to speak with authority when debating the needs for the care industry." Pictured above are Mr Fysh, Nancy Atkinson, Paul Clarke and Suzanne Butts.

## From board games to walking football, the U3A suits all tastes

ARE you games for a laugh? A new group for people who enjoy playing board and card games is being launched by Crewkerne & District University of the Third Age (U3A).

The first meeting is at the White Hart pub on October 15th at 2pm.

A walking sports group is also planned by the U3A, involving football, basketball/netball and badminton. The first meeting of this is on October 16th at the sports hall at Wadham School, starting at 4pm.

Ann Hinchliffe's talk about the history of folk dancing at the monthly meeting of the U3A will include a short demonstration and a chance for members to join in and have a go themselves at one of the dances. She is bringing along her own musician.

The meeting will be held on Monday, October 5th at the Henhayes Centre, starting at 2pm.

Crewkerne U3A currently provides more than 40 special interest groups for its 300 plus members. More information is available from Rob Wells on 01308 863347.

## Parked car damaged in fire

A CAR parked in Stapleton Close, Martock, was badly damaged by fire.

Firefighters were called just after 2am on Sunday, September 27th, and a spokesperson for the fire and rescue service said: "One appliance from Martock was mobilised. On arrival at the scene crews confirmed one car alight and got to work using breathing apparatus and hose reels to extinguish the fire.

"The vehicle which was 80 per cent destroyed by fire."

The cause of the fire was not given in the statement.



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# Hospital staff cycle to London to join national sepsis campaign

A GROUP of nurses and doctors from Yeovil District Hospital have joined teams from across the UK spending three days in the saddle to raise awareness for the UK Sepsis Trust.

The #Cycle4Sepsis campaign, run by the UK Sepsis Trust, saw teams from across the country converge on London to urge MPs and the NHS to improve sepsis diagnosis, treatment and care.

The Yeovil team, made up of eight cyclists, was the only from the South West and left on September 6th to pedal the 150 miles to the capital, arriving triumphantly in Westminster on September 8th.

Sepsis is a life-threatening condition that happens when the body's response to an infection injures its own tissues and organs. Sepsis leads to shock, multiple organ failure and death, especially if not recognised early and treated promptly.

Over 900 people in Somerset alone suffer from sepsis every year, and an estimated 300 people in the region die each year from the condition.

Sepsis is frequently under-diagnosed across the country and faster diagnosis and treatment could prevent a third of these deaths, saving the local NHS almost £6 million.



■ **READY TO PEDAL:** The cyclists outside Yeovil District Hospital are (from left) Dawn Mackle, staff nurse at Intensive Care Unit (ICU); Luke Curtis, clinical site charge nurse; Emily Paultley, staff nurse ICU; Juro Chovan, anaesthetist; Jason Purvey; Jess Purdy, staff nurse ICU; and Marc Purdy

Cyclist and clinical site charge nurse, Luke Curtis, said: "We all wanted to do something positive to raise awareness of sepsis. We hope that our bike ride will bring sepsis into the spotlight and help save someone the pain and trauma of losing someone they love to the condition, or from having to live with debilitating long term physical complications."

Paul Mears, chief executive of Yeovil Hospital added: "We are very proud of the team for their amazing achievement. We hope that their efforts will encourage people to find out more about how to detect and treat sepsis in the early stages, and maximise chances of recovery."

## South Somerset residents encouraged to compost unwanted garden waste

THE warm summer weather and tropical rainstorms this year has helped our gardens to bloom and flourish - but the time has come to prune, trim and prepare the garden for next year.

So what should you do with all the extra garden waste? Get composting of course.

A spokesman for the Somerset Waste Partnership said: "Do not look at it as waste; your old garden debris has the potential to give you a free supply of top quality compost with very little effort.

"Simply throw it into a compost bin and over the winter months it will rot down to produce environmentally-friendly compost that when added to the garden will suppress weeds and retain moisture throughout the dry months."

Benefits of home composting are many - it is easy to make and easy to use, produces a free continual source of the very best compost, improves soil structure and main-

tains moisture and helps the soil PH balance. It also suppresses plant disease, reduces the need for polluting bonfires and carbon emissions, and also helps to divert organic waste from landfill, while it also reduces collection costs.

For more information on home composting, hints and tips and the Somerset Compost Champion Scheme, visit the Somerset Waste Partnership website at [www.somersetwaste.gov.uk](http://www.somersetwaste.gov.uk)



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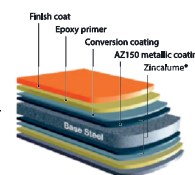
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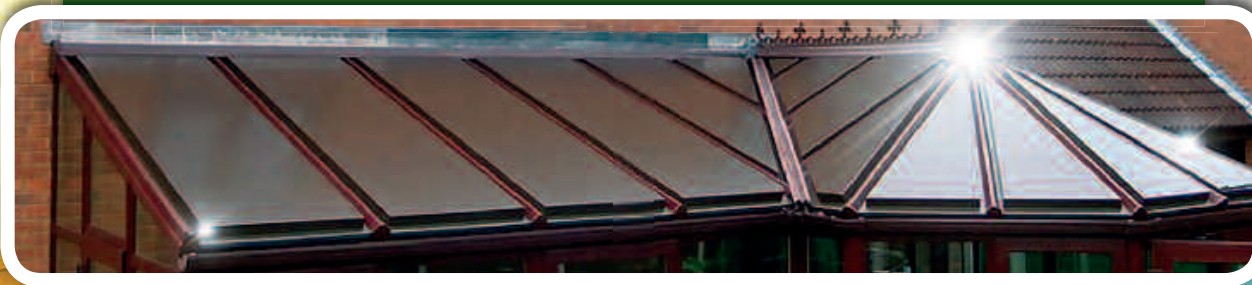


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# County councillor 'mucks in' at Care Council residential trip

COUNTY councillor Linda Vjeh, always keen to muck in, found that's what she was actually doing when she accompanied 14 Somerset in Care Council (SiCC) members and their leaders on their residential trip to Kilve Court over the weekend.

Said Linda: "This is the third residential trip I have been on with SiCC and it has been really rewarding to see the positive changes in the youngsters as year on year they gain more confidence in dealing with challenging situations.

"They really work well as a team now, supporting each other, and me! Little had I realised that what had been innocently billed as a 'stream walk' turned out to be an arduous trek through a muddy stream, much of the time spent on all fours crawling under obstacles. It was more like commando training than a gentle stroll!

"It was a good job that I had some help as now that I've reached the ripe old age of 60 I'm not as nimble as I used to be. It was certainly the highlight of the weekend for me, although I was delighted to be told that I was the 'most improved' at archery; my initial score was so low the only way to go was up!"

■ Pictured right, Kilve Court leader Emma, Leslie Corrin, Councillor Linda Vjeh and support worker Kristian.



## SOMERSET LETTERS

■ I AM astounded by the closure of the post office in Crewkerne.

There was very little publicity regarding this, and I am mystified as to where our MP was during the problems the postmaster/mistress was having leading up to the closure.

Marcus Fysh is obviously not too concerned about those who are not able to access the post office situated at Kit Hill. I have to say this would not have been the case had David Laws been re-elected, as he would have been holding monthly surgeries as he did and was successful in saving other local post offices.

But obviously, from a Conservative point view, we (the voter) are not important enough to spend two hours a month listening to what is important to our community. How did you get elected? I am not a member of any political party.

*Maureen Allen,  
Crewkerne*

■ EDITOR'S FOOTNOTE: It was announced that South Petherton sub-postmaster Michael Souber would re-open the Crewkerne post office after this letter was received.

Send your letters to Francesca Evans at Pulman's View From Newspapers, Unit 3 St Michael's Business Centre, Church Street, Lyme Regis, Dorset DT7 3DB or email francesca@pemedi.co.uk  
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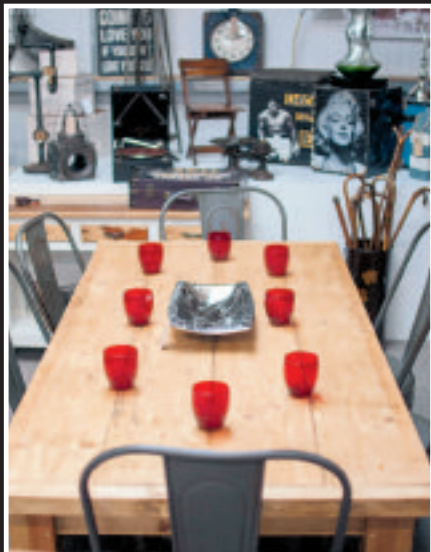
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# CHARD CARNIVAL

SATURDAY 3RD OCTOBER - CHILDREN'S DAYTIME PROCESSION

SATURDAY 10TH OCTOBER - MAIN CARNIVAL PROCESSION



## Chard Royalty to make Carnival History

CHARD Sisters Amy Winter (14 years) & Abi Winter (9 years) from Chard will make Carnival history when they step out on route at this year's Chard carnival on October 10th.

In the 48 years of carnival never have both the Miss Chard & Carnival princess royalty positions been won by sisters, the girls pulled out all the stops fund raising by holding a large raffle, having cakes sales at their schools which are

Holyrood & Avishayes respectively and holding weekly boot sales in the weeks running up to the fundraising deadline.

Both girls were over the moon when they were told they had won this year's competition and can't wait lead the procession later this month. Look out for Amy and Abi as they will be appearing at many of the towns events running up to Carnival night.



Abi Winter



Amy Winter

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# CHARD CARNIVAL

SATURDAY 3RD OCTOBER - CHILDREN'S DAYTIME PROCESSION

SATURDAY 10TH OCTOBER - MAIN CARNIVAL PROCESSION



## Raising money for local charities and organisations

IN 1967, representatives from the League of Friends and Chard Youth Centre met to discuss ways in which to raise money for the respected groups. Gerald Quick, Mervyn Ball, Tom Miller and Wendy Clulow decided that the best option would be to revive Chard Carnival, after a break of 13 years. The carnival is now in its 48th year and has raised over £100,000 for local charities and organisations, including Chard Christmas Lights, Children's Hospice South West, Chard Hospital and all the local schools. In the early 1970's, Chard, Ilminster, Wellington and Taunton formed the South Somerset Federation of Carnivals, with Yeovil joining at a later date. This provided a competition for the best entries from the 5 towns taking part. Yeovil Carnival has since ceased to exist, but the federation of 4 towns remains.

Chard Carnival committee is made up of 15 volunteers, who work tirelessly all year round to put the carnival on. Fundraising events are held throughout the year, to raise the £6000 it costs to run the carnival. This, hopefully, leaves all the money collected on the night to go to our chosen charities and organisations. We are always looking for more volunteers and helpers, if you are interested, pop into Chard

Garden Centre for more details!

Or contact our Chairman Andy Chant 01460 66614

Email [andrewchant672@btinternet.com](mailto:andrewchant672@btinternet.com)

This year, Community groups who would like funding from the money raised at the Chard Carnival 2015

Are being urged to get in touch with committee members.

Andrew Chant, Chairman of the carnival committee. Said £3,500 was raised from last year's.

What the committee wants this years Carnival money to do is support LOCAL charities, groups and carnival clubs. In Chard and surrounding village's local to Chard.

So please let us know if you want your group, charity and Carnival clubs, to be considered to get some of the money raised at this years carnival

Chard Carnival committee would like to thank PRS for Music who have sponsored half of our license fees. PRS for Music licences the use of copyright music across the UK, giving businesses and organisations the legal permission they need to play the music they want.



▲ Chard Carnival 2015 team up with Chard Entertainment Society. Photo by Martin Smith

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# National Home Security Month

## October 2015

## National Home Security Month is back to battle break-ins

AFTER the success of previous years, National Home Security Month (NHSM) is set to return this October with even more top tips for keeping families, homes and belongings secure.

The initiative is sponsored by security specialist Yale and urges Brits to consider the way they keep their possessions safe by cre-

ating awareness around the importance of home security.

Research suggests that burglaries and vandalism increase during the autumn and winter months, with a 5% increase in household thefts during the week the clocks go back. Halloween alone sees a huge 160% increase and Bonfire Night is statistically the worst

day of the year for burglaries\*. As a result, there is no better time to invest in home security and NHSM is designed to help you do just that.

Running throughout October, the campaign will highlight a different element of home security each week, with the first week introducing NHSM and providing simple tips and advice on how to protect your home and belongings.

Week two will focus on door and window security, making sure you are aware of the best way to secure the entry points to your home and explaining the various British Standards that apply to door locks.

Whichever possessions you value the most, protecting items both inside and outside of the home is the theme for weeks three and four respectively. With statistics showing that the average cost of a burglary is £2,300\*\*, the advice in these weeks will help prevent you paying out by looking at measures to protect belongings inside the home, as well as advice on ensuring sheds and outbuildings are not easy targets as the nights get darker.

The final week rockets you into the future of home security. With the evolution of smart security and a recent survey by Yale revealing the 'connected home' is about to take off, NHSM will highlight the latest security gadgets designed to make life that little bit easier.

For further information about National Home Security Month visit [www.homesecuritymonth.com](http://www.homesecuritymonth.com) or search for National Home Security Month on Facebook and Twitter.

\*Aviva

\*\*Allianz Insurance





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## 25% of people admit to having no home security

EVER given a spare key to a contractor for while you're out at work? Do you feel comfortable leaving a key with a neighbour...?

Many might think it's perfectly reasonable to do this – particularly if you're confident that you can rely on the person you've entrusted with entry to your home. There aren't many people, though, who wouldn't think it a step too far to leave their door unlocked for the entire day...

But it seems as though a quarter of the country is essentially doing just that, with 25% admitting to not have any home security measures in place whatsoever.\*

This stat alone is worrying enough, but following last week's news regarding a lack of police resources to respond to burglaries (and similar sorts of 'traditional' crime), it seems Britain needs to sharpen up on its home security!

The good news is, burglar alarms were found to be the most oft-invested item to secure homes –

alarms have proven to be one of the most effective deterrents, even making a would-be burglar think twice about whether to target a particular property. But home security is about more than just a stand-alone device...

"How can so many people be so naïve?" we hear you ask. "Surely it's common sense to secure your property...?" This lack of provision is probably something of a legacy from when traditional systems cost hundreds (if not thousands!), required major upheaval to install, and sometimes required long-term contracts with ongoing monthly fees.

However, today's DIY home security is much more accessible, with homeowners and renters able to build and maintain their own customised security systems easily and inexpensively. Smart Living solutions, such as smart locks and smart alarms, can be fitted as a DIY project, and both offer convenience and peace-of-mind to homeowners. So now there's no excuse!







# National Home Security Month

## October 2015

### Top tips for student security

IT'S that time of year again when students across the UK return back through the classroom doors after their six week holiday. The stationery's been bought and bags packed, but have you considered security items to protect your child's belongings?

Whether they're heading back to school or off to university, personal security often takes a backseat. However, recent statistics revealed that students are one of the most high-risk groups for theft as they have more expensive consumer goods per head\*, such as smartphones, tablets and laptops.

In fact, the average cost of a burglary amounts to £378 per student\*\*, but employing a few simple security solutions to protect belongings can easily prevent this.

Here are a few of our top tips to help with peace of mind.

Often underestimated, pad-

locks offer an easy and affordable way to secure individual bags and lockers and act as a deterrent, keeping personal belongings safe. Yale's affordable range has a variety of designs to suit any age. The novelty collection features football and hand-bag-shaped padlocks, or for the older teens perhaps off to university, the simplistic and stylish active range is understated, yet effective.

More and more students are riding bicycles to school or around campus as a convenient way to travel. However, bicycles are one of the five most commonly stolen items while in education as burglars can use them for a quick getaway. To ensure they are locked securely, use both a D-lock and robust chain and padlock for extra security.

For those living away at university, security can seem like an impossible task as hundreds

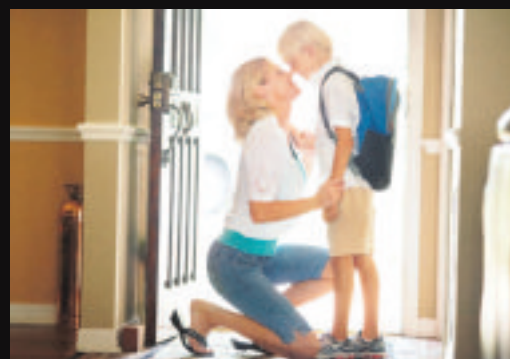
of students walk freely around campus. Student accommodation frequently changes hands, so check with the landlord when the locks were last changed and if the keys are restricted or patented, meaning they cannot be copied without proof of ownership or easily duplicated due to their unique design.

For individual hall rooms

specifically, purchasing a portable safe can keep personal items such as passports, money, jewellery and any important documentation protected.

So by implementing just a few simple solutions, students can ensure their belongings are kept safe and secure this semester.

\*Office for National Statistics  
\*\*Swiftcover



### Five finger discount for green-fingered thieves

AS THE sun begins to set on summer, police across the UK are issuing warnings, asking homeowners to be vigilant as shed and outbuilding burglaries increase by 25%.

Taking advantage of the shorter days and darker nights, burglars target outbuildings because of their value. A recent survey by Which? uncovered that 75% of those surveyed had more than £2,000 worth of equipment stored away.

The most commonly stolen items vary from gardening tools such as lawnmowers and strimmers, to camping and fishing equipment, bicycles and power tools. It's not just about the items that can be taken either. Resourceful thieves could use the instruments and ladders found in the shed to gain entry into your home.

So before downing tools and popping inside for a cuppa, here are six top tips for securing your shed this summer.

- It might sound obvious but you'd be surprised how many people don't lock the doors or windows on their outbuilding. Make sure the door is locked securely with a heavy-duty weatherproof

padlock and hasp

- Do not leave any valuable items in view through the window. Invest in curtains or netting to prevent people from seeing in

- Fit an alarm system to alert you of any intruders. Affordable, battery-powered stand alone alarms can be placed freestanding or fixed to a wall for easy installation and convenience

- Install outdoor security lighting to deter potential thieves, as it is more difficult for them to remain undetected when trying to break in

- Use anchor locks and cables to secure any expensive, individual items within your shed or outbuilding

- Finally, take photographs of belongings stored away and make a note of serial numbers in the event that you do become the victim of a burglary, so you can give the information to the police

To report any suspicious activity in your area, call the non-emergency 101 line or alternatively ring Crimestoppers on 0800 555 111 where information can be left anonymously if preferred.

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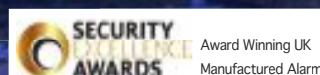
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# National Home Security Month

## October 2015

### The freedom to secure your home without the need for a key

THE Yale Keyfree Connected smart lock gives you freedom to secure your home without the need for a key. Simple to use, you now have complete control on how you unlock your door.

#### Convenience

There's no need to worry if your children arrive home early, or if you're stuck at work with friends on your doorstep. You control who and when people have access to your home. For example, you can set a PIN code that works for 24 hours for a family member or your cleaning person.

#### Simple to use

You choose how you want to open your door. PIN code, remote fob and even more from your smartphone when connected to a smart home system. It is

also easy to add and remove users if you need to.

#### Security as standard

Feeling safe and secure is a must for any homeowner. In addition to a tamper alarm and incorrect PIN code feature the smart lock is approved by the Police Secured by Design scheme.

#### Always on

Don't worry if the electricity goes down as the smart

lock is powered by 4 AA batteries. It will even warn you when the batteries are running low.

#### Connectivity

Complete your smart home system. The Keyfree Connected smart lock can connect to leading smart home systems when the appropriate module is fitted. It also connects to the Yale SmartPhone Alarm and CCTV systems when you use the Yale module.

### Which smart lock is right for me?

WHATEVER type of door you have, there's a smart lock to fit your home. Use the simple guide below to see which locks right for you.

#### PVCu?

PVCu doors are the most common form of replacement doors and feature a multipoint lock running the length of the door. A multipoint lock often locks in three places and features rollers to ensure a tight, weatherproof seal, making for a highly efficient and more secure locking solution. PVCu doors are often made of a white plastic resin, but are available in other finishes.

#### Composite?

Composite doors also feature a multipoint lock, and are often finished in a woodgrain effect, to give them a more natural timber look.

#### Timber?

A traditional timber door usually features a nightlatch, which has a single locking point that is often round-edged and spring loaded. Timber doors can be fabricated from softwood or hardwood, and can include glazed panels and a moulded fascia. Finished in either a natural glaze or a coloured paint, a timber door can be easily identified by the distinctive sound of knocking on wood.



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- Coach travel from the local area plus return coach transfers from your hotel to the concert venue
- Escorted by a friendly tour manager



## The London International Horse Show

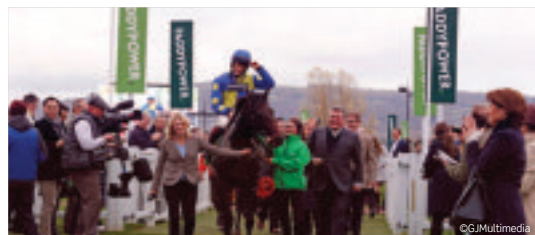
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- One night's bed and English breakfast accommodation in a four-star London hotel
- Coach travel from the local area
- Escorted by a friendly tour manager



## Paddy Power Gold Cup 2015

**The best that racing has to offer**

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### Highlights & inclusions

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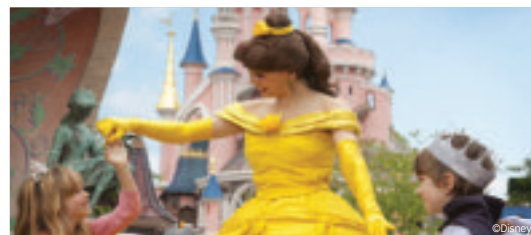
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- Return venue transfers
- Coach travel from the local area
- Escorted by a friendly tour manager





## Saturday 3rd October 10am-4pm in The Guildhall

**FREE ADMISSION.** On Saturday, 3rd October from 10am – 4pm we will be holding our annual Exhibition at The Guildhall in Axminster. This is a fantastic opportunity to find out how you could lead a healthier lifestyle. There will be over 30 stallholders. There will be complementary therapies, many of which you can try on the day. Treatments range from massage to light therapy. Some therapies you will be familiar with and others you may not have heard about, for example Tui Na and Rosen so this is a perfect chance to find out more and to give some new things a try.

There will also be the opportunity to sample a wide range of foods and teas and

various other wellbeing products such as soaps will be available to buy.

Throughout the day we are also selling a range of delicious, home cooked lunches and cakes, all at very reasonable prices.

The Axminster Health & Wellbeing Centre is a well-established charity, located in Chard Street. We support the community with complementary therapies, yoga, meditation, mindfulness, a food bank, a cancer support group and an adult reading programme. We have more projects in the pipeline. We are supported by a fantastic team of volunteers. If you would like more information then please call us on 01297 32331, pop in or come along and meet us on Saturday 3rd October.

### Lindy Parry Prodiatrist / Chiropodist

**I HOLD** my private chiropody clinic at Townsend House Surgery in Seaton.

I offer a range of treatments from a simple nail cut to nail surgery, and each treatment plan is priced accordingly.

The nail cutting only service is a shorter appointment and is ideal for those that don't have any other foot care needs. Others like to alternate nail cuts with chiropody treatments as it best suits their requirements. I always aim to work with the patient to find the best treatment plan to suit each individual. Patients feet are then monitored during treatment so that changes can be made should the need arise.

Diabetic patients who attend for chiropody will also have a diabetic foot assessment carried out during their first treatment, and will then be monitored and re-assessed as necessary.

My chiropody clinics are available to anybody seeking help with their feet and Townsend House and I look forward to welcoming you.

Bookings can be made by calling 01297 22956.



### Lindy Parry Podiatrist / Chiropodist

(BSc Hons Podiatry, MChS, HPC Registration number CH26100)

Townsend House Medical Practice Seaton

To make a booking please call  
**01297 22956**

### Yoga Classes With Eleni

#### Autumn Cleansing Yoga Workshop

Saturday, 31 October 2015

10am – 12pm

Cost: £25

Autumn is the perfect time to clear the body and mind of imbalances and impurities accumulated over the summer months. In this workshop you will:

1. Learn how to use basic cleansing techniques – Sankarmanas
2. Practice a detoxifying 45min sequence
3. Receive a guided meditation associated with your inner vision

This workshop is especially helpful for yogis, therapists and sensitive people

For more information contact Eleni 07455 976 047 markante@yahoo.co.uk

#### Axminster Health & Wellbeing Centre Yoga Classes - AUTUMN TERM

##### Yoga with Eleni

##### Hatha Yoga

MONDAY 8:00pm - 9pm

THURSDAY 1:00pm - 2:00pm

##### Yoga Nidra

WEDNESDAY 10:45am - 11:30am

##### Yoga Therapy

by appointment



**07455  
976047**

Axminster Health  
and Wellbeing  
Centre

**YOGA** by Eleni Markante ERYT -200

Classes are designed to cultivate breath awareness as a means to explore the mind, while finding balance by engaging wholeheartedly.

Eleni teaches group classes and encourages private sessions for an introduction to yoga and yoga therapy.

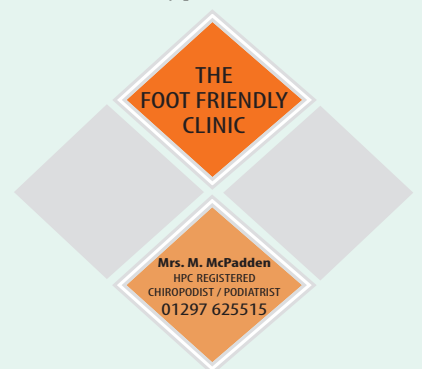
For more information contact Eleni 07455 976 047 markante@yahoo.co.uk

### The Foot Friendly Clinic

The Foot Friendly Clinic has been based in Miltons Yard for three years. Mary McPadden HPC Registered Chiropodist / Podiatrist, has been practicing for the last 12 years and locally for the past six and a half.

Mary specialises in the diagnosis and treatment of foot disorders and offers simple orthotics at reasonable prices as well as a range of foot care products. The aim of The Foot Friendly Clinic is to make patients feel comfortable and at ease whilst finding efficient solutions to their problems.

Mary also visits care homes in the local area, if you would like to book an appointment please call into Unit 3 Miltons Yard or telephone 01297 625515 or 07946 213310 The clinic is very accessible for customers with mobility problems.



### THE FOOT FRIENDLY CLINIC

For all your footcare needs

**Mrs M. Mcpadden**

HPC Registered Chiropodist / Podiatrist

**3 Miltons Yard, West Street, Axminster EX13 5FE**

CALL 01297 625515 OR 07946 213310

### Rachel Rendell

Healer and Phychic Medium

## Rachel Rendell Healer and Psychic Medium

Healing

I am a Reiki Master and have been giving Crystal Healing and Reiki since 2003. I work in Axminster where I have my lovely therapy room. Healing can help with so many things because I work on both physical & emotional levels. Having trouble sleeping? Feel emotional but don't know why? Feeling drained? Healing can help with all these things and anything physical from broken bones to cancer. The client remains fully clothed whilst either sitting in a chair or laying on the couch then I place my hands around the body to channel the healing energy. The client may experience heat or tingling sensations and a deep feeling of peace and calm.

Private or telephone Readings £38.00 Email reading £20.00 Healing £38.00 Workshops £40.00

One-to-one tuition from £25.00 Group sessions £5.00

#### Services & Products

- One-to-One or Telephone Readings
- Email Readings • Reiki or Crystal Healing
- Meditation. Group Sessions or One-to-One
- Psychic Development Circles • Chat groups
- Workshops • Clairvoyant Demonstrations
- Meditation CDs • Crystals, Salt Rocks lamps, Candles, Angel Cards Etc

Gift vouchers available for any amount.

Payment Methods

Cheque, BACS, Cash, Credit/Debit Card

Find me on Facebook [www.facebook.com/RachelRendellPsychic](http://www.facebook.com/RachelRendellPsychic)



### Rachel Rendell S.A.C Dip

Healer and Psychic Medium

Reiki Healing & Attunement

Crystal Healing

Private Readings

Workshops

[www.rachelrendell.co.uk](http://www.rachelrendell.co.uk)

[rachel@rachelrendell.co.uk](mailto:rachel@rachelrendell.co.uk)

01297 35448 • 07887 766576



# FREE EVENT

Saturday 3rd October - 10am - 4pm

Over 30 Health & Wellbeing Specialists | Homemade refreshments on sale

## Health & Wellbeing

## Exhibition

at The Guildhall, Axminster





# Health & Wellbeing

LOOK GOOD FEEL GREAT



## Enlightened Body Pilates

### Enlightened Body... Pilates, Feldenkrais and Massage Therapy

WELCOME to an enlightening way of exercising. At Enlightened Body, just outside Honiton, we invite you to move differently, whatever your starting point.

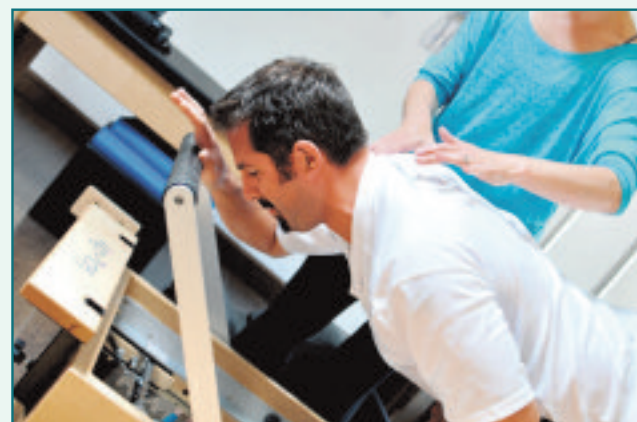
We are a team of 4 Pilates teachers, a Feldenkrais teacher and a Massage / Soft Tissue Therapy practitioner, all working together to help you get the most from your movement.

The roots of our work lie in the Pilates Method, not just the well known Mat Work, but diving into full depth of the system, using specialist equipment with springs and pulleys, helping you refine your technique and making your workout better, not just harder.

We invite you to discover the subtle power of the Feldenkrais Method with Barbara Simons. You will explore interesting challenges, like movement riddles, encouraging you to move more freely, with greater ease, flexibility and grace.

Improve function and performance by combining Massage & Soft Tissue Therapy and Pilates Matwork. Clare Gilmore will observe your movement and test your muscle function before targeted massage and soft tissue work. She will then reassess and coach your movement to maintain your newly improved function.

Both Feldenkrais and Pilates can be taken as private or small group lessons. Find out more via our website.



 **enlightened body pilates**  
www.enlightenedbody.co.uk

Enlightened Body Pilates | 3-6 The Stable Yard, Woodhayes, Honiton EX14 4TP

01404 548 349  
pilates@enlightenedbody.co.uk

## Bowen Therapy & Energy Healing

### A Light Touch That Goes Deep

Melanie has been practising Bowen for 5 years in the east and mid devon areas, she is also a Hatha Yoga Teacher and more recently introduced Energy Healing into her work where she has found this fusion to profoundly deepen and affect her clients healing journey.

Developed in the 1950s in Australia by Tom Bowen, Bowen therapy is a stimulating, restorative, holistic therapy which aims to relieve pain and inflammation by releasing congestion and aiding the body's own healing process.

Bowen is a revolutionary non-invasive therapy which involves the therapist rolling their fingers and thumbs over muscle, nerve and connective tissue areas, interspersed by periods of rest. The ultimate goal is to reset the body systems and trigger the body's self healing process.

As humans, we have the ability to develop responses to stimuli extremely quickly, for instance if we find ourselves in danger we quickly determine how to respond to it. The same goes for all other situations, whether they be sexual, social or pain related. A Bowen therapist will use pressure that is appropriate for the individual so the movements do not provoke the body's natural defence system. Therefore Bowen therapy

allows our bodies a much needed break, during which they are able to reset.

This Treatment can be performed over light clothing and its gentle touch makes it suitable for all ages including new borns and the elderly.

Appointments offered in Axminster, Sidmouth and Cullompton

To learn more about Melanie please visit [www.bowentechniqueindevon.com](http://www.bowentechniqueindevon.com) or to make an appointment call 07715-952896



### Helen Hart Massage & Holistic Therapist

HELEN HART sold her Beauty & Wellness Centre in Manchester to relocate with her husband and young daughter to settle for the rural lifestyle in Somerset. Having suffered from Health problems for a couple of years and not getting anywhere with the conventional medical practise, she was introduced into the world of Holistic Therapies.

This transformed her life and took her on a whole new adventure. So she decided to train up in Massage and Holistic Therapies, as she wanted to help others and show them that just because conventional medicines or treatments don't help, there are many alternative treatments which can help and not to give up hope.

Feel free to contact her if you would like some guidance or information on what may be suitable for you, or if you

feel you purely need some relaxation and pampering.

Her qualifications are:

- Reiki 1st Degree Usui System of natural healing
- Reiki 2nd Degree Usui System of natural healing
- Reiki Master / Teacher Usui System of natural healing
- Level 3 Diploma in Swedish Body Massage
- Level 3 Diploma in Indian Head Massage
- Level 3 Diploma Hot Stone Massage
- Level 3 in Deep Tissue Massage
- Level 3 Diploma in Reflexology
- VTCT in Hopi Ear Candles
- VTCT in Russian Honey & Cupping Massage

When you visit, you can see all her certificates.



### Helen Hart Massage & Holistic Therapist *Based in Chard*

- Deep Tissue Massage • Hot Stone Massage  
• Indian Head Massage • Cupping Massage  
• Reflexology • Reiki • Hopi Ear Candles  
• Reiki Attunement workshops

Mobile appointments available

07860127800  
www.massageholisticstreatments.co.uk

## Traditional Acupuncture Val Davis

### Acupuncture can improve and maintain health and energy and enhance a sense of well-being

ACCORDING to traditional Chinese philosophy, our health is dependent on the body's motivating energy (qi) moving in a smooth and balanced way through a series of channels beneath the skin.

Acupuncture can affect the quality of qi, your body's vital energy, by the insertion of very fine needles into specific points along these channels. This stimulates the body's healing response and restores natural balance. Treatment is aimed at the root cause of your condition as well as your main symptoms. This approach helps with resolving your problem and enhancing your feeling of well-being. You may notice other niggling problems resolve as your main health complaint improves.

The type of conditions that I mostly see in my clinics include the following: arthritis, back pain and sciatica, poor circulation, low energy levels, hormonal/menopausal symptoms, pregnancy management, fertility problems, weight management, and addictions such as smoking. However, you don't have to be ill in the conventional sense to benefit from acupuncture, sometimes people come to see me because they are feeling low, unwell in themselves, or maybe not sleeping as well as they would like to.

Professional Acupuncturists spend at least 3 years training at degree level to become an Acupuncturist. We are then entitled to join the British Acupuncture Council and to use the letters Lic.Ac., B.Ac.C after our names. We also have public liability and professional indemnity insurance. Many of us have also studied at post-graduate level and are constantly updating our skills and experience.

So, why not give me a ring and see if I can help.



Val Davis, B.Sc., Lic.Ac., M.B.Ac.C.  
(Member of British Acupuncture Council)  
(20 years experience)  
(01395) 578050  
www.devonacupuncture.org.uk

## Traditional Acupuncture

Val Davis B.Sc., Lic.Ac.,  
(Member of British Acupuncture Council)

### Have you ever tried Acupuncture?

Acupuncture is a safe, gentle and effective treatment for conditions such as arthritis, poor circulation, back pain, sciatica, insomnia, RSI, low energy, ME, migraines, fertility issues, weight management, sports injuries etc.

**20 years experience**

Appointments available in Axminster & Sidmouth  
Home Visits can be arranged

Why not give me a call and see if I can help?

(01395) 578050

www.devonacupuncture.org.uk

### BOWEN THERAPY & ENERGY HEALING

SPECIAL INTRODUCTORY OFFER  
FOR A LIMITED TIME ONLY

40% OFF YOUR 1ST FULL  
TREATMENT WITH ASSESSMENT

20% OFF THE NEXT 2 BOOKED  
FOLLOW ON TREATMENTS

Offer ends November 30th 2015

To make an appointment call Melanie on

07715-952896

www.bowentechniqueindevon.com







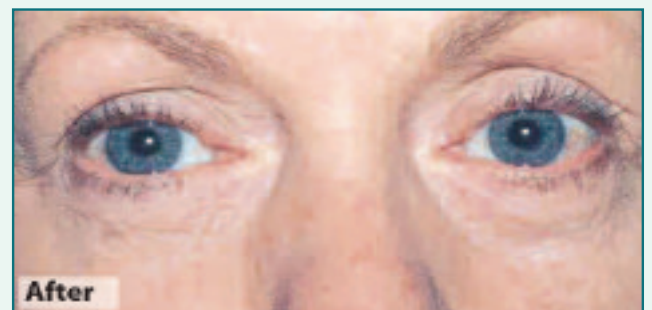
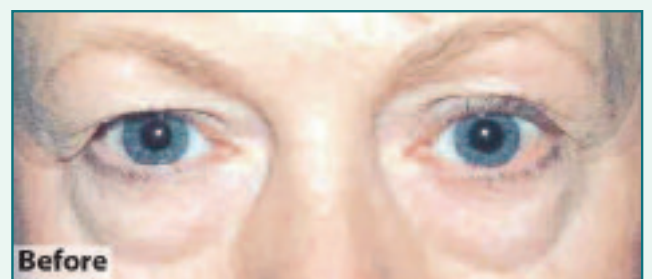
## West of England Laser Centre

### Twas the knife before Christmas

IF you are considering eyelid surgery to remove excess skin or fat and freshen and rejuvenate your appearance ready for the New Year then the Christmas period offers excellent recovery period and 'hideaway' time ready for a fresher, younger (yet still natural) appearance.

Excess skin and fat is surgically removed, usually from the outside, using natural skin creases, leaving no visible scar. This can be combined with laser skin resurfacing, or injection treatments, to remove facial lines.

Surgery is performed at Nuffield Health Taunton Hospital by a Consultant Oculoplastic Surgeon, who specialises in plastic surgery around the eye and who also holds an NHS Consultant post. In addition the Consultant is fully trained in the use of lasers for other skin problems such as removal of fine lines/wrinkles, birthmarks, age/sun spots, moles, thread veins, excess hair and tattoos. For further information please telephone 01823 331773 or visit our website at [www.welc.co.uk](http://www.welc.co.uk)



To  
advertise  
on the next  
**Health & Wellbeing**

Please call  
Jemma Moore on  
00297 446158

or email  
[jemma@pemediac.co.uk](mailto:jemma@pemediac.co.uk)

Or Jenna Wellman on  
00297 446147

or email  
[jenna@pemediac.co.uk](mailto:jenna@pemediac.co.uk)

**Tired looking eyes -  
Need a lift?**

Dark circles, puffiness, wrinkles and creping of the skin can all make you look (and feel) old and tired

The West of England Laser Centre located at the Nuffield Hospital Taunton offers various treatments to revitalise and rejuvenate you appearance

- Injectables Restylane and muscle relaxants
- Blepharoplasty (eyelid surgery)
- Laser Skin Resurfacing

Be reassured that all treatments are performed by a consultant Oculoplastic Surgeon (Surgeon who specialises in plastic surgery around the eyes)

**WEST of ENGLAND  
LASER  
CENTRE**

Nuffield Hospital Taunton,  
Staplegrave Elm,  
Taunton TA2 6AN

**Tel: 01823 331773**

**www.welc.co.uk - email: [lasercentre@lineone.net](mailto:lasercentre@lineone.net)**

## Roots To Health Modern Herbal Medicine

**ROOTS** To Health is a local complementary consultancy, advice and prescription practice run by qualified medical herbalist Jayne Palmer.

Herbal medicine, or Phytotherapy, is a science in its own right, based on modern scientific research. It's the world's oldest and most widely-used form of medicine and uses plant extracts to treat common health complaints such as raised blood pressure, headaches, stress and indigestion.

Jayne has a BSc in Phytotherapy. She spent many years working in local health food stores as a herbal advisor, then decided to work within a conventional medical role as healthcare assistant at Honiton Surgery, in order to gain the benefits of both fields of medicine.

Last year, she decided to set up her own clinic, which she now offers at the Health and Wellbeing Centre in Axminster on Mondays and at the Chiropractic Health Centre in Honiton on Saturdays.

Jayne explains: "Herbs can be used to treat the body in many different ways and, combined properly, will work effectively as medication for a large range of diseases. We are all unique and will respond to herbs differently. As a herbalist, I'm trained in the same diagnostic skills as orthodox doctors and choose herbs specifically for each individual. I search for, and treat, the underlying cause of the prob-

lem, rather than just the symptom, to restore the body's balance and activate its own healing powers.

"I believe that conservation is vitally important and use organically-grown plants wherever possible. Similarly, I try and source locally-grown plants to treat local ailments and actively promote sustainable prescribing of herbal medicines."

Initial consultations with Jayne last 60 to 90 minutes, during which you will be given a treatment plan including tailor-made prescriptions. These could include tinctures, creams or lotions, ointments, oils and infusions.

For more information see [www.rootstohealth.co.uk](http://www.rootstohealth.co.uk) or contact Jayne on 07984 227035.

Discover your own route to health



**ROOTS TO HEALTH**  
Modern Herbal Medicine

**Ever considered herbal medicine  
as a real alternative to the doctor?**

Herbal medicine is based on scientific research and uses plant extracts to treat common health complaints

Jayne Palmer, BSc Phytotherapy,  
MNIMH, clinics in:

- Axminster (Mondays)
- Honiton (Saturdays)

- Anxiety & headaches
- Women's health
- Insomnia • Skin complaints
- Raised blood pressure

**Drop in for a FREE, no-obligation chat  
Find out more at  
[www.rootstohealth.co.uk](http://www.rootstohealth.co.uk)  
or contact Jayne on 07984 227 035**

## Michelle Hague

### Stoptober is upon us, so what would you like to stop or change?

STOPTOBER is an country wide campaign calling on all smokers to quit smoking, starting on October 1st for one month. There is some research to support the idea that if you can stop smoking for 28 days, you're five times more likely to quit for good. The campaign is being supported all over the country, but what else could you apply this idea too, are you ready to make changes to your life?

It may be that, there is something stopping you. The small voice of self doubt, the negative self talk that tells, you can't, you failed before so what's the point? Or the will power just isn't there, do you put a moment of pleasure before your health and wellbeing or that of others before yourself?

If you want to change something in your life and are ready to make a commitment to yourself, then hypnosis can help, it has helped many people in the past, and it may just be the extra support you need to start hearing the voice within you that tells you 'YOU CAN DO IT'.

Clinical Hypnosis, works with many presenting conditions from stress and anxiety to phobias and fears, to helping you reflect and look at the journey you have taken to the behaviors you have unwittingly tuned into unhealthy habits, as much more.

Please make sure when you look for a hypnotherapist that they are registered with a recognised governing body like the Complementary and Natural Healthcare Council (CNHC) or British Society of Clinical Hypnosis (BSCH) and that their training was comprehensive, there are many courses some more thorough than others, no one will mind if you ask who they trained with and what qualifications they have.

If you would like to know if hypnosis can help you, please call Michelle Hague on 07761773563.

**Clinical Hypnotherapy  
Cognitive Behavioural  
Hypnotherapy**

**Helping you to take control of your life**

Clinical Hypnosis and Cognitive Behavioural Hypnotherapy are used to help with many symptoms, such as:

- PTSD- Post Traumatic Stress Disorder
- Stress & anxiety
- EMDR treatment
- Depression
- Nervous skin conditions i.e rashes
- Sleep problems
- Phantom Limb Pain
- Pain Control
- Panic Attacks
- ...and much more

**Proud to support our  
Armed Forces**

**Michelle Hague**

BA(Hons) Cert ed PDC Hyp  
PDCBHyp FBSCB

Clinics in Axminster

[www.takecontrolofyourlife.co.uk](http://www.takecontrolofyourlife.co.uk)

07761773563

[michelle@haguemail.co.uk](mailto:michelle@haguemail.co.uk)

Michelle is an experienced therapist an international lecturer with the London College of Clinical Hypnosis. For more information or to book an appointment or to see if she can help you call, or email.





## East Devon Sport Therapy & General Injury Clinic

# Why use us?

**EAST DEVON SPORTS THERAPY** based in Seaton is Devon's premiere injury clinic and specialises in sports and general injuries with a client age ranging from 8-98. All of the latest equipment and top techniques are used to rehabilitate your injuries back to full fitness.

Injury Treatments – Offer – 10% off block bookings

Sports Massage – Offer – Book 5, get 10% off  
Follow us for live offers & discounts

### Anti-Gravity Treadmill

East Devon Sports Therapy is extremely proud and excited to announce that they now offer even better rehabilitation using their new Alter-G anti-gravity treadmill. This is a NASA designed and patented piece of equipment allowing clients to start patial weight bearing exercise a lot quicker than conventional methods. The device can take your body weight down to 20% of its norm allowing knee replacements, ankle sprains, arthritis, muscle strains and many more ailments to exercise pain free with minimal impact to the joints, enhancing and speeding your recovery and well being to the max.

### RS Footscan

This system offers analysis of walking and/or running over our footscan mat with over 4000

sensors embedded into it to gain in depth analysis of your foot positions, pressure and force distributed during the motion, in both 2D and 3D. The advanced software allows automatic division of the foot into specific regions.

This allows force and pressure distribution within these areas to be analysed and associated with certain foot mechanics and functions. Force & pressure distribution in all regions of the foot can be analysed in graphical format, allowing insight into force & pressure in both localised and general areas under the foot during the stance phase. Once this information is achieved we are able to prescribe custom made orthotics to suit your individual needs.

### About Laser Therapy (LLLT)

Anti-inflammatory, Analgesic, Promotes repair  
Low level laser therapy (LLLT) is the application of red and near infra-red light over injuries to increase the speed, quality and tensile strength of tissue repair; resolve inflammation and relieve pain.

LLLT is popularly used for acute and chronic pain on soft tissue injuries, joint conditions such as osteo and rheumatoid arthritis, neuropathic pain, post operation recovery and general body aches.



## East Devon Sports Therapy & General Injury Clinic

41 Fore Street, Seaton, EX12 2AD  
01297 598605  
[www.eastdevonsportstherapy.co.uk](http://www.eastdevonsportstherapy.co.uk)

**The only clinic within 100 mile radius using the same laser therapy system (LLLT) as the olympic and top international sports teams for photobiomodulation.**

When cells are stressed, Nitric Oxide inhibits oxygen consumption by mitochondrial cytochrome c oxidase. This reduces production of a protein called ATP. LLLT displaces Nitric Oxide from cytochrome c oxidase thereby reducing inflammation and restoring ATP production, in turn allowing tissue to heal quicker and relieve pain completely drug free.

Other users of the same laser system include Harvard Medical School, NASA researchers, US Navy-RAF, British Army, BUPA and many more.

Welcoming the newest member of the team Scott Silsbury, who has joined the clinic after a successful 5 years working with Torquay United and Dartmouth sailing club after completing his Sports Therapy BSc Hons degree.

**Injury Assessment & Diagnosis, Laser Therapy (LLLT), Ultrasound, Manipulations  
Manual Therapy, Sports Massage, Kinesiology Taping,  
Anti-Gravity Rehabilitation, Computerised Gait Analysis**

## Slimming World

# A collection of slimming perfection!

The results are in...the UK's leading weight-loss organisation has compiled the definitive list of slimmers' favourite dishes and beef lasagne tops the healthy recipe charts.

Slimming World used web statistics and information from letters, emails, social media posts and more to work out its 800,000 members' most-loved recipes. And now they've brought them all together in a brand-new book called Slimming World's Best-Loved Extra Easy Recipes, which is on sale in Slimming World groups now.

Sharon, who runs a Slimming World group in Honiton, says she believes this new collection is set to become a firm favourite for slimmers. She adds: "There are so many great Slimming World recipes, from Fish and chips to Pizza-topped chicken and Swede-topped cottage pie to Mississippi mud pie, that I'm sure working out which ones should be included – or which ones to leave out, come to think of it – was a huge challenge. The result is fabulous though, and I was delighted to see that all of my favourite recipes and the ones I know my members love were in there. I think this book is going to be the new kitchen bible for anyone trying to lose weight and eat healthily."

All 80 of the delicious dishes in Best-Loved Extra Easy Recipes, which includes light bites, main meals and desserts, are based on Slimming World's famous Food Optimising eating plan. The plan enables members to satisfy their appetite on 'Free Foods', like fruit and veg, lean meat, fish, poultry, pasta, eggs, rice and more, which can be enjoyed freely so slimmers can lose weight without ever

feeling hungry.

Sharon says: "The beauty of Free Foods is that there's such a long list of everyday foods that members can enjoy without having to laboriously weigh and measure them. It means slimmers find that they can still enjoy healthy, hearty portions of all the meals they've always loved and lose weight just by making small changes to the way they prepare and cook them. It's perfect for guilt-free slimming. Best of all, the dishes taste great and are healthy for the whole family."

"Readers of Best-Loved Extra Easy Recipes who aren't familiar with Slimming World will probably be surprised to see so many timelessly tasty classics – include our most popular ever recipe Beef lasagne – in the book. It isn't 'diet food', and we know that eating delicious, healthy recipes like this will see people lose weight beautifully."

The recipes in Best-Loved Extra Easy Recipes suit all cooking abilities and each is accompanied by a photo of the finished article to tempt the tastebuds and help inspire novice cooks.

Slimming World's Best-Loved Extra Easy Recipes is available in all Slimming World groups in the UK and Ireland, priced £5.99, now.

For more delicious recipes and to find out more about how you can lose weight and eat delicious food with Slimming World, visit [www.slimmingworld.co.uk](http://www.slimmingworld.co.uk) or join the Honiton Slimming World group, which is held every Tuesday at 5.30pm or 7.30pm and every Wednesday at 9.30am at the Honiton Family Church on the High Street.

# Love life love Slimming World

Join a warm and friendly group near you today...

<p><b>MONDAYS</b> <b>ILMINSTER</b></p> <p>The Minster Rooms, Court Barton 9.30am Tel: Christine 07946337973</p>	<p><b>WEDNESDAYS</b> <b>HONITON</b></p> <p>Honiton Family Church 9.30am Tel: Sharon 07963337178</p>
<p><b>TUESDAYS</b> <b>HONITON</b></p> <p>Honiton Family Church 5.30pm &amp; 7.30pm Tel: Sharon 07963337178</p>	<p><b>THURSDAYS</b> <b>ILMINSTER</b></p> <p>Ile Youth Club, Frog Lane 6.30pm Tel: Christine 07946337973</p>

**SOUTH PETHERTON, ILMINSTER, CHARD & CREWKERNE – JANUARY 2016**

We are looking for new Consultants. Please contact Sharon for details.

[slimmingworld.com](http://slimmingworld.com)

0844 897 8000

save up to **£5**  
– ask in group  
for more details



# HOMES AUTUMN *and Gardens*

LET THESE LOCAL BUSINESSES MAKE YOUR HOUSE A HOME & YOUR GARDEN GLORIOUS



## Alexander Paul Kitchens

THE kitchen is the heart of the home and at Alexander Paul Kitchens we know just how important it is to create a space that works for you. From the layout to which appliances are best suited to you, we'll guide you through every step of the kitchen design process, working with you to create a kitchen that meets all your needs and wants. From clever space saving kitchen storage and in-built appliances to the right mood lighting, durable worktops and multi-function taps, Alexander Paul Kitchens sources from various manufacturers to offer you the very best value and a kitchen that will withstand years of busy family life.

We've a great range of cupboard styles to choose from, minimalist high gloss to traditional wood shaker designs, so you can bring a touch of contemporary cool or slice of country charm to your home. Our highly experienced fitters will install your kitchen to the very highest standards, making sure that you are completely satisfied with your Alexander Paul kitchen.

With such a great range of styles to choose from and with surprisingly low prices, a kitchen from Alexander Paul Kitchens will bring your home a room that you'll love for years to come.

Alexander Paul Kitchens is part of one of Devon's premier interior style destinations. Founded in 1999 and based in the heart of the Devon countryside, Alexander Paul began as an antique retailer and restorer, growing as its repu-

tation has transversed not only counties and countries but also continents. Now with a dedicated showroom featuring beautiful farmhouse antiques, bespoke traditional and contemporary kitchens, and slate top furniture, flooring and worktops, Alexander Paul can be found at Unit 2, Fenny Bridges, Nr Honiton, Devon EX14 3GB, Tel 01404 851298. OPENING TIMES Monday - Friday 9am - 5pm, Saturday 9am - 1pm



## Alexander Paul Kitchens

VISIT YOUR LOCAL KITCHEN SHOWROOM AT  
FENNY BRIDGES NR HONITON

INSPIRED DESIGN  
QUALITY KITCHENS AT LOW PRICES  
QUALIFIED LOCAL INSTALLERS  
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Alexander Paul Kitchens is part of:  
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Honiton, Devon EX14 3GB  
01404 850881

www.alexanderpaulkitchens.com  
kitchens@alexander-paul.co.uk

Mon - Fri: 9am - 5pm | Sat: 9am - 1pm



## DH Landscaping

DH LANDSCAPING is a small family run business based at Hillview Nursery, Dunkswell, where you will also find Hillview Floristry also, where you can find everything floral.

We undertake all types of garden and building works from simple grass cutting to a complete garden overhaul/makeover. We also undertake all types of tree work and sell softwood seasoned logs and kindling from our specimen nursery at Dunkswell. Fencing and driveways are also a large part of our business and we can also supply your timber fencing products. For a free estimate, advice or just another opinion please contact us, we will our best to help with your project 07882 344047.

We are currently also making garden furniture made to last! Using tanalised heavy-duty timber including raised flowerbeds, picnic benches, play equipment and any other made to order products.



# DH

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MAINTENANCE &  
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FROM LOW MAINTENANCE,  
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- DRIVEWAYS
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- PATIOS
- DECKING
- TREE WORKS
- PONDS

Contact Donna

01404 891376 or 07882 344047

Donna-del@btconnect.com

## BEST OF THE BUNCH

*Boston ivy (Parthenocissus tricuspidata)*

YOU won't find a more dramatic sight in autumn than a Boston ivy, also known as Japanese creeper, covering north, east or west-facing walls, as its large, deeply lobed green leaves turn spectacular shades of blood red and purple. These self-clinging deciduous climbers love well-drained, fertile soil and grow in sun or shade, usually producing a crop of blue-black berries in late summer. When planting, ensure the stems are held securely against the wall with canes or lead-headed nails, to enable the tendrils to fix their pads firmly to the surface. The stems tend to grow vertically, so it's worth spreading young stems out horizontally to cover a wider area. Boston ivy grows to a huge 20m (65ft), making it an ideal choice for really big walls. A more compact variety is 'Beverly Brook', which grows to 3m (10ft) or 'Lowii', which is very slow growing, reaching 3m (10ft). A taller type, 'Veitchii', will provide excellent autumn hues.

## WHAT TO DO THIS WEEK

- Clean barbecues, garden furniture and non-frost-resistant pots and store them for winter.
- Finish repotting winter-flowering arum lilies (Zantedeschia aethiopica).
- Check ties of climbers and replace as necessary where the shoots are rubbing against supports.
- Mulch over areas that haven't been done and replenish those areas which have dispersed.
- Cut back dead or diseased branches of plum and cherry trees after picking. Paint saw cuts with wound paint.
- Clean water butts to prevent contamination of the water and blocked taps.
- Plant garlic outdoors in warm areas.
- After sowing a new lawn, keep off young grass as much as possible until spring.
- Sow seeds of pelargoniums in a frost-free greenhouse or conservatory.
- Start planting container-grown trees and shrubs in the garden once there has been enough rain to wet the soil thoroughly.
- Remove flowers from first year globe artichokes to allow roots to build up.

TO ADVERTISE IN OUR NEXT

# HOMES SPRING *and Gardens*

FEATURE CALL JEMMA ON

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OR EMAIL JEMMA@PEMEDIA.CO.UK





# HOMES

## AUTUMN *and Gardens*

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### Fit & Furnish



WELCOME to our new furniture store! 1000's of furniture products available, 100's of new ranges currently being added to our website for 2015, with many brand new launches still to come!

We are both, a website and furniture store based in Yeovil, Somerset with Furniture for all budgets! With 25 different supplier brochures, we can accommodate any pocket! A great array of stock on the shop floor, but 7000 products on our website! So, please tell us what you are looking for and we will show you many!

We supply for the home, the office, Hotels, B & B's, Care Homes, Outdoor, and just about anybody, anywhere!

So please talk to us!



### Living, Sleeping, Dining!

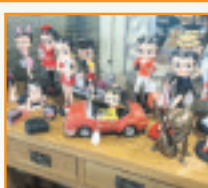
Huge choice in Furniture and accessories for....

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# Fit & Furnish

Quality Furniture Retailer

## SALE NOW ON



### Wells Carpets

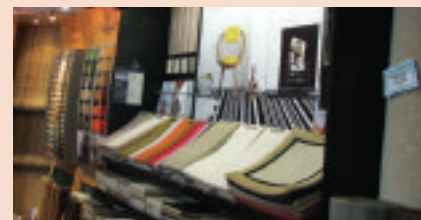
SINCE 1983, Wells Carpet Brokers have helped customers in the South West save money. We have one of the largest selections of carpets & vinyls in the area and have the all the latest trends too.

We are able to compete with the large national stores as our overheads are low and we do not inflate our prices to take a discount off. Our prices are genuinely low all year round. So there's no need to wait for the sales either! In most comparisons we do with other stores, on identical products, we will be cheaper.

We deal with all the leading carpet manufacturers including Brintons, Ulster & Cormar using 100% or 80% wool, 20% Nylon but we also have budget man-made ranges including bleach cleanable carpets! We also supply Crucial Trading's Sisal, Coir & Seagrass ranges. These can also be made into any size rug that you can customise with your own choice of borders. So why not come along & design your own rug?

Karndean has become very popular since we started selling it in 1990. Again it is a product in which you can use your own artistic flair & design to create your own unique floor using the available design pieces or just simply lay the wood planks or tiles as they are.

So don't be put off by our smart appearance! We have prices to suit everyone.

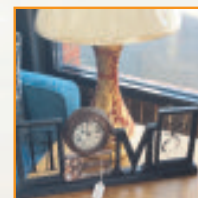


## Wells Carpet Brokers Ltd

Showroom with free parking at:  
Castle Hill, Axminster,  
EX13 5PY  
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Weekdays 08.30 – 17.00  
Saturday 08.30 – 15.00

[www.wellscarpetbroker.co.uk](http://www.wellscarpetbroker.co.uk)



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## Brand New Ranges for 2015



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[info@fitandfurnish.co.uk](mailto:info@fitandfurnish.co.uk) [www.fitandfurnish.co.uk](http://www.fitandfurnish.co.uk)

Free parking, Open Hours Monday - Saturday 10am - 5pm





# HOMES

## AUTUMN and Gardens

LET THESE LOCAL BUSINESSES MAKE YOUR HOUSE A HOME & YOUR GARDEN GLORIOUS

## Decor's new frontier

PLAY-IT-SAFE decorators may already be hunkering down for Autumn in that time-honoured way - piling on old and familiar cosy throws and cushions - but the adventurous should explore decor's wild side.

There's a new rugged and real 'wilderness' look sweeping into style, which is either evocative of Wild West plains and cowboy ranches or, for the more intrepid, conjuring the dramatic Arctic tundra.

But don't fret if your wanderlust only extends to taking a short trip to the countryside. A traditional rustic woodland theme, with a style landscape teeming with creatures great and small, is still featuring strongly in collections.

"Warm and cosy in essence, 'Tundra' takes its influence from the distinctive timeless native traditions and breathtaking wilderness

By Gabrielle Fagan, Press Association

of the Arctic Circle," explains Fiona Lambert, vice president of brand design and development at George Home, which is rapidly gaining a reputation for slick on-trend ranges and is embracing both looks.

"We see 'Hibernate' as a softer, more tranquil country look, capturing autumn and narrating its colour changes through a subtle print and colour palette, and enhanced by key woodland characters and iconic images of forests and falling leaves for photographic wall prints."

Whichever way you journey - far and wide or closer to home - it's nature, tame or wild in tooth and claw, that's ruling in rooms.

It's your choice whether you seek refuge with nothing more threatening than squirrels and those ubiquitous stags, or bravely strike out and shelter with bears and wolves...

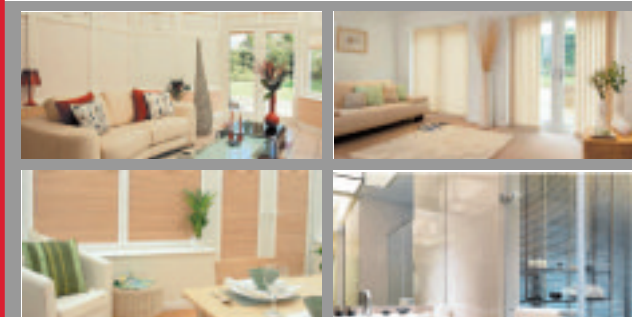


Photo credit: PA Photo/HandoutPhoto

## Hopson Blinds Ltd

## Hopson Blinds Ltd est 1965

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going protection and support.

We cover and deal with all types of Insect infestations, Wasp and Hornet removal, Rodent and Vermin control, Deer management, Bird proofing and control, live capture and relocation whenever possible and then protect your home or business from further incident.

#### Our most common prevention and treatment requests;

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#### Some of the markets we currently serve;

• Facilities Management • Catering Establishments • Educational Establishments • Hotel Chains • House Builders • Restaurant Chains • Office Rental Companies • Landlords • Nature Reserves • Domestic Properties • Flats • Care Homes & Hospitals • Production Warehouses • Water Treatment Facilities • Recycling Centres • Pubs • Bars • Retail Shops • Guest Houses • Offices • Construction Sites • Housing Estates • Farms • Theme Parks • Airports • Garden centres • and many others....

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#### Below are some of the common animals and insects infestations we deal with every day;

Rats, House Mice, Cockroaches, Bedbugs, Pigeons, Fleas, Ants, Flies, Silver Fish, Foxes, Squirrels, Spiders, Moths, Bird Control, Biting Insects, Wasps, Bees and Hornets, Rabbits, Deer, Seagulls, Moles, and many more...



## Manor Antiques Restorations

MANOR Antiques Restorations is a family run business with 20 years experience in the restoration and preservation of antique and period furniture.

The traditional craftsman's skills that they can offer range from veneering, marquetry, parquetry, cabinet making, wood turning, French polishing and sympathetic repairs, from the smallest scratch to the complete restoration of a piece of furniture.

In Manor Antiques' fully equipped work shop they are able to take on commissions for pieces of new or reproduction furniture made to the customers requirements.

They have an extensive portfolio which shows the high standard of work which is available for customers to look at to see the transformation of a restored piece of furniture. Manor Antiques also offer a carpentry and joinery service with items ranging from an ornamental oak front door, interior doors made from hard or soft wood, to fancy oak or pine plate racks. Their range is extensive and exclusive to your requirements. They can be found at Ellishayes, Coombe Raleigh which is on the Honiton to Dunkeswell road.



Before and (inset) after

## MANOR ANTIQUES RESTORATIONS

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# HOMES

## AUTUMN *and Gardens*

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### Eden Garden Fencing & Landscaping

AT EDEN Garden Fencing, based in Seaton, Devon we have been building and installing quality Fencing, Gates and Decking for some 15 years. This makes finding a fencing contractor simple by providing for all clients' requirements, large and small locally. The timber products side of Landscapers, Eden Garden Developments, offers a friendly, professional, integrated service.

The Seaton, Devon base covers a 30 mile radius. Installing all types of Fencing, Gates, Decking, and Sheds, Eden also offers a complete Landscaping Service, either as a package or in affordable stages.

An example is Decking where a robust and beautiful Deck can be built either with Post and Rail Balustrades (illustrated) or with Spindles, which can be added later (also shown). In fact "cost leadership" is at the forefront of the business whilst keeping quality and the principles of design foremost.

Much of the heavy work can be done during Autumn and Winter when the ground is less compacted and this time is also perfect for renovating the garden generally. So by Spring many garden improvements can be ready to be enjoyed.

There is now a dedicated Timber Products website, [www.edengardenfencing.co.uk](http://www.edengardenfencing.co.uk) giving examples of the range and quality of workmanship. Additionally, information can be obtained by calling 01297 23596 (mobile 07977 415446) or visiting the general web pages at [www.a1-environmental.com](http://www.a1-environmental.com)

**Eden Garden Fencing and Landscaping** Seaton, Devon

Free Estimates  
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Mob. 07977 415446

Close Board Fencing, Gates, Post & Panel Fencing, Decking, Sheds  
[www.a1-environmental.com](http://www.a1-environmental.com)

### Tip Top Trees

TIP TOP TREES offer a comprehensive range of expert tree services from trees with preservation orders, roadside and dangerous trees to fruit tree pruning. With a friendly team of skilled operatives who always leave every site tip top tidy.

Sean and his team are all qualified in arboriculture meaning they have studied the science of trees as well as the use of practical machinery. This can make all the difference as they know when and how best to carry out work to your trees. One satisfied customer said "Mr Kelly has the ability to 'See' how a tree should look in its setting. This enables him and his efficient work-mates to change a scruffy tree into an elegant addition to the garden. Unlike many workers he always leaves the site in a tidy condition"

Sean also holds an Advanced Arboricultural Technician qualification so if you have a tree in an awkward space or near buildings Sean will know the safest and best way carry out the work.

TIP TOP TREES have been established for 17 years offering high quality tree care to BS3998 (2010). We offer a free site survey with no obligation, call on 01404 47103. See [www.tiptoptrees.co.uk](http://www.tiptoptrees.co.uk) for references and portfolio of work.



**TIP TOP TREES** City & Guilds NPTC

Professionals taking care of your trees

BS3998

Crown reduction, Shaping, Pruning & Felling

Also all other aspects of garden care, fencing & landscaping undertaken

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E-mail [tiptoptrees@tiscali.co.uk](mailto:tiptoptrees@tiscali.co.uk)

[www.tiptoptrees.co.uk](http://www.tiptoptrees.co.uk)



### Greenshutter Nurseries & Garden Centre

GREENSHUTTERS Nurseries & Garden Centre is a family run business nestled in the heart of the Somerset countryside. It is open 7 days a week and stocks an extensive range of plants. The Garden Centre has completely changed in the last few years with the layout being completely re-designed. There are new entrances from the road and into the Plant Area and the old-fashioned wooden greenhouse has been restored to its former glory with its bright, white painted wood. Most of the plants are now on tables so you don't have to bend down to look at them and the layout has been designed to make the walk around the plant area enjoyable.

This year Greenshutters Garden Centre is stocking a much larger range of herbaceous perennials and roses, including new and unusual varieties. There is also a new range of quality garden benches dotted among the plants, so you are welcome to wander around the garden centre and take a rest as you go. You can even sit and enjoy the view over Taunton Vale and the Quantocks.

The business also incorporates EVERGREEN-HEDGING.co.uk, one of the largest stockists of evergreen hedging plants in the country. Thousands of plants are grown every year on the nursery from small to large, mature hedging plants; the best sellers being Laurel, Leylandii, Photinia 'Red Robin' and Portugal Laurel. These are delivered locally or nationwide or can be collected from Greenshutters Nurseries and Garden Centre.

Greenshutters is run by Dr Roger Eavis, who bought the nursery in 1998 and the business has grown steadily every year since then. "We pride ourselves on good customer service and advice, good quality plants and I hope we have created a pleasant place to wander and enjoy the plants," says Roger, "We have a great team of staff who are always willing to help and give advice". Greenshutters Nurseries and Garden Centre is well worth a visit.

For more information visit their website at [GREENSHUTTERS.co.uk](http://GREENSHUTTERS.co.uk) or follow them on Facebook at [Facebook.com/GreenshuttersGC](https://www.facebook.com/GreenshuttersGC).

**GREENSHUTTERS**  
NURSERIES & GARDEN CENTRE

On the A378 between Taunton & Langport

Map showing location: M5 Junction 25, Fivehead, A378, Langport

01460 281265

[www.greenshutters.co.uk](http://www.greenshutters.co.uk)

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# HOMES

## SPRING *and Gardens*

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# HOMES AUTUMN *and Gardens*

LET THESE LOCAL BUSINESSES MAKE YOUR HOUSE A HOME & YOUR GARDEN GLORIOUS



## Westcrete

WESTCRETE is a small, friendly, family business that has offered a professional and dedicated service to trade and retail customers for over 50 years. Westcrete provides quality landscaping and building supplies as well as ready mixed concrete and screed for collection or delivery. Our comprehensive range of natural stone & concrete paving slabs are sourced from quality manufacturers, including an excellent budget range that offers great value for money! A beautiful range of natural limestone and sandstone paving ethically sourced, is also available at very affordable prices.

Gardeners, landscapers and builders can benefit from our extensive product range including decorative aggregates, building & gardening materials. Westcrete supplies a crane off-load delivery service and mini-mix truck allowing us to deliver locally

especially where access is limited.

Westcrete's excellent support service includes calculating quantities as required and giving advice to those wishing to do their own construction work.

Don't forget to check the Company's website [www.westcrete-ltd.co.uk](http://www.westcrete-ltd.co.uk) for their latest Special Offers, it also provides a useful selection of information and tips to customers from a beginners guide to laying a patio to technical advice.



## Rob Perry Garden Machinery

ROB PERRY Garden Machinery offers a comprehensive range of Honda garden machinery, right here in East Devon to assist you in making your garden beautiful! We have been selling and maintaining Honda garden machinery since 2001 and now stock a vast range of products.

We don't just sell garden machinery - We service and repair all makes of mowers, lawn tractors, Ride-on's, hedge cutters, strimmer's or brush cutters, leaf blowers ..... and the list goes on !!!!

If you need advice on buying the right piece of equipment for the right job - Or your beloved mower is in desperate need of a service at the end of a long hard cutting season, then come and see us!

When you buy the best - you expect the best backup and service, delivered to you professionally, efficiently and in the fastest possible time - That's what we offer here - and at very reasonable prices. Ask about our generous part exchange and cash back schemes.

Our aim is to provide you with professional and efficient service with a smile!

Why not pop in to see us or call us on 01297 631314 - The Boating Centre, Raymonds Hill, Axminster, Devon EX13 5ST - we're on the A35 with easy access and parking.



# Westcrete

[www.westcrete-ltd.co.uk](http://www.westcrete-ltd.co.uk)

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THE ULTIMATE LEISURE GUIDE FOR

EAST DEVON & SOUTH SOMERSET

# View 2



## ‘FIP FOK’ PIONEERS AT THE DAVID HALL

Coco and The Butterfields bring their unique folk, pop and hip-hop mash up to South Petherton

See page 33



### MUSICAL DIRECTOR'S 50 YEARS

Roger Hendy celebrates half-century of direction page 33



### MUSEUMS AT NIGHT

Luke Jerram brings new installation to Honiton page 35



### FAUSTUS

Folk supergroup come to Exeter and Yeovil page 35



# Diary Dates

## TUESDAY SEPTEMBER 29TH

**CHARMOUTH:** 'Back to school' sewing skills workshops with The Sewing Room. Every Tuesday. At Charmouth Central Library, The Street (DT6 6PE). 6.30-8pm. Suitable for beginners and improvers, £15 per session. Some materials and equipment provided. Booking essential - call 07581 190508 or email thesewingroom@outlook.com.

**AXMOUTH:** Axmouth Village Show Review & Annual General Meeting in the village hall. 7.45pm. Seeking volunteers for the new committee. All welcome.

**CREWKERNE:** Tuesday Welcome Group at Henhayes Centre. £1 per session. For people 70+/80+ who like to meet other people and enjoy a few activities like painting, pottery, music, quizzes and occasional bingo. Transport can be arranged and a cooked meal can be purchased from £3.50. Take-away meals are available.

## WEDNESDAY SEPTEMBER 30TH

**CHARMOUTH:** 'Back to school' sewing skills workshops with The Sewing Room. Every Wednesday. At Charmouth Central Library, The Street (DT6 6PE). 10.30am-12pm. Suitable for beginners and improvers, £15 per session. Some materials and equipment provided. Booking essential - call 07581 190508 or email thesewingroom@outlook.com.

**CREWKERNE:** Bingo at Henhayes Centre. Cash prizes. Eyes down at 2.30pm.

## THURSDAY OCTOBER 1ST

**AXMINSTER:** Music at the Minster Church, 31st lunchtime concert season. Baritone and Piano performed by David Fouracre and Michèle Banting. 12.30pm-1pm. Free admission. Light lunch available. All donations in aid of Minster upkeep. For more details call 01297 598213.

**CHARD:** Chard Camera Club Members will be holding a workshop run by member Charlotte Nadin in Photoshop Workflow at the Baptist church hall 7.30pm. Details of the club can be found by contacting Mr Peter Partridge on 01460 66885 or via [www.chardcameraclub.org.uk](http://www.chardcameraclub.org.uk)

**CREWKERNE:** Over 50s Keep Fit at Henhayes Centre - 10am to 11am. £2.50 for members/ £3.50 for non-members.

**AXMINSTER:** Wishing Well - Cancer support group - Free Chat & therapy between 2.30pm - 3.30pm. A group for people living with cancer or caring for people with cancer.

## FRIDAY OCTOBER 2ND

**CREWKERNE:** Sequence Dance at the Victoria Hall. 1.45pm to 4pm. £2 p.p. Tea and biscuits. Raffle. For more details call 01308 862866 or 01935 415520

**WEST HILL:** West Hill Residents' Association Meeting in West Hill Village Hall. The agenda will include information on the imminent planning application for houses at Ash Hill Road. The Devon Minerals Plan will also be discussed as the safeguarding area defined in the consultation surrounds the village. Also an update on the Local Plan and the Villages Plan. The meeting is open to all residents and will provide them with an opportunity to learn more about the issues that will affect the village and may voice their opinions.

**CREWKERNE:** Macmillan Coffee Morning at The Speedwell, Abbey Street from 9-11.30am. Coffee, cake and a warm welcome awaits.

**KILMINGTON:** The Royal British Legion host a presentation by ex-Royal Marine Mark Ormrod. He will tell the story of his traumatic experience in Afghanistan where he was severely wounded in a bomb explosion resulting in the loss of three limbs and his subsequent life coming to terms with the consequences of that event and how his positive attitude is helping others. Kilmington Village Hall 7.30pm. All welcome. Entry Free but donations to the Poppy Appeal will be welcome. Refreshments will be served. Enquiries 01297 631091

## SATURDAY OCTOBER 3RD

**MERRIOTT:** Merriott monthly market at merriott social club. 10-1pm. Lots of lovely stalls and all in aid of local charities. For details contact Lola on 07885424588.

**SEATON:** Seaton and Axmouth branch of Cancer Research UK Jumble Sale at Seaton Town Hall. Doors 10am, sale ends 12.30pm. Entry 30p, with children under 14 free.

**SEATON:** Friends of St Gregory's Parish Church present an Organ Recital by John Mingay. From 2pm. Free entry. Donations welcome for the maintenance of the church organ. Refreshments available. For more details call 01297 23656.

**OTTERY ST MARY:** Ottery Silver Band's Last Night of the Proms at the Institute, 7.30pm. Tickets £6 (under 16s free) and will include a programme, flag and light refreshments. Available from Ottery TIC (01404 813964) or Ottery branch of Gilbert Stephens Solicitors (01404 812228). Unsold tickets also available on the door.

**HONITON:** Mackarness Hall Table Top Sale, 8.30-12.30pm. Variety of interesting stalls including brooks, bric-a-brac, hand made chocolates, jewellery, toys, tools and lots more. Freshly cooked breakfasts, teas and coffees. Come along and take a look. For more details call 01404 41858.

# The Dissenters BluesBand at The Aviator

THE DISSENTERS BLUESBAND is a five-piece band of musicians offering extensive talent and experience.

The band consists of established musicians whose members have been active on the music scene for many years - in London, Newcastle, the South West and Greece.

Fronted by Rob (LostBoy Ellis) on vocals and supported by Steve Howell on guitar, keyboard and vocals, Chris Bolton on acoustic/electric guitars, blues harp (and a smatter of uke/mandolin), Andy Lawrence on bass and Jim on drums, The Dissenters BluesBand specialise in classic blues.

Artists covered by The Dissenters BluesBand include: BB King, Muddy Waters, Eric Clapton, Fabulous Thunderbirds, ZZ Top, The Doors, Stevie Ray Vaughn, Taj Mahal, Peter Green's Fleetwood Mac, Howling Wolf, The Blues Brothers, Chuck Berry and many more...

## History of band members

Steve Howell has played in a variety of bands over the years,

as guitarist, bassist and drummer, but not all at the same time. He likes rock, loves blues and has a healthy respect for jazz.

When not playing guitar he is to be found standing in a field in the middle of the night taking photographs of the stars.

Chris Bolton steeped in acoustic roots and folk genres, has also featured on guitars, blues harp and mandolin with blues, rockabilly and country

outfits in the South West.

Rob has sung his heart out in 'Geordie land' - covering Newcastle, Teesside and Hull, as well as guesting in locations including BB King's on Beale and the House of Blues in Chicago.

Jim has drummed in numerous bands in London, Bristol and the South West.

Andy Lawrence has played bass for many years - backing major bands in The South West, London and Greece



# Take a trip down Memory Lane

THE "Memory Lane" exhibit at World of Country Life, Exmouth appeared on BBC's The One Show in July 2014 as part of the feature on the Sid Valley Memory Café's "Moments in Time" reminiscence project. You can stroll down the replica Victorian Street with pub, dress shop, game keeper's cottage, toy shop, garage and lots more - all hosting a wealth of curio, antique objects and unusual pieces from times gone by.

Also housed in the Exhibition Hall is the Museum of Farming which is a snapshot of rural life, nostalgia and times gone by, the highlight of which is the extraordinary collection of working farm and agricultural machinery collected by the Lee family

over a 50 year period.

The Hall of Transport & Steam Shed are brimming with over 40 vehicles on display, boasting one of the largest classic car and vintage vehicle collections in Devon. You may have spotted some of our vehicles on television which have appeared regularly in Downton Abbey, Mr Selfridge and Parade's End.

If you are very lucky you may get to meet the famous 93 year old World War 2 veteran Reg Imray, a true petrol head. Born in 1922 he has owned 168 vehicles since 1941. A former Silverstone car racer and speedway rider, Reg has travelled the world and won over 200 trophies for his classic car and motorbike collection - most of which you can see on display at World of Country Life.

In addition to the museum exhibits there is a full daily entertainment programme\* with a Bird of Prey Flying Display and animal racing events - either Ferret Racing, The Lamb National or Quacky Races! There are also Butter & Felt Making Demonstrations and our visitors' favourite - the Deer Train Safari, where you can hand feed Deer & Llama. Plus a whole host of other farm animals to meet, feed and cuddle!

So go along for a packed day of nostalgia and entertainment at World of Country Life, Exmouth and make some memories of your own!

Full details are available online at [www.worldofcountrylife.co.uk](http://www.worldofcountrylife.co.uk)

Experience over a century of life as it used to be, whatever the weather

Devon's All Weather Whole Family Day Out

ANIMALS | PLAY AREAS | MUSEUMS | ENTERTAINMENT

01395 274533 [worldofcountrylife.co.uk](http://worldofcountrylife.co.uk)



# Diary Dates

**HONITON:** Free Health & Wellbeing Exhibition - at Axminster Guildhall 10am - 4pm. Therapists, taster sessions, local health traders

**CHARD:** Chris' Popular Fair at the Guildhall, 9am-12.30pm. Pop in and have a browse, lots of interesting items for sale. If anyone is interested in booking a table call 01460 63916

**HONITON:** The Isca Ensemble, with musical director Roger Hendy, perform 'A Touch of Vienna' - the Liz Tirard Memorial Concert, sponsored by the Joanna Leach Foundation, at The Beehive. Performing works by Smetana, Beethoven and Strauss. Retiring collection for Honiton Hospice care. Tickets £12.50 available from the Beehive box office 01404 384050 (student tickets £8 on presentation of ID in person at the box office).

## SATURDAY OCT 3RD & SUNDAY OCT 4TH

**THORNCOMBE:** Thorncombe Photography Group Exhibition in the village hall. 10am-4pm. Entry free. Light refreshments available. For more details call 01460 30188.

## SUNDAY OCTOBER 4TH

**AXMINSTER:** The Minster Challenge Running Event at Axe Valley Community College. Something for all the family. Races start at 10 am. For more details and fees visit [www.axevalleycommunitycollege.devon.sch.uk/minsterchallenge](http://www.axevalleycommunitycollege.devon.sch.uk/minsterchallenge) All funds raised go to the college's PE department

**COLYFORD:** Big Breakfast at Colyford Memorial Hall between 9am and 12.30pm. Just turn up, relax and be treated to a Full English for £6 or Continental for £4 to include toast, cereal, juice and drinks! All funds donated to Charity.

## MONDAY OCTOBER 5TH

**AXMINSTER:** Axminster Carnival Bingo at the Guildhall, doors 7pm, eyes down 8pm.

**MISTERTON:** Bingo at the village hall. Doors 6.30pm, eyes down 7.30pm. Coffees, teas, soft drinks, and light refreshments.

**CLAPTON:** Clapton & Wayford Village Hall - combined Harvest Supper & Produce Auction, 7pm. All welcome; tickets - £12 (2 course supper, 1 drink, cheese & biscuits, coffee/tea), should be booked in advance please on 01460 72324. All proceeds will be shared between St Michael's Church Wayford and the Village Hall.

**CREWKERNE:** Ann Hinchcliffe's talk about the history of folk dancing at the monthly meeting of Crewkerne and District U3A will include a short demonstration and a chance for members to join in and have a go themselves at one of the dance. She is bringing along her own musician. The talk takes place at the Henhayes Centre at 2pm.

## MONDAY OCTOBER 5TH - SATURDAY OCT 31ST

**AXMINSTER:** Axminster Arts are holding an exhibition by Axminster Art Society members of works on the theme of "Reflections". There are some exciting and unusual interpretations of this theme using a range of techniques such as collage, acrylic paint applied with palette knife, pastels, watercolour, mixed media. All works are original, reasonably priced and would make unique and inspirational gifts for Christmas (just around the corner). Come and enjoy the exhibition and support our local artists! The Art Café, The Old Courthouse, Church Street EX13 5AQ. 01297 631455. Mon to Sat 9am - 2pm

## TUESDAY OCTOBER 6TH

**UPLYME:** Uplyme and Lyme Regis Horticultural Society last outing of the year, to the Harold Hillier Gardens and Arboretum near Romsey. Details from Jenny Harding on 01297 444034, or see the website at [www.urhs.wordpress.com](http://www.urhs.wordpress.com). The coach leave Uplyme Village Hall at 9am, cost £20 for members, £3 extra for non-members.

**HONITON:** Little Ones' wild walk - fun and activities for under 7s. 10am. Suggested donation £2. At Honiton Bottom Community Nature Reserve. For more details call 01395 517557.

**SEATON:** Little Ones' wild walk - fun and activities for under 7s. 1.45pm. Suggested donation £2. At Seaton Marshes Local Nature Reserve. For more details call 01395 517557.

**SIDMOUTH:** Sidmouth Methodist Wesley Guild, Methodist Hall, High Street, President's Evening - Rev Brian Hadfield. Everyone is very welcome. Admission £1 to include tea/coffee and biscuits.

**CREWKERNE:** Tuesday Welcome Group at Henhayes Centre. £1 per session. For people 70+/80+ who like to meet other people and enjoy a few activities like painting, pottery, music, quizzes and occasional bingo. Transport can be arranged and a cooked meal can be purchased from £3.50. Take-away meals are available.

**HAWKCHURCH:** Boden one day shopping event at the Fairwater Head Hotel from 10:30am to 8pm. 20% off all current stock with free delivery & returns, plus a free Boden gift for the first 25 customers placing orders. Enjoy a complimentary tea/coffee whilst browsing the latest Autumn/Winter range. For more details call 01297 678349.

## More Diary Dates on page 34

Deadline is Friday 4pm for the following Tuesday's publication. Please ensure dates are included for all listings - weekly listings without dates may not be published.



# Musical Director celebrates 50 years of music making

ROGER HENDY is celebrating 50 years of music making, kicking off the new Isca Ensemble season with a spectacular orchestral concert at the New Beehive Centre, Honiton on 3rd October commencing at 7.45 p.m. entitled 'A touch of Vienna' with famous works by Johann Strauss coupled with 'Vlatava' by Smetana and Beethoven's powerful Symphony No 5. Tickets may be obtained in advance from the Beehive Box Office 01404 384050 or at the door. This is the very special Liz Tirard 2015 memorial concert sponsored by the Joanna Leach Foundation.

Roger Hendy, MD Isca Ensemble, has for fifty years been involved in the development of orchestras in the South West

since he was a science graduate at Exeter University. At the age of 18, he was the founder of the Exeter University Symphony and Chamber orchestras and later in his career as a teacher, founder of the Honiton Festival. For 26 years he directed the EMG Symphony Orchestra both at home and abroad. He has worked with dozens of famous soloists over the years many of whom were former BBC Young Musicians of the Year including Emma Johnson, Jennifer Pike, Anna Markland and Alan Brind. Top professionals such as Hu Kun, Pan Hon Lee, Richard Jenkinson, Freddie Kempf and Crispian Steele-Perkins are some of the many other soloists with whom he has collaborated in presenting

concerts. Roger's highly praised concerts in Exeter Cathedral and Exeter University often used very large forces in the presentation of works by Mahler, Respighi, Beethoven and others. He also frequently conducted in France and over the years Roger collaborated with composers to commission new works. He received no formal training as a conductor being a science and mathematics graduate but developed his skills whilst teaching and managing in schools around East Devon and Hampshire as well as lecturing in mathematics at Exeter University. He has always found ways of supporting and encouraging young performers – a policy which continues to this day.

Roger has recently been appointed as Music Adviser for the Joanna Leach Foundation and Chairman of the Devon performing Arts Festival which are other vehicles for supporting young up-and-coming artists. He is also currently working on possibly music projects for Powderham Castle with the Guildhall School of Music in conjunction with the Mozarteum Salzburg, the famous University in Austria that specialises in music and the dramatic arts. He has also scheduled an important recital in conjunction with the Exeter Bach Society in Exeter Cathedral on 28th February 2016 which will feature Emmanuel Bach (violin) and Jenny Stern (piano). Roger is, however, very keen to maintain the special musical and community links which have been built up with Sidmouth Parish Church over the past few years.

Roger's active interest in orchestras continues with his current work with the Isca Ensemble now in its twelfth year. The orchestra of some 60 experienced and talented players has just announced another exciting season of concerts commencing with the first one at the Beehive, Honiton (3rd October) and a second at Sidmouth Parish Church (28th November) together with others planned for 5th March and 30th April 2016. All these concerts will be supporting the work of HOSPIS-

CARE throughout East Devon. Through his concert initiatives and work with Isca String Quartet colleagues, over £3800 has already been raised this summer.

By popular demand, the young and extremely talented soloist, Emmanuel Bach will be returning to Sidmouth on 28th November to perform the famous Violin Concerto by Tchaikovsky. Coupled with Sibelius' 'Valse Triste' and the epic 'Eroica' Symphony, this is a concert not to be missed. Supported by local businesses in Sidmouth, members of the Sidmouth Hospiscare committee will be attendance at the concert. Emmanuel gave a fabulous violin recital to a packed audience in Sidmouth last April and a professionally produced recording of the concert will be issued shortly on CD.

Concerts stretching beyond 2016 have been arranged to feature in Sidmouth Parish Church. Notable highlights will be a performance of Vaughan Williams' wonderful 'London Symphony' on 5th March, a further visit by Emmanuel Bach to perform Vivaldi's 'Seasons' and the Bach A minor Concerto on 30th April



Roger Hendy during rehearsal

plus a performance of the Bruch Violin Concerto by the wonderful Korean-born British violinist, Joo Yeon Sir in November 2016. There is much fantastic music to look forward to. As if this wasn't enough, Roger has also planned an orchestral workshop with players from the City of Birmingham Symphony Orchestra in January 2016. Strings players from the South West are warmly invited to contact him in order to participate. [roghendy@gmail.com](mailto:roghendy@gmail.com).

Further details can be found at [www.iscaensemble.org.uk](http://www.iscaensemble.org.uk). Sidmouth concert tickets will be available as usual from Paragon Books, Sidmouth.

## The small hall with the BIG reputation

# David Hall

FOLK • ROOTS  
ACOUSTIC • JAZZ  
BLUES • DANCE  
THEATRE • FILM

AFTER a musical break at The David Hall during August it was great to get the new season started with a return visit on Friday 18th September by Chris Wood – whose performance showed why he is one of this country's best and most popular singer/songwriters. As always, Chris was direct and spoke his mind on many subjects and issues, providing a night that was thought-provoking and spell-binding in equal measure.

Unfortunately, due to ill health, the massively talented Sunjay had to cancel what would have been his second time at The David Hall. However, we look forward to welcoming Sunjay again next year when he is guaranteed to astound the audience with his guitar skills, which have been hailed as 'Superb, brilliant, experienced, intricate and faultless'. I can put it no better. Sunjay is a real star of the future!

Also in September The David Hall held its first-ever Middle-Aged Crisis Disco – an event that is sure to be repeated! – plus, Simon Ellis entertained an audience age 12 and upwards with his tales of Ghosts and Characters of the South West, presented with a fast Ragtime-guitar.

October will be a really busy month of music which gets off to a fantastic start on Saturday 3rd with a first-time visit by Canterbury's great five-piece band, Co-Co and The Butterfields. They are booked to play for a 'Chance to Dance' event, which is selling fast and will be a really lively gig. I love this band, which is colourful, energetic and crowd-stomping. They play catchy songs delivered with powerful vocal melodies and an undercurrent of driving beat-box. Co-Co and the Butterfields provide one of the most phenomenal live shows in the UK. This is a gig not to be missed!

On Saturday 10th October we will celebrate the return of another of the UK's top singer/songwriters – Steve Tilston. Steve was last with us in November 2012 when he gave a fantastic performance. In the same year, Steve won the BBC2 Folk Awards Best Song category with his wonderful, The Reckoning. His new CD, Happenstance, is out now and contains – as do all his albums – some really great material. I know this is a gig that will be enjoyed by all.

The following Saturday, 17th October, we shall welcome the duo Winter/Wilson for their first-ever visit. Dave and Kip will provide great songs, beautifully sung and with much laughter. Dave is a magnificent songwriter and performer

and Kip possesses one of the most amazing voices, delivering power and emotion in equal measure

On Sunday 18th October we shall enjoy a return visit by The Divertimento String Quartet. They will be presenting Classical Diversions from Beethoven and Dvorak to Tango and Jazz. This is a 'must' for all lovers of diverse kinds of music.

The month ends with a visit by one of the best Kora players in the world when Senegal's Seckou Keita performs on Thursday 22nd. Seckou is a true genius and has a phenomenal stage presence. His new album, called 22 Strings, is fantastic. It is never easy to get such a rare performer to our small space so this is a really exciting event. Come and be amazed!

Hoping to see you at The David Hall in October and to updating you again next month.

All the very best,  
**Pete Wheeler**  
Petherton Arts Trust



## Further events at The David Hall in October

A David Hall Quiz Night is taking place on Friday 2nd October. Wednesday 30th September is the final booking date – please phone 01460 240 340 for tickets. Cost is £6 per person, including supper.

On Friday 9th October, Petherton Picture Show will screen Testament of Youth, a powerful story of love and war; and on Friday 23rd October, Paddington, starring Hugh Bonneville, Sally Hawkins and Julie Walters.

PPS presents: Paddington  
The David Hall's popular monthly Coffee Morning will be on Wednesday 21st from 10am to 12pm. Performance Night is scheduled for Saturday 24th at 7.30pm. To perform, please drop an email to [folk@chriswatts.org](mailto:folk@chriswatts.org)

From Tuesday 27th to Friday 30th October, South Petherton Combined Arts Drama Group will present two one-act plays – Last Tango (in South Petherton), a satirical farce by David Tristram, and Too Long an Autumn, a poignant comedy by Jimmie Chinn.

Freya – A Viking Saga, is a family puppet show (suitable for children age 4 and over) that will take place on Saturday 31st October at 2.30pm.

For further details about any of the above please check the website, [www.thedavidhall.org.uk](http://www.thedavidhall.org.uk), or call 01460 240 340.

The Liz Tirard Memorial Concert sponsored by the  
The Joanna Leach Foundation  
in aid of The Beehive

## The ISCA ENSEMBLE

Director: Roger Hendy



### 'A Touch of Vienna'

with a programme of

Johann Strauss music: Blue Danube Waltz, Emperor Waltz  
Radetzky March, Pizzicato Polka  
Tritsch Tratsch Polka

Interval

### Beethoven: Symphony No.5 C minor

Saturday, 3rd October, 2015 at 7.45pm

in The Joanna Leach Auditorium

Tickets £12.50 / (Student card concessions at the Box Office)

Box Office Telephone: 01404 384050

more information at

<http://www.iscaensemble.org.uk/>



# Diary Dates

**WEDNESDAY OCTOBER 7TH**  
**BEER:** Jurassic Jam in the long Bar at the Dolphin Hotel, Beer, EX12 3EQ. Starts 8pm through to 10.15pm. For more details contact, Andrew 01404 46451 or Adrian 01404 549 903.

**CLAPTON:** Clapton & Wayford Village Hall – sew, knit & natter, 10.30am, all welcome; details from 01460 72837.

**KILMINGTON:** Far from the Madding Crowd 12A. Movie screening at the Village Hall (Whitford Rd), doors and bar (wine and soft drinks) open at 6.45pm Film start 7.15pm. Tickets £5 if purchased in advance from Hurlfords Store (village store Whitford Rd), or £5.50 at the door. For more details contact: 01297 32335

**HONITON:** What's Life All About? Do you know the answer? Come to a Taste of Alpha at Bella Pizza, High Street, Honiton, 7.30pm for free meal and drink and to hear how brilliant the Alpha Course is to help you discover what Christians believe. For more details or to book your place, contact The Community Church Office on 01404 43800 or email office@tchc.org.uk

**CREWKERNE:** Bingo at Henhayes Centre – Cash prizes – “eyes down” at 2.30pm

**THURSDAY OCTOBER 8TH**  
**AXMINSTER:** Music at the Minster Church, 31st lunchtime concert season. 'Young String Players' performed by Holly Chapman and the Strings of Colyton Grammar School, 12.30pm–1pm. Free admission. Light lunch available. All donations in aid of Minster upkeep. For more details call 01297 598213.

**CHARD:** Free Cooking Demonstrations For Heart Health & Diabetes with HALFF (Health and Local Food for Families) 10.30–12.30. Free healthy cooking demonstrations giving hints and ideas for cooking and covering nutritional advice for people with, or at risk of, type 2 diabetes, heart disease and high blood pressure. At Crowshute House, Crowshute Link, Chard, TA20 2EZ. No need to book, just turn up, it's free. Chat, learn, eat. Call Laura on 01297 631782 for more information, email laura@half.org.uk or go to www.half.org.uk.

**CHARD:** Chard Royal Naval Association meeting at their Headquarters in the Chard Conservative Club, High Street, at 7.30pm when the evening entertainment will be a few games of Bingo. Anyone wishing to join the RNA would be made most welcome at the meeting. Members do not have to be ex-Services in order to join but would need to be sympathetic towards the Armed Forces.

More details can be obtained from Chard Branch RNA Secretary, Mr Gary Pennells, on 01460 77978.

**SEATON:** Meet the birds – improve your birdwatching skills. At Tower Hide, Seaton Wetlands. 10am–12noon. Free admission, just turn up.

**HASELBURY PLUCKNETT:** Open Afternoon at Church of England First School. 1.30–3.30pm.

**SIDMOUTH:** 'Scots Wha Hae' a free concert at Sidholme Music Room Elysian Fields, 7.45pm. Singers and Instrumentalists – an evening of traditional music! Inspiring and foot tapping. Wear some tartan! Retiring collection in aid of Devon Freewheelers and Music Room Restoration Fund

**CREWKERNE:** Over 50s Keep Fit – 10am to 11am at Henhayes Centre. £2.50 for members/ £3.50 for non-members.

**FRIDAY OCTOBER 9TH**

**CREWKERNE:** Sequence Dance at the Victoria Hall. 1.45pm to 4pm. £2 p.p. Tea and biscuits. Raffle. For more details call 01308 862866 or 01935 415520

**CHARD:** Chard Royal Naval Association. The Association will be travelling to Portsmouth for an all day visit to the RNA Headquarters at Semaphore Tower, Portsmouth Dockyard leaving Crowshute Car Park at 8.30am.

**CLAPTON:** Clapton & Wayford Village Hall – lunch club, mid-day for 12.30pm start. All welcome, but please book in advance by phoning 01460 77057.

**KILMINGTON:** Putting your garden to bed: Tips and information on how to over winter your plants successfully and what you need to do to get your garden in tip top condition for the spring. Kilming-ton Gardening Club, 7.30 pm, Kilming-ton village hall, EX13 7RF. Non members welcome £1.00

**SIDMOUTH:** Little Ones' wild walk – fun and activities for under 7s. At the Knapp, Community Nature Reserve. 1.45pm. Suggested donation £2. For more details call 01395 517557.

**AXMINSTER:** Free Make & Munch with HALFF (Health and Local Food for Families) 10.30–12.30. For parents and carers of children (0–18), a hands-on course of six sessions. Have fun preparing simple delicious food and enjoy eating it together. Pre-school age children welcome with parents/carers. At the Methodist Hall, Lyme Road, Axminster. To book a place call Ros on 01297 631782 for more information or email admin@half.org.uk

**FRIDAY OCTOBER 9TH – SUNDAY OCTOBER 11TH**  
**WINSHAM:** Winsham Art Club is holding its annual Art Exhibition at the Jubilee Hall, Church Street. 7.30pm–9pm on Friday 9th (preview evening), 10am–4pm on Saturday and Sunday.

**SATURDAY OCTOBER 10TH**

## ILMINSTER arts centre AT THE MEETING HOUSE

**ARTISTS 303: 50TH ANNIVERSARY EXHIBITION**  
**Until Saturday 3rd October**

Open Daily (except Sunday). Free Admission.  
**Last chance to see!**

Celebrating 50 years of this distinguished contemporary artists' group, featuring work by past and present members.

**MAPPING EVOLUTION**  
**Mon 5th – Sat 31st October**

Open Daily (except Sunday). Free Admission.

Exhibition of art quilts on a cosmic theme, by award winning quilters Alicia Merrett and K3n.

**Booking details: 01460 54973**  
**www.themeetinghouse.org.uk**  
**info@themeetinghouse.org.uk**  
**East Street, Ilminster, Somerset. TA9 10AN.**  
**Open Mon-Fri 9.30-4.30, Sat 9.30-2.30.**

## CAR BOOT SALE

**AXMINSTER SHOWGROUND • EX13 5PJ**

**EVERY SUNDAY**

1pm-4pm

On 50 acre site, all sellers, cars, vans and trailers

£6 for as much room as required.

Buyer entry £1 per car.

No dogs allowed on site.

No need to book, gates open to sellers 11am

**For further information tel: 07511 195858**

## The Henhayes Centre in Crewkerne

Open to all 5 days a week  
 for lunch, tea or coffee 9am to 4.30pm and  
 Saturday mornings for coffee or tea and  
 cakes from 10am to 12noon

Licensed premises

The Centre can also be hired

## LOOK WHAT'S ON

### Harvest Lunch

**Friday 16th October**

**Roast Beef, followed by Trifle £7.50**

Contributions to the Lord's Larder would be welcome. Prior booking essential

### BIG BREAKFAST (£4)

**Saturday 24th October**

10.00 am to 12 noon  
 (last orders at 11.30 am)

**A for your diary**

**Friday 11th December**

**A night of 20s/30s jazz**

**with "Spats" Langham**

Please contact the Centre for further information

**The Henhayes Centre,**  
**South Street Car Park, Crewkerne**  
**Tel: 01460 74340**  
**www.henhayes.co.uk**

## Colyton and Colyford Memory Café

Open on the 1st Wednesday of each month from 2 - 4 p.m.  
 at St John Hall, King St, Colyton (new venue)

If you, a friend or a family member are experiencing memory loss or have been newly diagnosed with early Dementia come along with your carer to enjoy the afternoon by way of music, word games, talks and quizzes.

**\*All welcome.\***

**For information, please ring 01297 680442**

*Dates for 2015 are 7 October, 4 November, 2 December*

## POP-ROCK CHOIR EAST DEVON

Kilming-ton Village Hall, Kilming-ton EX13 7RF

Mon Eve's 7.00-8.30pm

Sept 21, 28, Oct 5, 12, 19,

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**info@thecouragetosing.co.uk**

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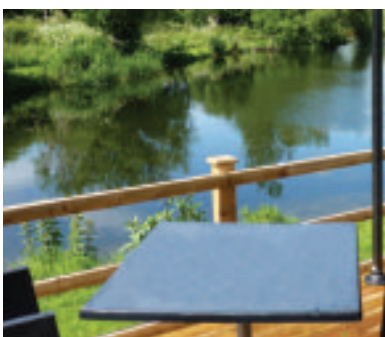
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# Diary Dates

**UPLYME:** Ballroom, Latin and some Sequence dancing at Uplyme Village Hall. 8pm–10.30pm. Entry £4.50 per person, in aid of hall funds. For more details call 01297 442439.

**BEER:** Wurlitzer Theatre Organ Show – Damon Willets, National Concert Organist, makes his first appearance at the Congregational Church, Fore Street, Beer. The show starts at 2.00pm, admission is £7.00 at the door, children free. For further info phone 01297 24892 or visit www.beerwurlitzer.org.uk.

**HINTON ST GEORGE:** Hinton St. George 'Flux in the Stix' presents 'Far From The Madding Crowd' (PG) in the Village Hall at 7.30 pm. Tickets £5 in advance from the Village Shop and Dorothy's Tea Room, or £5.50p on the door. To reserve Tickets please contact Bob Kefford on 01460 72563.

**SIDMOUTH:** Apple Pressing Day at the Knapp Community Nature Reserve. 10am–1pm. Free.

**HASELBURY PLUCKNETT:** Open Morning at Church of England First School, 10am–12noon.

**SIDMOUTH:** Grand Garage Sale in aid of Samaritans at 1–2 Broadway, 10am–12noon. Hundreds of items including bric-a-brac, books, jigsaws, linens, toys and household goods.

**SHERBORNE:** Yeovil and District Philatelic Society. Stamps and Postcards Fair. At Digby Memorial Hall, Digby Road DT9 3NL. 10am–4pm. Teas, coffees and ploughmans lunches available. For more details call 01460 74422.

**SUNDAY OCTOBER 11TH**

**SIDMOUTH:** The Reeds 'n' Rhythm with John Shillito (trumpet) at Stowford Community Centre, Chambers Close, 3–5.30pm (doors 2pm.) Admission £12.50. Call 078 999 25194 for more details.

**COLYFORD:** Indoor Boot Sale 9am–2pm at the Memorial Hall. Call 01297 23591 to book – £5 per table.

**SIDMOUTH:** Sidmouth Methodist Wesley Guild, Methodist Hall, High Street, Guild Sunday–Preacher Rev. Steve Ward, The Mint Methodist Church, Exeter. Everyone is very welcome. Admission £1 to include tea/coffee and biscuits.

**MONDAY OCTOBER 12TH**

**MISTERTON:** Bingo at the village hall. Doors 6.30pm, eyes down 7.30pm.

**HONITON:** Honiton Art Society meeting at Awliscombe Village Hall, 2–4pm. Demonstration by Charles Evans, 'Seascape in Oils'. Visitors £2. Visitors and new members very welcome.

**BEER:** Beer Film Society showing 'Dark Horse' (cert PG) at Steamers Restaurant. Film 7.30pm. Admission £5, members £3.50. All welcome, bar and refreshments available.

**TUESDAY OCTOBER 13TH**

**AXMINSTER:** Cooking For One Demonstration with HALFF (Health and Local Food for Families). 10.30am–12.30pm. Free healthy cooking demonstrations giving hints and ideas for cooking for one and covering nutritional advice for type 2 diabetes, heart disease and high blood pressure. At the HALFF Food Hub, South Street, Axminster. No need to book, just turn up, it's free. Call Laura on 01297 631782 for more information or email laura@half.org.uk.

**BROADWAY:** The Ile Valley flower club takes place at Broadway Village Hall this month will be a talk by Sue Applegate on 'Making the Most of Peonies and Iris Meetings start at 7.30 pm. First meeting is free for visitors and £5 for two more meetings afterwards £26 per year for membership. For further information please contact 01460 75025/77233

**SIDMOUTH:** Ballroom & sequence dancing hosted by Jean & David raising monies for Childrens Hospice SouthWest £3 inc tea & coffee. At St Francis Church, Sidmouth EX10 9XH at 2.30pm.

**SIDMOUTH:** Sidmouth Methodist Wesley Guild, Methodist Hall, High Street, 'Books for Young Fingers' – Mary Hulme. Everyone is very welcome. Admission £1 to include tea/coffee and biscuits.

**THURSDAY OCTOBER 15TH**

**AXMINSTER:** Music at the Minster Church, 31st lunchtime concert season. 'Concluding Orchestral Concert' performed by the Sidmouth Music Club Orchestra, 12.30pm–1pm. Free admission. Light lunch available. All donations in aid of Minster upkeep. For more details call 01297 598213.

**CHARD:** Chard Camera Club will be holding an in-house competition covering digitally projected images in the subjects of 'Street photography', 'Smoke' and an 'Open' subject. The judge for the evening will be Barrie Castle LRPJ. Anybody wishing to attend the evening will be made welcome and further details can be obtained via the Club Secretary, Mr Peter Partridge, on 66885.

**SEATON:** Seaton Music. Bartholomew Lafollette playing cello including Brahms sonata at 7.30pm at Seaton Town Hall. Season tickets available or £14 on the door, under 18s and full time students free. Box Office: 01297 625699.

**FRIDAY OCTOBER 16TH**

**CREWKERNE:** Sequence Dance at the Victoria Hall. 1.45pm to 4pm. £2 p.p. Tea and biscuits. Raffle. For more details call 01308 862866 or 01935 415520





## Folk supergroup Faustus to play Exeter and Yeovil

FAUSTUS is an established name in the English folk scene made up of three of the best-known and talented English folk musicians – Paul Sartin (Bellowhead, Belshazzar's Feast), Benji Kirkpatrick (Bellowhead, Seth Lakeman Band), and Saul Rose (Waterson: Carthy, War Horse). Nominated for a BBC Folk Award, following a two-year break due to Bellowhead and War Horse commitments they released a new album – 'Broken Down Gentlemen' (Navigator Records/distributed by Proper/pro-

duced by Stu Hanna) and have since established a regular cycle of two annual UK tours, with additional festival and Continental appearances, and outreach commitments.

Faustus play at Exeter Phoenix on Sunday, October 11th (call 01932 667 080 or visit [www.exeterphoenix.org.uk](http://www.exeterphoenix.org.uk) to book or for more details), and The Octagon Theatre, Yeovil on Wednesday, October 14th (01935 422884 / [www.octagon-theatre.co.uk](http://www.octagon-theatre.co.uk)).

## Museums at Night with Luke Jerram

HONITON'S Thelma Hulbert Gallery (THG) is set to launch 'Harrison's Garden', an ambitious new art installation as part of the national Museums at Night festival this October.

After defeating other UK venues to win the chance to work with celebrated international artist Luke Jerram, THG is hosting the artist's spectacular clock installation featuring 1,000 clocks at their public art gallery in Honiton, Devon.

Luke Jerram, who is based in Bristol, commented "This is an exciting opportunity to collaborate with an arts organisation I've not worked with before, on a new experimental project. It's a great privilege. Having collected hundreds of old clocks and sorted them into categories and sizes, I will create a garden of time. The clock-maker John Harrison's clocks were a breakthrough in chronology, hence Harrison's Garden. Winding pathways will draw visitors through the shifting landscape. Each area of the installation will sound different. The public will recognise some of the clocks from their home and from their past. The cacophony of clock sounds will heighten the visitor's awareness of time passing."

Luke Jerram is an internationally renowned artist, with work exhibited throughout the world including the Metropolitan Museum of Art, New York. He is known throughout the South West for his 'Park and Slide' which transformed Bristol's Park Street into a giant water slide.

Gallery Curator, Angela Blackwell praised the public support which saw the gallery winning the national vote: "Winning has given us this fantastic opportunity to work with Luke Jerram. We have collected a thousand clocks for Luke to create this installation in the gallery which opens from October 27th-31st with a really exciting programme of activities, talks and workshops throughout the week. THG will be open till 10pm on Friday 30th and Saturday, October 31st to celebrate the Museums At Night Festival".

'Harrison's Garden' will be open from Tuesday 27th to Thursday, October 29th from 10am – 8pm, Friday 30th and Saturday 31st from 10am – 10pm. Children's activities all week in the Learning Room.

For more details of the coordinating activities, events and workshops, please visit [www.thelmahulbert.com](http://www.thelmahulbert.com)

## VIEW FROM the beehive

OODLES of things in October at The Beehive, as we launch into Autumn, we have a very exciting and diverse selection of movies for our weekly Friday night cinema, with 'Slow West' a Western with a difference, a young lad on a desperate quest, assisted by the roguish Michael Fassbender on Fri 2nd Oct. There is the wonderful Ian McKellen in 'Mr Holmes' on Fri 9th Oct followed by the modern twist of Flaubert's tale in 'Gemma Boveri' on Fri 16th Oct. During the half term we have two matinees of the 'Maya the Bee Movie' on Fri 30th Oct later there is an 8pm showing of 'Dartmoor Killing' by Bafta award winning director, Peter Nicholson who will then host a Q&A session with the audience after the film, which is a Psychological thriller set on Dartmoor. We are also delighted to be hosting an illustrated talk by the internationally renowned artist **Luke Jerram**, in partnership with the Thelma Hulbert Gallery on Fri 30th Oct 6.30pm. Please donate any old clocks to the THG for this exciting installation, here in Honiton!

On Sat 31st Oct, for Halloween we have a special showing of 'The Rocky Horror Picture Show' at 8.30pm. Folk in fancy dress (or not) are invited to gather in the bar

beforehand. There will be prizes for the most marvellous costumes and the opportunity to sing along, so let's do the Time Warp again!

Much admired Musical Director Roger Hendy, who with over 50 years of making music under his belt will be directing **The Isca Ensemble** in 'A Touch of Vienna' on Sat 3rd Oct at 7.45pm. With a 60 piece, this is more of an orchestral concert and will be very special indeed.

Our annual **Craft Fair** is back on Sat 17th Oct 10-3pm, with over 50 craft stalls, with a huge array of home made gifts. The Beehive tea dances with live music and wonderful teas are on the second Friday of each month. We have **one act playwriting workshops with Angela Street** and are very pleased to announce the new **Honiton Youth Drama** sessions which are every Thursday from 4-6.30pm in term time and absolutely free.

**Honiton Dementia Action Alliance** have begun a walking group for those living with Dementia and their carers, which departs from the Beehive at 2pm on the second Thursday of each month for approx 45 min walk and then back to the café for tea, cake and a natter, it's all very sociable.

## Eight days of eerie entertainment at Beer Heights Frights Railway

PECORAMA has a heap of horrible happenings in store this Hallowe'en with brand new activities and special evening events.

In addition to a daily children's Show, new activities for 2015 will include pumpkin carving, Hallowe'en games, fancy dress competitions, Treasure Hunt and on Saturday 31st October, spooky story-telling in the marquee.

Plus in the evenings of the 29th, 30th and 31st October, for those who dare there will be frightful trips on

the Beer Heights Frights Railway to visit the Wildway Witch, gruesome games will be taking place in the Peco Marquee, Hot Chocolate and Cake will be on offer in the Garden Room Restaurant, the Play Station will be staying open until 9pm and on Saturday 31st, will host a children's Hallowe'en disco.

Separate tickets are required for the evening events, priced at £7.85 per person.

To book, please call Pecorama now on 01297 21542 as places are limited.

## What's Happening at Iminster Arts Centre this October

THE SEASON may be misty, but it is certainly mellow and fruitful at Iminster Arts Centre, where we have some wonderful events to enjoy, both by day and by night.

Throughout October the gallery will take on a cosmic vibe with **Mapping Evolution**, a mind-blowing exhibition of contemporary art quilts by Alicia Merrett and k3n. These two award-winning Somerset artists use

fabric and stitch to explore big ideas such as quantum physics, evolution, geography and cosmology. Characterised by bold colour and inventive techniques, their work is a must-see for quilters and needleworkers. Alicia and k3n will be in the gallery on selected days throughout the exhibition to share their knowledge and inspiration.

Another treat for fabric fans is our **Textile Fair** on Wednesday 21st; the theme is 'vintage with a modern twist', and the fair features a hand-picked group of West Country artisans who all use vintage textiles in their contemporary creations. This is a perfect port of call for some early Christmas present buying.

Our October music line-up starts with a Concerts in the West performance by the **Musicians of London Wall** on Friday 2nd. Their programme "The Old Virtuosity Shop" showcases work written by and for some of the great players of the past. The following Friday (9th) sees the return of Ensemble Perpetuo, a dynamic collective of musicians playing a selection of pieces by Krommer, Mozart, and



with Abigail Willis

Britten.

On Friday 16, jazz genius **Mike Denham** hosts another of his 'SpeakEasy' evenings, this time in the company of top jazz violinist, **Mike Piggott**. This will be a charismatic evening of wonderful, old-style jazz. Moving east, 'A Taste of India', on Friday 23rd, is a fascinating evening of north Indian music performed by Ricky Romain on sitar

and Jon Sterckx on tabla. A pre-show curry supper can be booked in advance. We return to more familiar waters on Friday 30, with mainstream jazz by rising stars **Amy Roberts** and **Richard Exall**.

If you play an instrument and are interested in playing jazz, why not pop into our regular **Jazz Jam**? It's only £2 to take part – next session is on Monday 19th, 8pm.

Our art workshops continue throughout the month and include modelling in clay (Monday mornings), our **Readers' Group** (9 Oct), mastering the basics of **guitar** (10 Oct), **Knitting/Crochet** group (15 Oct), **Felting** (16 Oct), **Rag Rugs** (23 Oct) and **Crazy Patchwork** (28 Oct).

**Art Chest**, our new Saturday morning children's art workshop takes place on the 17th under the expert guidance of tutor Belinda Ireland. Come along and be inspired!

■ Full details on all IAC events in our current brochure, and online at [www.themeetinghouse.org.uk](http://www.themeetinghouse.org.uk).

## MARINE THEATRE OCTOBER

FRIDAY 9TH 8.00PM  
**MARK THOMAS: TRESPASS**  
THEATRE, STAND-UP AND A DASH OF JOURNALISM

SATURDAY 10TH 8.00PM  
CSCAPE PRESENTS **TASTE**  
A DELICIOUS ROMP OF A SHOW! THEATRE FROM CORNISH DANCE COMPANY CSPACE

SUNDAY 11TH 6.00PM  
**FALCON'S MALTESER**  
HILARIOUS FAMILY ADVENTURE ADAPTED FROM THE BOOK BY ANTHONY HOROWITZ

FRIDAY 16TH 8.00PM  
UP CLOSE AND PERSONAL IN THE STAGE DOOR BAR:  
**MARSHALL STAPLETON**  
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SATURDAY 17TH 7.30PM  
**DICKENS ABRIDGED**  
THE GREAT AUTHOR'S BEST-LOVED CHARACTERS COME TO LIFE IN THIS COMEDY MUSICAL

SUNDAY 18TH 8.00PM  
JAZZ IN THE BAR: **GARY BAYLEY & PHILIP CLOUTS**  
JAZZ, SAX AND PIANO IN THE STAGE DOOR BAR

TUESDAY 27TH 7.30PM  
**MAT RICARDO & SUPPORT**  
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WEDNESDAY 28TH OCTOBER (AGES 4+)  
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**MONKEY**

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 **Scott Rowe**

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# Pulman's Property View

## SUBSTANTIAL 3 BED SEMI-DETACHED HOUSE - £285,000



FORTNAM Smith and Banwell are pleased to offer to the market, at a reduced price, 16 Townsend Road, Seaton.

This is a delightful 1930's semi-detached property located in a quiet no-through road which is elevated with fantastic sea and Axe estuary views to the front and far-reaching countryside views to the rear. The property is presented in excellent decorative order and has recently been re-carpeted throughout with new flooring to the Bathroom also.

The property offers very well proportioned accommodation with 3 double bedrooms, separate dining room, utility room, generous bathroom and additional shower room.

The rear garden is flat, fully enclosed and easy to maintain. We believe this property also offers scope for a side

extension subject to the necessary consents.

We would advise early viewing on this fantastic property which is within walking distance of the Town Centre and Seafront. Please call Fortnam Smith and Banwell, Seaton on 01297 23939 to arrange a viewing.

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### Kilminster, Axminster

A well presented three bedroom cottage situated in the sought after village of Kilminster. Lounge with log burner, office/utility and cloaks, conservatory. Off road parking and garage and enclosed garden. Offered Fully furnished for a winter let, Pets and children considered. Available immediately. EPC TBA.

**Web Ref: AXM150362**

**£850 pcm**

**Axminster 01297 32879**



### Axminster £1,100 pcm

A substantial detached five bedroom traditional Devon Longhouse with heaps of character, with three reception rooms and master bedroom with en-suite. Gardens front and rear ample parking and storage. Pets and children considered. EPC Rating E.

**Web Ref: AXL080027**

**Axminster 01297 32879**



### Lyme Regis £895 pcm

A superbly built modern, detached, 3 bedroom property in this popular residential area. Comprising lounge, kitchen/diner, WC, garage, master with en-suite, 3 parking spaces, no garden. gas central heating. Pets and children considered. EPC rated C.

**Web Ref: ACC110179**

**Axminster 01297 32879**



### Axmouth, Seaton £650 pcm

A two bedroom end of terrace situated in the quiet village location of Axmouth. Benefits from off road parking, front and rear gardens. Pets and children considered. EPC rating E.

**Web Ref: AXL090042**

**Axminster 01297 32879**



### Axminster £650 pcm

A two bedroom semi-detached bungalow situated in a quiet cul-de-sac on the outskirts of Axminster. Enclosed rear garden, garage and off road parking. Pets and children considered. EPC rating E.

**Web Ref: AXM130027**

**Axminster 01297 32879**



### Lyme Regis £1,100 pcm

stunning penthouse apartment with 3 double bedrooms, overlooking the glorious bay of Lyme Regis. Extremely large rooms, private complex with electric gates. Offered fully furnished. Small pets and children considered. EPC rating C.

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# Property Of The Week

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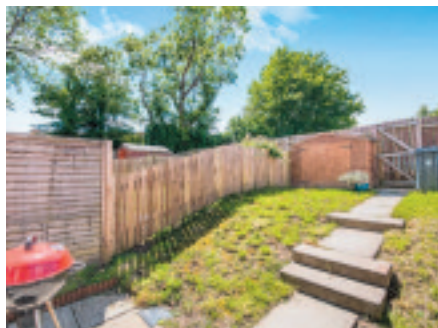
## TWO BEDROOM HOME, IN AXMINSTER - £72,500 FOR A 50% SHARE

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- ◆ Fitted Kitchen
- ◆ Cloakroom
- ◆ Enclosed Rear Garden
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- ◆ Local Connection Required

Tenure: Leasehold EPC rating: B



A MOST appealing and impressive four bedroom family home located in one of Seaton's premier Roads close to the town centre amenities and beach. Constructed by Norland Homes in 2000, with part brick and part rendered elevations under a tiled roof, the property has been constructed to a high standard and has the usual attributes of double glazing and gas fired central heating. The spacious and flexible accommodation includes a good sized entrance hall with cloakroom, through living room with open fireplace, separate dining room, study, excellent kitchen/breakfast room and utility room on the ground floor. The first floor comprises four double bedrooms all with built-in wardrobes, master en-suite and a family bathroom. Outside are landscaped gardens and grounds, attractive coastal and sea

## FOUR BEDROOM FAMILY HOME, IN SEATON - £475,000



views, a double garage and additional parking. EPC rating D. For more information or to view this property please contact John Wood & Co on 01297 20290 or visit our website [www.johnwood.co.uk](http://www.johnwood.co.uk).



## TWO BEDROOM SPACIOUS CHARACTER COTTAGE, IN KILMINGTON - £695 PCM

HARRIS Lets is pleased to offer this wonderful two bedroom spacious character cottage with original features in the delightful village of Kilmington. The property offers carpets and curtains throughout. NSH and Parking. Listed building no EPC required.

On the ground floor there is a fully fitted kitchen which includes a working Rayburn oven. The spectacular lounge has an inglenook fireplace, beamed ceiling and double aspect windows with views over the garden. There is also a small cloakroom on this floor.

Upstairs there are two large double bedrooms with double aspect windows which have views across the pretty garden and a tiled family bathroom.

Outside there is beautiful well maintained garden and parking.

This property is £695 per calendar month. If you would like more information or would like to arrange a viewing, please call Harris Lets on 01297 22101.



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#### SEATON £595 PCM

Half price application fee. An immaculate, spacious 2 bedroom ground floor apartment. Well appointed modern fitted kitchen. Fully tiled walk in shower room with large shower cubicle. Lounge with double aspect windows. Gas C/H. D/gazed. Parking. EPC rating C.



#### Axminster £495 PCM

A 1st floor 2 bedroom apartment in the town centre. Lounge with double aspect windows. Fitted kitchen. Bathroom with separate shower. Gas C/H. D/gazed. EPC rating B.



#### AXMINSTER £1,250 PCM

A stunning 3 bedroom house. Large fitted kitchen. 2 Large reception rooms. Conservatory. Bathroom with shower over bath. Grade II listed property no EPC required.



#### BEER £825 PCM

A super 3 bedroom 1930's semi detached family home. Lounge with wood burner. Modern fitted kitchen with appliances. Enclosed rear garden. Gas C/H. D/gazed. Parking. EPC rating D.



#### Seaton £500 PCM

A spacious 2 bedroom 2nd floor apartment in the town centre. Large lounge. Fitted kitchen. Bathroom. NSH. D/gazed. Regret no pets. EPC rating E.



#### AXMINSTER £495 PCM

A 2 bedroom 1st floor apartment for the over 60's. Entrance hall. Lounge with feature fireplace. Fitted kitchen. Bathroom with shower over bath. Electric heating. D/gazed. Communal gardens. Regret no pets. EPC rating C.



#### Seaton £480 PCM

A 1 bedroom first floor apartment. Lounge with bay window and stunning sea views. Fitted kitchen. Shower room. NSH. Parking. Regret no children or pets. EPC pending.



#### COLYTON £625 PCM

A two bedroom semi detached character cottage. Fitted kitchen. Dining room. Tiled bathroom. Enclosed patio. D/gazed. Gas C/H. Roadside parking. EPC rating D.



#### AXMINSTER £395 PCM

A 1 bedroom first floor flat. Open plan lounge. Fitted kitchen area. Shower room. D/gazed. Electric heating. Water included in rent. Regret no pets. EPC rating C.



#### KILMINGTON £695 PCM

A delightful 2 bedroom character cottage with original features. Inglenook fireplace. Fitted kitchen. With Rayburn. Lovely garden. NSH. Parking. Listed Building. No EPC required.

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## SEATON £725 PCM



4 BEDROOM TERRACED HOUSE, LOUNGE, KITCHEN, MASTER BEDROOM WITH EN-SUITE, 3 FURTHER BEDROOMS, BATHROOM, SMALL GARDEN TO FRONT AND ENCLOSED REAR GARDEN WITH GARDEN POND. PERMIT PARKING. EPC RATING C.

## LET CHARMOUTH £695 PCM



SPACIOUS 2 BEDROOM FIRST FLOOR APARTMENT IN A BEAUTIFUL LOCATION WITH SEA VIEWS FROM LOUNGE. CONSISTS OF LOUNGE WITH FEATURE FIREPLACE, KITCHEN WITH ELECTRIC OVEN AND HOB, FRIDGE AND FREEZER, WASHING MACHINE, LARGE DINING ROOM, LARGE DOUBLE BEDROOM AND ATTIC BEDROOM, BATHROOM, PARKING. EPC RATING G.

## LSTR CHARMOUTH £695 PCM



SPACIOUS TWO BEDROOM APARTMENT IN PURPOSE BUILT BLOCK WITH SEA VIEWS FROM LOUNGE, LARGE LOUNGE/DINER WITH DOOR TO PATIO, FITTED KITCHEN WITH INTEGRATED FRIDGE/FREEZER, GAS HOB AND ELECTRIC OVEN, TWO DOUBLE BEDROOMS, BOTH WITH FITTED WARDROBES, BATHROOM AND SEPARATE CLOAKROOM, GFCH. GARAGE. EPC RATING D

## LET SEATON £450 PCM



NEWLY REFURBISHED ONE BEDROOM FIRST FLOOR APARTMENT WITH VIEWS OVER THE ESTUARY, LOUNGE, KITCHEN, BATHROOM, NSH. CLOSE TO BEACH AND TOWN, REGRET NO CHILDREN OR PETS. EPC RATING D.

## BRANSCOMBE £650 PCM



A TWO BEDROOM UNFURNISHED MID-TERRACED COTTAGE IN THE PICTURESQUE VILLAGE OF BRANSCOMBE, OPEN PLAN LOUNGE/KITCHEN, WOOD BURNER IN LOUNGE, 2 BEDROOMS, BATHROOM WITH FITTED SHOWER OVER BATH, SMALL GARDEN TO REAR. EPC RATING E.

## NEW CHARMOUTH £1,100 PCM



A VERY WELL PRESENTED, SPACIOUS, THREE BEDROOM DETACHED BUNGALOW WITH AMAZING SEA VIEWS. THIS PROPERTY IS OFFERED FURNISHED, GCH. GARAGE AND PARKING FOR SEVERAL CARS. EPC RATING: D

## SEATON £410 PCM



1 BEDROOM TOP FLOOR APARTMENT IN TOWN CENTRE LOCATION, GALLEY KITCHEN WITH WASHING MACHINE, COMBI-MICROWAVE AND FRIDGE, BATHROOM WITH BATH, ELECTRIC WALL HEATERS, PARTIALLY DOUBLE GLAZED. EPC RATING C.

## NEW CHARMOUTH £795 PCM



TERRACED, THREE BEDROOM HOUSE THAT HAS BEEN NEWLY DECORATED AND RECARPETED. THIS PROPERTY IS OFFERED UNFURNISHED. THE PROPERTY CONSISTS OF TWO TO THREE BEDROOMS, SHOWER ROOM, BATHROOM, LOUNGE AND FITTED KITCHEN. GCH. PARKING SPACE. ENCLOSED COURTYARD GARDEN. EPC RATING: D

## NEW SEATON £825 PCM



3 BEDROOM COTTAGE, FULLY FITTED KITCHEN, GAS HOB, ELECTRIC OVEN, DISHWASHER, FRIDGE/FREEZER, UTILITY AREA, BATHROOM WITH HAND HELD SHOWER, SECOND BATHROOM WITH SHOWER OVER, COURTYARD GARDEN, GARAGE, PARKING AT FRONT AND REAR. EPC RATING C.

## BEER £695 PCM



A CHARMING THREE BEDROOM TERRACE HOUSE SET IN POPULAR COASTAL VILLAGE OF BEER. THE UNFURNISHED PROPERTY CONSISTS OF: LOUNGE WITH WINDOW SEAT AND FEATURE FIREPLACE, DINING ROOM WITH OPEN FIRE PLACE, TWO DOUBLE BEDROOMS, ONE SINGLE BEDROOM, DOWNSTAIRS BATHROOM, COURTYARD GARDEN WITH SHED HOUSING ADDITIONAL PLUMBING FOR WASHING MACHINE. PARKING PERMIT. EPC RATING: D



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Membury

£700 pcm



NEW



A four bedroom detached house set in the beautiful village of Membury. Accommodation comprises: Lounge with wood burner, dining room with open fire, country style kitchen, downstairs bathroom and four bedrooms. Outside you have off road parking and garden. Available now. EPC rating F. Short Term let only. Honiton office 01404 46222

Honiton

£525 pcm



A deceptively impressive and well appointed 2nd floor apartment offering comfortable living space and displaying pleasant views across the town and open countryside beyond. Accommodation includes hallway with walk in storage cupboard, bathroom with contemporary suite, double bedroom, smaller bedroom, lounge and kitchen. Available September. EPC rating C. Honiton office 01404 46222

Yarcombe

£750 pcm



A charming, detached rural property, nestled into the side of the Yarty Valley. The property offers 1 1/2 bedrooms, private driveway parking & a good size enclosed garden. Oil fired central heating. UF. Available August 2014. Pet considered. Chard Office 01460 238388

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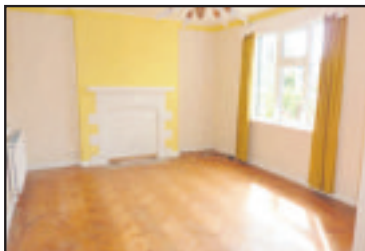
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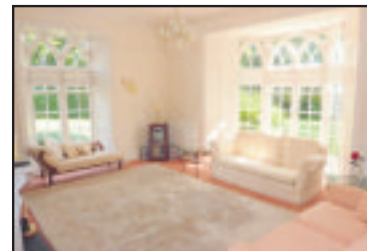
NEW

BEER £295,000



Delightful 3 bedroom end-of-terrace period property with private garden and outstanding views across the village. The property is within a short walk of the village centre and is offered with no onward chain. EPC rating D.

SEATON £650,000



A fine attached grade II listed substantial residence in a most enviable location. The property offers 4 bedrooms (2 ensembles), double garage, generous grounds and many period features. EPC rating E.

NEW PRICE

SEATON £159,950



Well presented, first floor, 2 bedroom apartment, situated in a quiet tucked away location within easy reach of the town centre and seafront. EPC rating D.

NEW

SEATON £150,000



Generous one bedroom apartment with sea views and front and rear courtyard, occupying the ground floor of this beautiful Victorian property which is within walking distance of the town centre and seafront. EPC rating F.

NEW PRICE

SEATON £178,000



2 bedroom first floor apartment with parking and outstanding views over the Axe Estuary. Built in 2006 by Midas homes to a very high standard, Conveniently situated within a short stroll of the Town Centre and Beach. EPC Rating C.

SEATON HOLE £195,000



Ground floor, 2 bedroom, upgraded apartment set in this attractive, detached period property set in picturesque grounds of approximately 1 acre with sweeping lawns and stream running through. EPC Rating F.



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COLYTON £299,950



Well presented, 4 Bedroom Detached House set in an elevated position in a quiet cul-de-sac with distant countryside views. Double garage with ample parking. EPC Rating D.

NEW PRICE

SEATON £270,000



3 bedroom detached bungalow with 2 reception rooms and garage in a most sought after location on the Western side of Seaton. EPC rating E.

NEW PRICE

BEER £389,000



Delightful, well presented, semi-detached 3 bedroom cottage in a central position in the picturesque fishing village of Beer with sunny terraced garden, parking and garage. EPC rating E.

NEW PRICE

SEATON £285,000



Substantial, period 3 bed semi-detached house with level garden, garage and parking within walking distance of the Town Centre and Seafront. Located in an elevated position enjoying fabulous far-reaching views. EPC rating F.

NEW PRICE

COLYTON £205,000



A three bedroom semi-detached property with garage and courtyard-style gardens situated in the sought after town of Colyton. This property would be an ideal first time buy or investment property. EPC rating D.



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NEW PRICE

**Colyton, Detached three Bedroom House. £379,950**  
A beautifully presented detached three bedroom modern cottage style home located at the heart of Colyton with a stunning terrace landscaped garden to the rear. Parking. EPC rating D.



NEW

## Attractive, Three Bedroom Detached House. £325,000

An attractive three bedroom detached house located on the outskirts of Colyton benefiting from stunning views over the Town and over the field and hills of the Umborne Valley. Good sized gardens amounting to a quarter of an acre, two garages and outbuildings. EPC rating TBC.



**Seaton, Stylish Family Town House. £390,000**  
A superb and beautifully presented 4 bedroom town house located at the end of a quiet cul-de-sac and only a short distance from the town centre and beach. uPVC DG. Gas CH. Garden. Garage. EPC rating B.



## Beer, Chalet Style Home. £400,000

An attractive three bedroom chalet style home in an elevated position with outstanding panoramic views over the village, Heritage Coast and Lyme Bay. Gardens. Garage and parking. EPC rating F.



NEW

## Seaton, Detached Three Bedroom Bungalow £265,000

A beautifully presented three bedroom detached bungalow located in a convenient level position for the town centre and beach. Landscaped rear gardens, garage and parking. EPC rating D.



## Seaton, Charming Two Bedroom Home. £179,950

A charming and beautifully presented two bedroom semi detached home with the advantage of a courtyard garden and resident street parking. EPC rating D.



## Seaton, Detached 4/5 Bedroom Bungalow. £420,000

An exceptional spacious bungalow with sea views in one of the premier roads in Seaton offering up to 5 bedrooms and integral annexe potential. Landscaped gardens. Double garage. EPC rating D.



NEW

## Seaton, Attractive Detached Two Bedroom Bungalow. £225,000

An attractive detached two bedroom bungalow located in a quiet position. Attached garage and rear gardens backing onto open fields. Views. EPC rating D.



## Seaton, Appealing Five Bedroom Family House. £450,000

A most appealing five bedroom family house with exceptionally spacious and flexible accommodation. Gardens, workshop and extensive parking. EPC rating D.



## Colyton, Three Bedroom Character Cottage. £205,950

A delightful three bedroom detached period cottage located in the centre of Colyton with gas fired central heating, the majority of the windows double glazed and has a number of character features. Courtyard garden. EPC rating E.



## Colyton, Delightful Two Bedroom Cottage. £199,950

An attractive Grade II listed period cottage standing on a corner site in the heart of the town and exhibiting a number of character features. Outside is a sunny courtyard and there is an integral garage.



## Seaton, Attractive Two Bedroom Home. £157,500

An attractive mid terraced house in a convenient level location for the town centre and beach with an enclosed garden and 2 parking spaces. Ideal starter home or investment purchase. uPVC DG. Gas CH. EPC rating D.



## Beer, Ground Floor Retirement Apartment. £107,500

A one bedroom ground floor retirement apartment for the over 55's located in the heart of Beer and only a very short distance from the village amenities and beach. Communal parking. EPC rating C.

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### THE CRICKETERS



**JUST LISTED**  
A brick built semi-detached 2 Bedroom house in need of updating. Ample parking with driveway along side, gas central heating and double glazed. Accommodation comprises: hall, kitchen, living room, conservatory, and two bedrooms, bathroom. EPC TBC. £139,950

### ST GEORGES



**JUST LISTED**  
This attractive development of apartments is situated around communal courtyards in the town centre. Offered for sale or rental this one bedroom apartment is ideal for the first time or investments buyer. The accommodation comprises communal entrance hall leading to front door, entrance hall, one bedroom, lounge, kitchen and bathroom. EPC rating C. £104,950

### PURZEBROOK CLOSE



This modern first floor apartment, a short walk from town centre offers. Two bedrooms, bathroom, living room, kitchen. Gas central heating. Own parking space. Viewing essential. EPC rating C. £109,950

### MINSTER COURT



A two bedroom retirement apartment enjoying far reaching countryside views from the first floor balcony and benefiting from a town centre location. Accommodation comprises: Entrance Hall, two double Bedrooms, Bathroom, Lounge with full size balcony enjoying far reaching countryside views, Kitchen, Communal Gardens. EPC rating C. £172,950

### LORETTO ROAD



Built in 2007 this immaculately presented three bedroomed end terrace house in a popular residential location within close proximity to the town and amenities. Offering gas central heating upvc double glazing and off street parking for two cars. Viewing is highly recommended. Spacious accommodation comprises entrance hall, cloakroom, lounge, dining room, fitted kitchen, utility, bathroom, three good sized bedrooms, parking and private gardens. edcc restriction. OIRO £192,500

### PRIMROSE COTTAGE



This most attractive double fronted character cottage enjoys a delightful south facing private rear garden. The delightful accommodation features an inglenook fireplace with fitted woodburner, benefitting from gas fired central heating and double glazing comprises entrance vestibule, open planned lounge diner with built-in window seat, modern fitted kitchen, two good sized bedrooms, spacious upstairs bathroom, rented parking space available. Viewing highly recommended EPC rating C. £173,000

### DUKES WAY



**RECOMMENDED**  
A beautiful 3 bedroom house with allocated parking space, south facing and low maintenance patio garden. Accommodation comprises: entrance hall, large cloakroom, living room with bay window and patio doors to rear garden, lovely kitchen with dining area, 3 bedrooms, family shower room, parking, delightful south facing patio garden. EPC rating C. £217,000

### FOSSEWAY CLOSE



**NO CHAIN**  
An extended detached 3 bedroom bungalow, enjoying a private corner plot garden and within easy walking distance of the town and all amenities. Accommodation comprises: entrance hall, dual aspect living / dining room, kitchen, utility area, conservatory, inner hall, master bedroom with large en-suite, 2 further bedrooms, wet room, gardens, driveway & garage. EPC rating D. £269,950

### PIG LANE



This deceptively spacious ground floor flat is offered for sale with the benefit of gas fired central heating, parking area available and is located in this quiet town centre position. Offering two double bedrooms with en-suite shower room it would be ideal for an investment or first time buyer. The accommodation comprises entrance hall with large cloaks cupboard, living room, fitted kitchen, two double bedrooms, en-suite shower room, bathroom, outside storage shed and small patio area to the front. EPC rating C. £105,000

### SILVER STREET



**NO CHAIN**  
A pretty round fronted town centre cottage with gas central heating. Accommodation comprises entrance lobby, cloakroom, living room with dining area, kitchen, 2 bedrooms and bathroom on the first floor with the master bedroom on the second floor. Courtyard garden to the rear. EPC rating D. £189,950

### MONKSTONE GARDENS



This attractive brick built detached bungalow offers it all. Small level cul-de-sac location situated close to the town centre, well planned spacious 3 bedroom design, ample parking, double garage, GCH, replacement double glazing, level private gardens. Comprises entrance hall, cloaks cupboards, lounge/dining room, fitted kitchen/breakfast room, utility room, 3 bedrooms with extensive built in wardrobes, conservatory, on suite shower room, family bathroom. Viewing highly recommended. EPC rating D. £325,000

### ST ANDREWS DRIVE



Three bedroom end terraced house with building plot with outline planning permission for separate dwelling on the corner plot granted under planning permission 15/0048/OUT. The original house is in need of modernisation and offers a south facing rear garden, hallway, living room, spacious kitchen/diner, utility and cloakroom, 3 double bedrooms and bathroom. EDDC restriction applies. EPC rating E. £190,000



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**SEATON** **£325,000**

A unique property in the coastal town of Seaton. Featuring well proportioned primary accommodation combined with ample parking, this very well presented home comes with the added benefit of a new and fully self contained annexe. Tenure: Freehold EPC: Awaited



**AXMINSTER** **£379,950**

A superbly presented three bedroom bungalow conveniently situated close to the facilities on offer in the market town of Axminster. Offering good size accommodation, double garage, parking and well-tended landscaped gardens, this home demands viewing to be fully appreciated. Tenure: Freehold EPC rating: C



**AXMINSTER** **£174,950**

A two bedroom luxury McCarthy & Stone retirement apartment located in the market town of Axminster. Situated on the first floor, with carline facilities if required, lift and communal residents lounge. An ideal purchase for independent living with peace of mind, care, and security. Tenure: Leasehold, EPC rating: C



**AXMINSTER** **£169,950**

A mid terraced home offering well-proportioned accommodation. Positioned in a popular area to the south of the market town of Axminster, this home would make an ideal purchase for buyers with a growing family, who are seeking a larger property. Tenure: Freehold. EPC Rating D



**AXMINSTER** **£169,950**

A well presented mid terraced house in a convenient location close to the facilities on offer in the market town of Axminster. Accommodation comprises briefly of a lounge, kitchen, utility room, conservatory, three bedrooms and a bathroom. A well maintained garden lies beyond the property. Local restriction applies. Tenure: Freehold EPC: D



**AXMINSTER** **£385,000**

A detached home, which is situated in a popular location on the southern edge of the market town of Axminster. This thoughtfully extended property offers well proportioned accommodation, which would be ideal for a growing family. Worthy of note is the large kitchen, which offers additional dining space and a social hub for the family. Tenure: Freehold EPC: Awaited



**AXMINSTER** **£139,950**

A well maintained, secure two bedroom ground floor apartment which has the benefit of it's own sun terrace and parking. The fitted kitchen includes integral fridge freezer, washing machine, oven and hob. Located just off West Street it is close to all the amenities that Axminster has to offer! Tenure: Leasehold. EPC: D



**UPLYME** **£350,000**

A well proportioned property which is located in the coastal resort of Lyme Regis. The primary accommodation is of good proportion, and benefits from a useful hobbies/study room set off from the landing and above the sunroom. Outside, there are gardens to the rear and side, as well as an allocated parking space. Tenure: Freehold. EPC: D



**WHITCHURCH CANONICORUM** **£425,000**

An attractive and immaculately presented two bedroom bungalow, offering versatile accommodation and benefiting from ample off road parking, garage and beautiful landscaped front and rear gardens, situated in an idyllic village location. Tenure: Freehold. EPC: F



**CHARDSTOCK** **£265,000**

A four bedroom end terrace cottage situated in the popular village of Chardstock which is located on the edge of the Blackdown Hills. Ideal as either a holiday, investment or permanent family home. The property benefits from double glazing and central heating. Tenure: Freehold. EPC: Awaited



**AXMINSTER** **£152,500**

An extremely well presented mid terrace property, which has undergone substantive renovation. The cottage is positioned on the southern side of Axminster, and is well positioned to take advantage of the facilities on offer within the town. Tenure: Freehold. EPC: C



**AXMINSTER** **£157,500**

A two bedroom family home which has been tastefully upgraded, now offering well-proportioned accommodation. Further benefiting gardens to the front and rear and no onward chain, EDDC restriction applies. Tenure: Freehold. EPC: D



**AXMINSTER** **£145,000**

A three bedroom home located towards the southern side of Axminster. The Property benefits from gas central heating, double glazing and parking for 3 cars. Tenure: Freehold, EPC rating: D



**TYTHERLEIGH** **£500,000**

A substantial 1930's home with well proportioned accommodation throughout, this wonderful family home offers stunning country views to the rear aspect, ample parking and the added benefit of no onward chain. Tenure: Freehold, EPC rating: C



**AXMINSTER** **£89,000**

A two bedroom first floor apartment located on the eastern side of Axminster. The property comes to the market with the benefit of double glazing, door entry system, emergency careline system, communal gardens and part time house manager. This property is subject to a minimum age requirement. Tenure: Leasehold. EPC: C



**COLYTON** **£215,000**

Coming to the market for the first time this well loved, three bedroom semi-detached, double fronted family home located on the edge of this favoured small East Devon town. This property is subject to an East Devon District Council housing restriction.. Tenure : Freehold. EPC Rating D



**AXMINSTER** **£129,950**

A charming cottage which would make an ideal first time buyer property or alternatively suit purchasers seeking a second home. Tenure: Freehold EPC: E



**AXMINSTER** **£450,000**

This historic former mill is situated on the northern edge of the market town of Axminster, and now offers spacious and stylish accommodation over 4 floors. The property has been well maintained and refurbished by the current owners, and now comes to the market with the added benefit of no onward chain. Tenure: Freehold EPC: Exempt



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NEW

**BROADWAY | £490,000**

**A SUBSTANTIAL CHALET BUNGALOW**

Entrance Hall | Kitchen/Family Room | Conservatory/Garden Room |  
Office/Study | Utility Room | Cloakroom | Sitting Room | Kitchen Two | Study  
| Bathroom | Master Bedroom with En-Suite | Five Further Bedrooms |  
Family Bathroom | OFCH | Triple Carport | Gardens Approx 0.6 of an acre

**CREWKERNE | £132,500**

**CHARACTER COTTAGE WITH  
WORKSHOP**

Sitting Room | Kitchen | Dining Room |  
Two Double Bedrooms | Bathroom |  
Private Garden | Workshop



**CREWKERNE | £160,000**

**END TERRACE HOUSE**

Inner Hall | Sitting Room | Kitchen/Dining  
Room | Three Bedrooms |  
Bathroom | Garden |  
No Chain



NEW

**ILMINSTER | £179,000**

**BEAUTIFULLY PRESENTED COTTAGE**

Entrance Hall | Sitting Room |  
Kitchen/Breakfast Room | Stairs/  
Landing | Three Bedrooms | Bathroom |  
Rear Garden | No Onward Chain



**ILMINSTER | £180,000**

**A WELL APPOINTED MID-TERRACE**

Kitchen with Dining Area | Sitting Room | Stairs/Landing | Master Bedroom | En-Suite  
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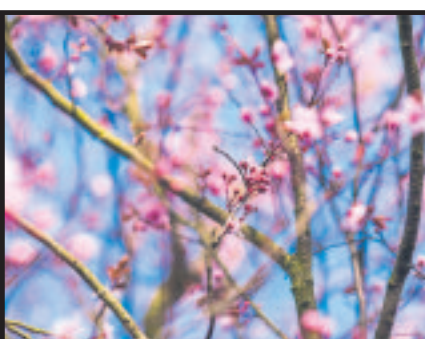
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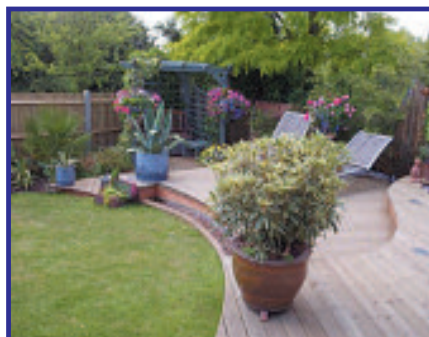


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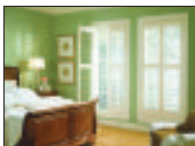
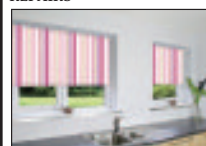
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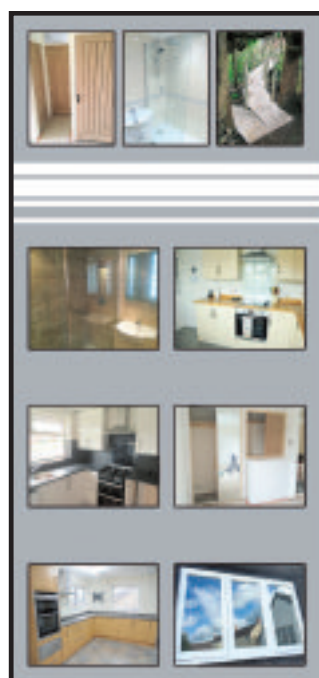
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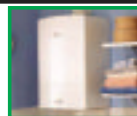
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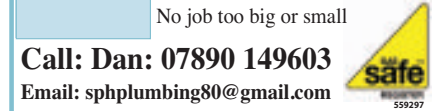
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## All-new Astra in Vauxhall showrooms from October



▲ Vauxhall's All-new Brit-built Astra

THE new Astra is now on sale, with first cars arriving in Vauxhall showrooms this October after its global debut at the Frankfurt Motor Show.

One of the UK's top-selling and best-loved cars, Astra is a household name for British car buyers with almost three million sold in the UK over the last 36 years, including 50,000 in the last 12 months. More than 25 per cent of British motorists have either owned or driven an Astra, so reaction to a new model will always be felt across the market.

New Astra is based on an all-new lightweight vehicle architecture with a

new design, powertrains and technology, the Astra is built at Vauxhall's Ellesmere Port manufacturing plant in Cheshire. It is the lead plant for the new model.

Accounting for 12 per cent of C-Segment sales, key rivals in this fiercely competitive sector include the Ford Focus and the Volkswagen Golf. The Astra has a very diverse customer profile appealing to people from all areas of society, male and female, young and old. The retail/fleet split is 70:30 in favour of company car drivers and fleet decision-makers.

Depending on the model and trim level it is up to 200kg lighter than its predecessor. The completely new vehicle architecture plays a major role in the weight reduction. Every component was checked for compact design and lightweight materials. The body shell weight alone was reduced by 20 per cent from 357kg to 280kg.

Additional, chassis-related measures resulted in a further 50kg weight loss. These include high-strength and ultra-high-strength low-weight steels, compact subframes as well as weight reductions to the front and rear axle.

The powertrain portfolio features petrol and diesel units ranging from 100PS to 200PS, including an all-new 1.4-litre (150PS) ECOTEC Direct Injection Turbo and the recently-launched 1.6-litre CDTi Whisper Diesel.

New Astra is also the first Vauxhall to feature OnStar, the ground-breaking connectivity technology now available across Europe. OnStar includes high-speed 4G LTE mobile network, emergency response notification and stolen vehicle recovery alert.

Astra is also one of the first vehicles from a mainstream manufacturer to get Apple CarPlay and Android Auto, available through a new version of the IntelliLink infotainment system.

"The all-new Brit-built Astra raises the bar in terms of quality, design and con-

nectivity," said Tim Tozer, Vauxhall's Chairman and Managing Director. "Lighter than ever before, with new powertrains and cutting-edge technology, the new Astra is set to shake up the C-segment when it arrives in showrooms this autumn."



▲ Vauxhall's All-new Brit-built Astra

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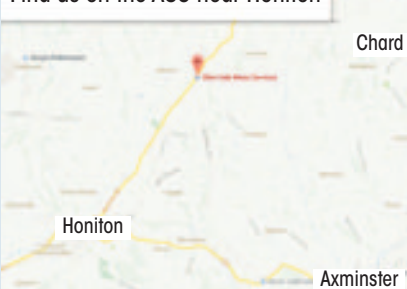
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**2004/54 CHRYSLER GRAND VOYAGER 2.8 CRD LX 5 DOOR MPV**, Automatic, Diesel, Silver, 109,000 Miles. 13 Months Warranty, 2 Previous Owners, Full MOT, Warranted Mileage, Air-Conditioning, Climate Control, Cruise Control, Alarm, Alloy Wheels .....**£2,495**



**2007/57 BMW 325 3.0 SE TOURING 5 DOOR ESTATE**, Automatic, Diesel, Black, 57,000 Miles. 13 Months Warranty, Full Service On Sale, 2 Previous Owners, Superb Example, Full MOT, Warranted Mileage, Air-Conditioning, Cruise Control, Parking Aid .....**£8,995**



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**2006/06 AUDI A4 AVANT 1.9 TDI SE 5 DOOR ESTATE**, Manual, Diesel, Silver, 98,000 Miles. 13 Months Warranty, Good Service History, 2 Previous Owners, Full MOT, Warranted Mileage, Climate Control, Cruise Control, Alarm, Alloy Wheels .....**£4,995**



**2005/05 BMW 320D SE TOURING 5 DOOR ESTATE**, Manual, Diesel, Black, 93,000 Miles. 13 Months Warranty, 2 Previous Owners, Good Service History, Full MOT, Warranted Mileage, Air-Conditioning, Parking Aid (Rear), Alarm, Alloy Wheels (16in), Computer, Electric Windows .....**£4,999**



**2004/04 PEUGEOT 206 SW 1.4 8V S% DOOR ESTATE**, Manual, Petrol, Grey, 77,000 Miles. 13 Months Warranty, Good Service History, Full MOT, Warranted Mileage, Air-Conditioning, Alloy Wheels (14in), Electric Windows .....**£1,895**



**2007/07 FORD TRANSIT CONNECT 1.8 TDCi T230 LWB PANEL VAN**, Manual, Diesel, White, 86,000 Miles. 13 Months Warranty, Full MOT, Warranted Mileage, Part Service History, In Car Entertainment, Computer, Ply Bulkhead, Ply-lined, Remote central locking .....**£3,995 NO VAT**

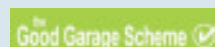


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Manual, Petrol, Silver Metallic with Black Cloth Interior, 23,000 Miles, WJ13 VPC ..... <b>£5,495</b>	Automatic/DSG, Diesel, Black Metallic with Black Cloth Interior, 44,000 Miles, CC, FD59 HTC ..... <b>£8,995</b>	Manual, Petrol, Space Panther Black Metallic with Black Cloth Interior, 9,400 Miles, WG63 UHC ..... <b>£9,995</b>	Manual, Diesel, Black Metallic with Black Cloth Interior, 13,000 Miles, WY62 UWZ ..... <b>£11,995</b>	Manual, Diesel, Rich Oak Metallic with Black Cloth Interior, 5,000 Miles, RPA, KR63 PFE ..... <b>£12,495</b>	Manual, Diesel, Amber Red Metallic with Black Leather Interior, 26,000 Miles, YL61 NAA ..... <b>£12,995</b>

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PEUGEOT 107 5 DOOR 1.0 12V ACTIVE .....	PETROL	LASER RED .....	11,000 MILES	HG62 GMO .....	£4,995
PEUGEOT 308 5 DOOR 1.6 VTI 120 SPORT .....	PETROL	AEGERIAN BLUE METALLIC .....	31,000 MILES	WN11 XPP .....	£5,795
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PEUGEOT 308 5 DOOR 1.6 VTI 120 ACCESS .....	PETROL	EGYPTIAN BLUE METALLIC .....	35,000 MILES	WF62 EEZ .....	£5,995
MAZDA MX-5 2.0 2-DOOR CONVERTIBLE .....	PETROL	RED METALLIC .....	30,000 MILES	WJ09 LBN .....	£8,495
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PEUGEOT 208 5 DOOR 1.2 VTI 82 ACTIVE .....	PETROL	VIRTUAL BLUE METALLIC .....	9,048 MILES .....	YV14 EYP .....	£8,995
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PEUGEOT 208 5 DOOR 1.2 E-VTI 82 ALLURE .....	PETROL	ROSE QUARTZ METALLIC .....	14,000 MILES .....	WF63 WGE .....	£8,995
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PEUGEOT 108 5 DOOR 1.0 ACTIVE TOP! .....	PETROL	TAHOE BLUE METALLIC .....	20 MILES .....	WL15 FMO .....	£9,995
PEUGEOT 208 5 DOOR 1.6 VTI 120 ALLURE .....	PETROL	MORELLO BLUE METALLIC .....	10,000 MILES .....	DX14 ZZT .....	£9,995
PEUGEOT 308 SW 1.6 E-HDI ACTIVE .....	DIESEL	ALUMINIUM METALLIC .....	12,000 MILES .....	GV12 KFW .....	£9,995
PEUGEOT 308 SW 1.6 E-HDI 115 ACCESS .....	DIESEL	NERA BLACK METALLIC .....	15,000 MILES .....	FL14 RBO .....	£10,695
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PEUGEOT EXPERT 2.0 HDI 130 PROFESSIONAL L1 H1 PANEL VAN (2) .....	DIESEL	BIANCA WHITE .....	50 MILES .....	KK15 DVR .....	£11,800 EX VAT
PEUGEOT 2008 CROSSOVER 1.4 HDI (70BHP) ACTIVE .....	DIESEL	NERA BLACK METALLIC .....	9,000 MILES .....	KR64 VZX .....	£11,995
PEUGEOT 308 5 DOOR 1.6 E-HDI 115 ACTIVE .....	DIESEL	BIANCA WHITE .....	14,000 MILES .....	WU64 HVJ .....	£11,995
PEUGEOT 2008 CROSSOVER 1.6 E-HDI (92BHP) ALLURE (S/S) .....	DIESEL	CUMULIS GREY METALLIC .....	10,737 MILES .....	WD14 BZT .....	£12,995
PEUGEOT 2008 CROSSOVER 1.6 E-HDI (92BHP) ALLURE (S/S) .....	DIESEL	BIANCA WHITE .....	11,000 MILES .....	KV64 XPD .....	£12,995
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PEUGEOT 208 3 DOOR 1.6 THP 200 GTI PRESTIGE .....	PETROL	RIOJA RED METALLIC .....	6,000 MILES .....	KO14 JXL .....	£13,995
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Official Fuel Consumption in MPG (1/100km) and CO<sub>2</sub> emissions (g/km) for the 108 range are: Urban 52.3 – 56.5 (5.4 – 5.0), Extra Urban 74.3 – 78.5 (3.8 – 3.6), Combined 65.7 – 68.9 (4.3 – 4.1) and CO<sub>2</sub> 99 – 95 (g/km). For the 2008 range are: Urban 32.1 – 68.9 (8.8 – 4.1), Extra Urban 54.3 – 85.6 (5.2 – 3.3), Combined 43.5 – 78.5 (6.5 – 3.6) and CO<sub>2</sub> 150 – 95 (g/km). For the 308 range are: Urban 38.2 – 80.7 (7.4 – 3.5), Extra Urban 61.4 – 97.4 (4.6 – 2.9), Combined 50.4 – 91.1 (5.6 – 3.1) and CO<sub>2</sub> 130 – 82 (g/km).  
MPG figures are achieved under official EU test conditions, intended as a guide for comparative purposes only, and may not reflect actual on-the-road driving conditions. Terms and conditions apply, participating dealers only or visit [www.peugeot.co.uk](http://www.peugeot.co.uk). To finance your lease we may introduce you to a limited number of lenders. #Passport Personal Lease: A guarantee may be required. Over 18s only. Truscotts Honiton is acting as a credit broker and is not a lender. Finance provided by and written quotations available from PSA Finance UK Ltd t/a Peugeot Financial Services, Quadrant House, Princess Way, Redhill, RH1 1QA. All offers available on qualifying vehicles ordered and registered between 01/07/15 and 30/09/15 or until such time as they may be withdrawn by Peugeot at its complete discretion. 108 Active 3dr 1.0 68, customer initial rental £1,408.32, optional final rental £5,129. 2008 Active PureTech 1.2 VTI including metallic paint, includes £700 initial rental contribution, customer initial rental £2,500, optional final rental £6,887. 308 Active 1.2 L PureTech 110 S 6 S including metallic paint, includes £700 initial rental contribution on petrol models only, customer initial rental £2,699.95, optional final rental £7,054. 35 monthly rentals payable, 6,000 miles per annum. Excess mileage charges may apply. If you choose to pay the optional final rental, you can pay an annual rental equivalent to one of your monthly rentals but will not own the car. Ownership is possible with Passport – ask us for details. Calls may be recorded for training purposes. Information correct at time of going to press. <sup>A</sup>Three years' free servicing offer is for 308 Hatch (excluding SW) models ordered between 1st July 2015 and 30th September 2015. Offers apply to qualifying retail customers only. Price includes VAT. Servicing offer is available in conjunction with all other consumer offers. Please speak to your local Peugeot Dealer for full details. Servicing element includes: scheduled servicing (including pollen filters) and brake & engine oil if replaced at the intervals stipulated by the Manufacturer, together with all associated labour costs. Wear parts are excluded. Expires at 36 months or 30,000 miles (whichever occurs sooner). Start date for Servicing is original date of vehicle registration. Full details of the terms and conditions will be supplied when placing the vehicle order. Details correct at time of going to print. Peugeot Motor Company PLC reserve the right to amend or withdraw this offer at any time.







# Major upgrades for entire Kia Cee'd family

KIA unveiled a major package of advancements to the entire European-designed, European-engineered and European-made Cee'd family. The revisions, which affect the five-door Cee'd, three-door pro\_Cee'd, spacious Cee'd Sports-wagon and sporty Cee'd GT and pro\_Cee'd GT, introduce new powertrains bringing major improvements in fuel consumption and emissions, modified chassis settings and styling and trim changes. There are also significant additions to electronic driver assistance features and connected car services.

First deliveries of the new Cee'd family will be arriving in UK dealerships on October 1, priced from £14,905 (Cee'd), £15,250 (pro\_Cee'd) and £16,750 (Sportswagon). The pro\_Cee'd GT is priced at £23,105 and the Cee'd GT at £23,605.

## New EcoTurbo petrol and CRDi diesel engines

The Cee'd family becomes the first range of models to be available with Kia's advanced new 1.0-litre ecoTurbo petrol engine as well as a new 1.6-litre CRDi diesel and seven-speed double-clutch (7-DCT) automatic gearbox.

The ecoTurbo engine was revealed at the 2015 Geneva Motor Show and are eventually destined to be used in a number of models. They are three-cylinder units featuring direct fuel injection and turbocharging. There are two versions, delivering 98 or 118bhp, for the Cee'd and pro\_Cee'd, while the Sportswagon is available with the higher-powered unit.

Both are 998cc engines developed in-house at Kia's Namyang research and development facil-

ity in Korea, and have been engineered to require 10 to 15 per cent less fuel than the 1.4-litre multi-point injection or 1.6-litre GDi units in other versions of the Cee'd family, with similar reductions in emissions. Depending on model, fuel economy is up to 57.6mpg, with CO2 emissions as low as 113g/km.

All three Cee'd body styles are also available with a new 1.6-litre CRDi turbodiesel engine. This has increased power – up from 126 to 134bhp – with greater torque of 280Nm in manual versions and 300Nm with the new 7-DCT gearbox. CO2 emissions are down by as much as 10g/km in manual versions and now start at

just 94g/km. However, the greatest gains are seen when the CRDi engine is paired with the 7-speed DCT gearbox. Compared with the previous model with a conventional six-speed automatic transmission, emissions tumble by almost 25 per cent, from 145g/km to 109.

The 7-speed DCT gearbox was also developed in-house at Namyang and, with a maximum torque capacity of 300Nm, will be used in a wide range of models within the next few years. It offers buyers the smoothness and comfort of an automatic with the sportiness of a manual when the driver wishes to take control of gear changes.



▲ Kia Cee'd

# GEM offers safety tips to help blue light vehicles

ROAD safety and breakdown organisation GEM Motoring Assist today renews its support for the work done by our emergency services, with a reminder for motorists on how to stay safe and legal when making room for a 'blue light vehicle'.

GEM has also published a short video clip showing exactly what NOT to do in front of an emergency vehicle.

The safety call comes ahead of this year's Emergency Services Show (22/23 September at the NEC).

GEM chief executive David Williams MBE comments: "Everyone wants to help clear the way for an emergency vehicle, but sometimes it can be difficult to understand the expectations of the emergency driver. "That's why we are issuing a set of simple tips that will hold good for just about any situation.

"Awareness and observation are the most useful skills when you're driving, as you will see and hear an emergency vehicle earlier, and will have more time to plan what – if anything – you need to do whilst staying safe and legal in the process.

"Often, all that's needed is a brief, considerate move to the left to give some extra space to the emergency vehicle. Just remember that you have

no exemptions to the law, so don't exceed speed limits, don't go through red traffic lights, don't use bus lanes and don't do anything dangerous in your attempt to help."

## What not to do

The short video clip was filmed from a Suffolk Police vehicle responding on blue lights to a road traffic collision near Ipswich. It perfectly illustrates the need for drivers to be calm and not to react suddenly.

Safety tips for drivers from GEM for assisting emergency vehicles:

Stay calm and avoid sudden braking. You're responsible for your own actions on the road, so whatever you do mustn't break the law or cause danger.

If you can, indicate left and pull over, keeping an eye out for pedestrians and cyclists. Avoid pulling over on the brow of a hill, a bend or on a narrow section of road.

Don't mount the kerb, as this could put pedestrians at risk and may cause damage to your vehicle.

GEM's 'Blue Light Aware' video is available at [www.bluelightaware.org.uk](http://www.bluelightaware.org.uk) and on YouTube.

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08 08 Hyundai Getz, Silver, Low miles, Sunroof, Perfect condition .....£3,495  
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# Local Sport – football round-up

## Tigers turn things around at Liverton

### South West Peninsula League

#### Division One East Liverton United 1 Axminster Town 4

ANOTHER away fixture quickly followed the game at Budleigh. This time we were at Liverton who are not enjoying their best start to a season.

We have always, in general, thought of matches in categories; those you should win, those you could win and those which you would need to be at your best to come away with anything.

The manager explained to the team that, if they were to move up the table and prove we are progressing, this was a game we should win. This is not designed to put pressure on players, but to make them aware of expectations and performance levels needed.

What a difference a few days makes! The first half needs to be consigned to the far reaches of our memories. Everything we did well in the previous game we did not do in the opening 45 minutes.

We didn't pass the ball, we were lacklustre in all areas of the pitch and in general looked a totally different team to that which had performed so well against Budleigh.

Half-time arrived with us deservedly losing 1-0 in a game we definitely should win. A few home truths came to the fore during the interval, everyone agreeing that this was far from acceptable and we were letting ourselves down in all departments.

What a response! The introduction of Jon Hurford gave us energy down the left flank and he was a constant thorn in the side of the opposition throughout the half.

We got back into the game when Ben Turner coolly slotted the ball home from the edge of the area after an initial shot was half cleared. The game had now turned thanks to the new found attitude and urgency of the players.

We were passing quicker, tackling harder and creating chance after chance. Jon Hurford put us ahead with an excellent effort from a wide angle. Tony Pinder added to this and Adam Cowling, approaching his 40th birthday, deservedly scored the fourth.

Three points won, even though the second half performance was infinitely better than the first, the lads still knew that they were not at their best by any means.

You can only ask for a reaction and that is what they gave. That in itself is encouraging, knowing that we have players who care and understand when they need to step up and respond.

The next game is at home to Crediton United on Wednesday (7:30pm KO).

### Devon & Exeter League

#### Premier Division Chard Town Reserves 2 Seaton Town 2

CHARD had the better of the early exchanges and came close to taking the lead in the second minute when Jamie Barfoot ran on to a through ball and sped past his marker before placing a shot just wide of the upright.

The home sides persistence finally paid off in the 18th minute as good play by Ben Meer and Luke Jackson set up James Boyland who weaved his way past three defenders before slipping the ball neatly past Seaton glove man James Goodhew to open the scoring. Chard's joy lasted twelve minutes when hesitance in defence saw them fail to clear their lines and Josh French lofted the ball over Matt Sweet to equalise.

The Robins came close to restoring their advantage on the stroke of half time, but Meer's low drive brought a superb full length diving save from Goodhew.

The visitors looked much sharper after the break and forced Chard to concede three corners in as many minutes and this pressure saw them take the lead in the 55th minute with a headed goal from Lewis Cotnam.

Fourteen minutes later it appeared that the hosts would be given the opportunity to get back on level terms when Boyland was pushed in the back as he was about to tee up

his shot from inside the area. However, referee Nicholas Chapman failed to spot the infringement and waved play on.

Chard only had to wait another three minutes before getting their equaliser. A corner by Meer was palmed away by Goodhew to the right hand edge of the area where substitute Brad Marsden crossed it back in towards the penalty spot to Dan Harvey who sent an unstoppable header into the back of the net.

Both sides had chances to win the game as Kieran Bailey and Meer went close for Chard. And Seaton saw a long range dipping shot by French tipped over the bar by Sweet and an effort from Martin Hancock rebound off the base of the post.

Overall, a draw was a fair result between two sides who gave an entertaining afternoon's play for their supporters.

**Team:** Matt Sweet, Dan Harvey, Alex Hodges (Richard Scott 62 min), Dan Aplin (Harvey Saunders 74 min), Simon Loader, Kieran Bailey, Ben Meer, Luke Jordan, James Boyland, Jamie Barfoot, Dan Anjos (Brad Marsden 62min).

★ ★ ★

#### Axminster Town 2nds 10 North Tawton 5

NORTH Tawton started quickly opening the scoring and, after a defensive mix-up, went two up in 13 minutes.

Giving ourselves a mountain to climb we managed to close the gap in the 21st minute when the ball deflected off Joe Urquart's back.

In an end-to-end game North Tawton broke away and scored to lead 3-1. This seemed to stir Axminster into action and within a minute Ollie Highet got the Tigers' second after a good move.

Axminster's strong attacking line-up looked more and more threatening and Sam Dibbling scored this time without the need of a deflection in the 39th minute.

Just when it looked like the interval would come at all even, North Tawton scored their fourth to lead into the break. Axminster equalised within five minutes of the restart through Sam Dibbling 4-4.

The Tigers went ahead for the first time when Gary Spiller scored in 56 minute and he again was on target just a minute later. On 58 minute Joe Urquart scored his second and this spell of play seemed to suck the life out of North Tawton at 7-4.

Axminster were dominating with only the occasional attack coming from the opposition. Luis Pinto replaced Gary Spiller and shortly afterwards Dan Beer scored his first making it 8-4.

But North Tawton were not done when on a rare foray they scored their fifth and last goal of the afternoon.

This didn't seem to stop Axminster and Ollie Highet finished well in the 68 minute for his second of the afternoon.

Dan Beer scored his second on the 85 minutes and that was the final score, but not before the Tigers missed an 87th minute penalty being well saved from Dan Beer, denying him his hat trick.

★ ★ ★

#### Exmouth Amateurs 3rds 1 Axminster Town 3

WE TRAVELLED to Exmouth to face a team second in the league.

The first half was dominated by the strange decisions made by the referee! We let this affect us more than the opposition and paid the price as on 30 minutes we conceded a soft goal.

Half-time came and after a stiff team talk we came out for the second half in a more positive frame of mind. This clearly showed as we started to play the kind of football we know we are capable of.

On 60 minutes we got the equaliser scored by Harry Day, virtually from the kick off we went in front through Declan Ellis.

We now played with confidence and a smile on our face and went on to win 3-1, the third coming from Declan Ellis who claimed the man of the match award. After six

games, we proudly sit on top of the league unbeaten, on 16 points.

★ ★ ★

#### Axminster Youth Teams

ON SATURDAY the Under 8s had a good morning in Feniton, playing Westex first, winning a close game 2-1. Owen Clifton scoring both goals.

They then played Feniton, the two teams were evenly matched, and the game finished in 0-0 draw. All the lads did very well and can be proud of their performances.

As a club we are looking to expand the number of Youth teams; if your child, grandchild, niece or nephew is between four and 18, give Andy Hurford a call on 07795 21760 for more details.

Two games for the U9s against Central City from Exeter. The first game we lost 2-1 played some good football, dominated long periods but couldn't find a finish to the good work put in. Our goal came from Jack Pulman.

The second game against a very big physical U9s side we conceded an early goal, fought hard, but couldn't overcome Central's physical presence and ran out 3-1 losers.

Joseph Morgan battled hard against the giants refusing to let their size get the better of him. Jack Pulman scored our only goal.

The Under 9s and Under 8s took the opportunity to be part of the half time entertainment at St James Park during Exeter City's home game against Hartlepool. The boys had a great day and Exeter won too!

★ ★ ★

#### BEER ALBION

BEER Albion found themselves playing Newtown for the second time in two weeks and regrettably this meeting was no more fruitful than the last, **writes ROGER HOARE.**

The Fishermen did stand shoulder to shoulder with their opponents for the first 20 minutes and young Seth Wakely had a glorious chance to put Beer in front inside the first minute, but the shot went wide.

Newtown began to find space on their left and exploited it twice, very clinically, and were comfortably 2-0 up as half-time approached.

However, with seconds of the half left, Beer player Chris Bowles fell and twisted his knee badly and was stretched off.

The sight of a colleague sidelined waiting for an ambulance did nothing to help the rest of the team and Newtown added two more goals in the second half without reply. The knee injury suffered by Chris will sadly mean the end of his footballing career.

Next up for the Fishermen this Saturday is an East Devon Senior Cup third round tie at home to Lympstone (2:30pm KO), with the

match sponsored by Beer Fish, Sea Hill, Beer.

● BEER Reserves took on Alphington 3rds but there was to be no repeat of the opening day joy for Beer when these two sides last met, with the Fishermen going down 2-1, **writes SIMON SMITH.**

Beer deserved more out of this game than they got, dominating possession and chances in the first half, and were unlucky not to be awarded for a penalty after young Ross Broom was caught late by a dangerously swung arm.

However although the referee saw the incident and booked the offender, he strangely awarded a drop ball in the area.

This was not the last bit of luck the hosts were given, both the Alphington centre backs were fortunate to stay on the field after a string of crude, untimely and sometimes dangerous attempts to halt Beer's build up play.

Nathan Newbury had a brilliant free kick saved by Alphington's man of the match keeper and several other efforts were thwarted.

The Beer defence had very little to startle them and restricted the home side to hopeful long distance efforts.

As the second half began the belief was visibly returning to Alphington and they started to capitalise on their good fortune, posing a greater threat to a previously troubled back four.

The nature of their opening goal came as no surprise, with a scrappy build up and a simple tap in, then another after centre back Josh Moughton had received a match ending injury leaving enough space for the home team to make it 2-0. Beer continued to toil away and got some reward when Jack White scored from some 40 yards, directly from a freekick. This changed the momentum of the game again and the last ten minutes were littered with opportunities to equalise, but it was not to be.

On Saturday the Reserves travel to Winkleigh for a Football Express Cup second round tie.

★ ★ ★

#### Millwey Rise 3 Winkleigh FC 2

MILLWEY strode into this game and within the first 15 minutes were two up courtesy of some excellent team work and their prolific front man Levi Hoole.

He scored his first running onto a through ball and beating the keeper with a powerful low strike. For the second he soared high above the defenders to place a well directed header into the net.

It seemed at this point Millwey felt they had done enough which resulted in them

losing control of the midfield to some skilful and determined play from their opponents who scored twice to level the game before half-time.

This could have been even more but for some vital interceptions by Stuart King in the middle of the home side's defence. The nearest Millwey got to scoring was a shot from Shane Featherstone that grazed the upright.

The second half saw chances at both ends in a thoroughly entertaining encounter and it was left to Hoole to complete his hat-trick in the 60th minute to give Millwey the vital winner and maintain their undefeated run.

There is no doubt that Winkleigh are the strongest side to visit Cloakham Lawns so far this season and certainly tested the home team's resolve. It was to Millwey's credit, especially the defence led by Stuart King, and goalkeeper Nathan Hoole's safe hands, that they came through with their fine start to the season intact.

● THE Reserves, making the long journey to Lapford, put on a far better performance than last week's disappointing result.

Although they went down 2-0 they were a far more organised and determined outfit. The two goals they shipped were both powerful headers from corners which gave the Millwey keeper no chance.

For Rise, Ray Coombes in centre midfield and newcomer Chris Lusty in defence were the pick of the much improved team.

● NEXT week Millwey 1st XI are away to Royal Oak in the Football Express Cup. The Reserves are at Cloakham Lawns where their visitors are Elmore 2nds in the Geary Cup. Both games kick-off at 2:30pm.

★ ★ ★

#### CREWKERNE

CREWKERNE player-manager Paul Gold put the home side 1-0 up with a very good finish, but the Hounds were soon level, **writes MARK HUGHES.**

After a spell of pressure in the Crewkerne area ended with a home defender heading into his own net to make it 1-1, it stayed that way until half-time.

Midway through the second half Tom Rutland headed Steve Battericks' corner back across the goal mouth and Leigh Hansford got a connection on the ball to makes sure it went in 1-2.

Then with not much left on the clock a Crewkerne defender handled the ball inside the box and ref Tom Richardson pointed straight to the spot. Hansford stepped up and dispatched a perfect spot kick to notch his third goal in his last two games.

Hansford was picked as man of the match, also Lee Cuff is enjoying a good run of form.

## Backward steps as Glovers lose again

### SKY BET FOOTBALL LEAGUE TWO

#### Yeovil Town 1 Hartlepool 2

IT'S a case of one step forward and – in Yeovil's case – three back, as the Glovers slumped to yet another defeat at Huish Park on Saturday.

Despite a solid performance from Josh Sheehan, back on loan from Swansea in place of Josh Wakefield who has returned to the Cherries, as well as good performances from the back four and Luton Town loanee Jake Howells, Yeovil's overall display was disappointing.

It appeared that that in their last three games the standard had picked up with management realising that not being the biggest side in the league,

playing the ball on the ground was the way to success.

However against a much taller and more physical side in Hartlepool they returned to the lump it in the air, long ball scenario, which was meat and drink to the visitors' defence.

The one bright spot was Yeovil's equalising goal, Nathan Smith linking well with Howells who showed all his experience and guile by threading a cross to the far post where Ryan Bird came sliding in to net.

Admittedly Pools' winner was lucky, sub Kudus Oyenuga badly mishitting his attempted angled shot at goal which fortunately ran to another replacement Brad Walker running in at the far

post who neatly tucked the ball home.

Manager Paul Sturrock's gamble to play Ollie Bassett, who at 17-years-old became the youngest player to pull on a Yeovil shirt at Crawley the week before, unfortunately backfired.

He failed to get into a game that always suggested it would be hard fought, and whilst he showed the odd neat touch, he did not get fully immersed in the game and appeared only on the periphery of the action.

I wonder how much influence Terry Skiverton and Darren Way still have at Huish Park, as I continue to see aspects that prevailed in their unsuccessful time at the helm.

The long ball syndrome and

failing to use your substitutes until it is too late; Mark Beck only being introduced after Hartlepool's second goal seven minutes from time, and no third sub used were glaring reminders of Skivo's ideas.

Mind you it's no wonder subs don't get on the pitch quicker; they have to watch Dazza scrolling through the umpteen possible options on his iPad for ages before they get on!

The crowd was just over 3,000 on Saturday and with this fayre being served up there's only one way it can go!

Come on Yeovil, let's get a grip before it's too late and we become the first side in Football League history to suffer three successive relegations.



## skittles crewkerne

Division One	Pld	Pts
Football Club	1	12
Headhunters	1	12
Super Sexy Six	1	10
Rollers	1	10
Royal Oak Drimpton	1	10
The Coachmen	1	7
Lost Boys	1	5
King Willy Dogs	1	2
Mighty Ducks	1	2
Brewers Bees	1	2
Loud & Proud	1	0
Stray Cats	1	0

Division Two	Pld	Pts
Fryers	1	11
Pinbusters	1	11
Rugrats	1	11
Acorns	1	10
Sports 92	1	9
Hillbillys	1	3
Raptors	1	2
Chis Colts	1	1
Concorde	1	1
Skimmers	1	1
Perrott Monkeys	0	0

Division Three	Pld	Pts
Fryers	1	11
Sandbaggers	1	11
Admiral 6	1	11
Kingsmen	1	11
Fudders	1	11
Muppets	1	10
The Likely Lads	1	9
Oakley Doakleys	1	3
That's Wassap	1	2
Ugly Ducklings	1	1
Willy Low Flyers	1	1
Rotary	1	1
Beer Leg Boys	1	1

## darts colyton

COLYTON Darts starts up again on Thursday, October 1st, with the league expanded to 12 teams. All draw sheets, contact numbers and scorecards have now been delivered either to the venues or the captains in person.

**Week 1 fixtures:** Beer Club A v Vault; Kingfisher A v Seaton FC B; Colcombe Castle v Kings Arms B; Seaton Saints (Kings Arms) v Golden Hind; Seaton FC A v Kingfisher B; PJ's v Beer Club B.

Keep up-to-date with the league via the website at: <http://colyton-darts.musburyvillage.co.uk>

## jack high bowls round-up

# Iminster lift Two Counties Cup

**I LMINSTER** with Des Maul

THE Two Counties Cup final between the winners of the Somerset League (Iminster) and the winners of the Devon League (Culm Vale) was played at Honiton BC.

The final was played on a fine afternoon in warm sunshine. After ten ends Iminster were ahead on all four rinks but then Culm Vale came more into the game with the result that Iminster, **pictured right**, won two rinks, drew one and lost one but won overall by 77 shots to 55.

Details: Andy Williams, Derek Carter, Roger Lench and Matt Hamilton 28, Brian 8; Dave Wallis, John Osborne, Phil Cox and Jason Miles 17, M Tuckett 18; Des Maul, John Mitchell, Eric Keitch and Barry Sims 18, M Phillips 15; Peter Bloomfield, Ken Parker, Alan Holt and Kevin Hamilton 14, R Clements 14.

Thanks go to the members of Honiton BC for the superb tea and hospitality.

This result was the last outdoor match and was a fitting end to another very successful season for the club.



**FENITON**

with Roger Smith

THE final week of the season saw the mixed team lose at home to Exonia by 67-84. The winning rink was S Goodenough, J Skinner, G North

and I Veitch 22-15.

The closing drive was well supported. The winners were M Evans, T Crawford and A Smith with +18 and the runners up were L Wilson, G Phillips and L Crawford +8.

## golf round-up honiton

### MIXED SECTION

THERE was quite a small field for this week's competition - Four Clubs and a Putter. The format was Greensomes Stableford.

Choice of clubs is important and, if you decide not to select a sand wedge, you have to keep your fingers crossed that your playing partner will manage to avoid all the bunkers.

The winners, decided on just one point on countback on the back nine, were Sue Ritchie and Keith Bellinger with 35 points. Only just missing out, also on 35 points, were Jan Portlock and Richard Pyle.

The Ladies Secretary, Lesley Oxenham, presented the prizes and gave a vote of thanks to Maureen and Laurie Tollemache who have organised these competitions for the month of September.

### LADIES SECTION

LADIES were competing for the Betty Harris Trophy this week, a medal competition. Playing conditions were difficult with no run on the ball with the morning dew. However, it was very warm and pleasant out on the course.

The runaway winner was Jackie Seager with a score of net 73. Sue Ritchie won the best gross prize with a score of 93.

Gill Johnson claimed the longest drive on the 18th hole. Nearest the pin on the second hole for Bronze Division players was won by Stephani Barnes and on the 12th hole for Silver Division players by Lady Captain Olwen Eaton.

In the Silver Division, Heather Clarke took first prize with a net 79. Lady Captain Olwen Eaton was in second place, also with a net 79 and Jane Watts came in third with a net 80.

In Bronze One, Stephani Barnes was first with a net 77, Sharon Dacre second with a net 80 and Dot Grove third with a net 81.

In Bronze Two, Jan Lloyd took first place on countback with a net 84 and Sheila Palmer came in second, also with a net 84.

In the nine hole Stableford competition, Jenny Raison was first with 10 points, Babs Knight second on countback with nine points and Christine Whiteley third with nine points.

### SENIORS SECTION

TWENTY teams of three contested the Seniors' Longhurst Cup held in Stableford format.

The first players in made the best score. They were Seniors Captain Mike Watts, Ron Rogers and club chairman Peter Clarke. No one else could touch their 46 points. Runners-up were Ian Orford, Ted Chandler and Tom Tunnicliffe. Dave Maggs, Alan Morris and Robin Mitchell were third and Roger Matthews, Phil Faulkner and Alan Rowley took the last prizes.

Tony Williams and Fred Thomas scored the only twos of the day and shared 42 balls.

## hockey chard

FOR Chard's men's and ladies' sides, the new league season started last weekend.

The club's regular training sessions on Wednesday evenings are in full swing on the all weather pitch at Holyrood Academy: 7pm to 8.15pm for the juniors and 8.15 to 9.30pm for the seniors with a warm up from 8pm for the latter. New players are always welcome.

Hockey is enjoying a national surge of interest of late on the back of the success of the national teams.

Besides the ladies lifting the European Trophy for the first time in 24 years, continuing their upturn in form dating back to the London Olympics, England's Men reached the last four of the Euro-

Hockey Championships as well, just missing out on the bronze medal.

England Hockey, the sport's governing body has launched a nationwide HockeyFest to catch the enthusiasm generated by this success and Chard Hockey Club is keen to be part of this.

The club had its own share of success last season, the men's 3rd XI winning promotion while the 1st XI made a late surge to finish third in their division, just missing out on promotion themselves.

More information is available on the club's website at [www.chardhockeyclub.co.uk](http://www.chardhockeyclub.co.uk)

You can also find the club on Twitter and Facebook.

## cribbage round up

**HONITON**

**Results - September**

24th: Feniton Soc B 4  
Blacksmith Arms 4,  
Honiton Inn B 4 Feniton  
Soc A 4, New Fountain 6  
Honiton Inn A 2, Thirsty  
Farmer 4 Workingmens  
A 4, Vine Inn A 6 London  
Inn 2, Workingmens B 4  
Vine Inn B 4.

**Captain's Cup results:**

Audrey Hawkins 1 Brian  
Morrison 0, Brenda  
Flood 1 Lorraine White 0,  
Julie Davis 0 Hedley

League table	P	Pts
Blacksmith Arms	4	24
Vine Inn B	4	19
Feniton Soc A	4	18
Feniton Soc B	4	18
Workingmens A	4	17
New Fountain	4	17
Vine Inn A	4	15
Workingmens B	4	15
Honiton Inn A	4	14
Honiton Inn B	4	13
London Inn	4	11
Thirsty Farmer	4	11

Hawkins 1, Lionel

Hawkins 1 Mike Dent 0,  
Maureen Pendrick 1  
Steve Pettitt, Rita  
Freemantle 0 Julie  
Bath 1.

**Fixtures - October 1st:**

Blacksmith Arms v New  
Fountain, Feniton Soc A  
v Thirsty Farmer,  
Honiton Inn A v Vine Inn  
B, London Inn v Honiton  
Inn B, Vine Inn A v  
Workingmens B,  
Workingmens A v  
Feniton Soc B.

Captains Cup	Pld	Pts
Hedley Hawkins	4	4
Julie Bath	4	3
Lionel Hawkins	4	3
Mike Dent	4	2
Audrey Hawkins	4	2
Maureen Pendrick	4	2
Brenda Flood	4	2
Brian Morrison	4	2
Rita Freemantle	4	2
Julie Davis	4	1
Steve Pettitt	4	1
Lorraine White	4	0

### LYME REGIS

**Results - September 21st:** New Inn Kilm B 1 Axminster  
Con Club 4, Gerrard Arms 3 Talbot Arms 2, Beer Club 2  
Nags Head 3, Lamb Swans 2 Royal Oak 3, Stepps 3 Old  
Inn Kilm 2, Axminster Inn 1 Ship Inn LR 4.

**Beer League:** New Inn Kilm B 2 Axminster Con Club 1,  
Gerrard Arms 2 Talbot Arms 1, Beer Club 0 Nags Head 3,  
Lamb Swans 1 Royal Oak 2, Stepps 2 Old Inn Kilm 1,  
Axminster Inn 1 Ship Inn LR 2.

**Fixtures - October 5th:** New Inn Kilm B v Nags Head,  
Gerrard Arms v Royal Oak, Beer Club v Old Inn Kilm,  
Axminster Inn v Ship Inn.

League table	P	Pts
Beer Club	3	11
Royal Oak	3	10
New Inn Kilm A	2	9
Lamb Swans	3	9
Nags Head	3	8
Ship Inn	3	8
Stepps	3	8
Axminster Cons	3	7
Gerrard Arms	2	6
Old Inn Kilm	2	3
Talbot Arms	3	3
New Inn Kilm B	2	2
Axminster Inn	2	1

Beer League	P	Pts
Royal Oak	3	6
Ship Inn LR	3	6
Axminster Cons	3	5
Stepps	3	5
Nags Head	3	5
New Inn Kilm A	2	4
Lamb Swans	3	4
Talbot Arms	3	4
Gerrard Arms	2	3
Beer Club	3	3
New Inn Kilm B	2	2
Axminster Inn	2	2

Send your sports news, reports,  
scores and photos to:  
[howard@pemedial.co.uk](mailto:howard@pemedial.co.uk)

## boules axe valley

THE league season finally drew to a close last week, with Golden Hind B securing the one point they needed in the second game of their 'decider' against Axe Cliff B, who took the runners-up spot.

In Division Two, Fishers were already champions and Kings & Queens runners-up with a week to spare; in Division Three Eyre Court A pipped Golden Wonders to the title by a point.

This week we have the Whitbread Cup Final between Axe Cliff A and Golden Hind B, with presentation night the following Tuesday (October 6th) at The Lamb Inn, Axminster from 7.30pm.

Current trophy holders are requested to bring the cups along on the night,

or ensure they reach the venue beforehand.

**Division 1:** Gerrard Arms B 2 Whitford Warriors 3; Beer Club 1  
Axe Cliff A 4; Colyton FC 4 Ship Castaways 1;  
Shipwrecked 3 Kings  
Arms A 2; Axe Cliff B 4  
Golden Hind B 1.

**Division 2:** Kingfisher Rebels 4 Seaton Town FC A 1; New Inn Flyers 2 Fishers 3; Royal  
Clarence A 3 Kings &  
Queens 2; Kings  
Cavaliers 2 Royal  
Clarence B 3.

**Division 3:** Golden Wonders 3 Lamb (mut-  
ton) 2; Kings Jesters 4  
New White Hart 1; Eyre  
Court A 3 Axe Cliff  
Ladies 0 (default win);  
Lamb Visitors 2 New  
Inners 3.

Division 1	P	Pts
Golden Hind B	18	58
Axe Cliff B	18	56
Axe Cliff A	18	53
Ship Castaways	18	48
Kings Arms A	18	46
Colyton FC	18	45
Whitford Warriors	18	44
Shipwrecked	18	36
Gerrard Arms B	18	33
Beer Club	18	31

Division 3	P	Pts
Eyre Court A	18	63
Golden Wonders	18	62
Lamb (mutton)	18	52
New Inners	18	50
Kings Jesters	18	47
Lamb Visitors	18	41
New White Hart	18	33
Axe Cliff Ladies	18	32
Gerrard Red Balls	18	31
Seaton Town FC B	18	25

Division 2	P	Pts
Fishers	18	61
Kings & Queens	18	54
Royal Clarence A	18	48
Kingfisher Stars	18	48
New Inn Flyers	18	44

## bodybuilding seaton

# Seaton pair prove dedication pays off

◆ Mercedes Connor and Jesse Bret California



**BODYBUILDERS** Mercedes Connor (34) and Jesse Bret California (28) from Seaton in Devon were due to be competing last Sunday for £17,000 of prizes in the regional qualifiers for Pure Elite London at The Beck Theatre, Hayes.

Jesse was competing in the Beach Body category while Mercedes was competing in three categories: Tattooed Muscle, Fitness Model and Muscle Model. Both are natural athletes.

Three years ago, Jesse, a former accountant, weighed in at nearly 16 stone and had a 40 inch waist. Jesse said: "I first went into bodybuilding just to lose a bit of weight and then it engulfed my life.

"My priorities changed from going out drinking and not looking after myself to being in the gym. I've transformed myself and now believe I can take this experience to become a personal trainer.

"I've only competed once before, but still came 15th out of 40. I'm hoping this time to make the top five, but it will be tough as I'm up against 21 other competitors."

Mercedes has already achieved competition success for Women That Lift, Fit-

ness Model and G-Lifting where she was placed 2nd (twice) and 3rd. She hopes to retain a 3rd place or higher this time round.

The couple first met on Facebook, then through a gym where they became training partners. They now train every morning and evening at B! Health and Fitness in Lyme Regis.

Craig Bernhardt, Founder of B! Health and Fitness said: "The dedication and total commitment displayed by Brett and Mercedes to transform their physiques for the competition has been nothing short of inspirational.

"What makes this even more impressive for me is that they are demonstrating to others that you can have an incredible physique without using harmful synthetic substances, such as anabolic steroids.

"Results that are derived from hard training, a good tight diet, appropriate rest and sheer hard work and determination are so much more impressive."

For more information or to follow Jesse and Mercedes progress, visit [bhealthandfitness.co.uk](http://bhealthandfitness.co.uk) or call 01297 442266.



## football youth

## SEATON

SEATON turned in their best performance of the season when they played teams Twyford Spartans and Gladiators from Tiverton.

They were simply irresistible against the Spartans running out 7-2 winners.

The team play was exceptional, even more so when you consider that Eric McLennan and Daniel Baltruschak were making their Seaton debuts, but both the new boys did very well.

Aaron Hale did the damage in attack, with four well taken goals, George Gait, Christian Pinnoch and Max Nevell completed the scoring. However, they found it difficult to maintain this level and looked tired as they went 3-0 down to the Gladiators at half-time.

But in the second half they got their second wind and turned up the heat again in a stirring response.

They created chance after chance but got no reward for their efforts and the game finished 3-0. Harvey Green was awesome in defence, but the man of the morning was Aaron Hale, a perfect blend of silk and steel, as he ran the opponents defences ragged.

## MILLWEY RISE

RESULTS: Under 7s Exeter & District Youth League – Played 6, Won 2, Drew 2, Lost 2 (goals from Theo Dibling 4 & Elijah Alsedani).

Under 10s Exeter & District Youth League – Millwey Rise Falcons 0 Sidmouth Warriors 12; Millwey Rise Falcons 1 Sidmouth Raiders (Josh Marlow) 11; Millwey Rise Eagles 7 Sidmouth Raiders (Owen Dibling 3, Louis Newcombe 2 & Finlay Downes 2) 2; Millwey Rise Eagles 0 Sidmouth Warriors 5. Under 13s Dorset Youth Football League Cup – Shaftesbury Rockies 13 Millwey Rise 0.

## SIDMOUTH

ON SATURDAY Sidmouth Warriors Under 10s travelled to Axminster to play Millwey Rise Eagles.

This was always going to be a hard fought contest – these teams had met in the cup final only a few months earlier.

The Warriors held their shape brilliantly early on, with Callum French marshalling the defence and it wasn't long before the pressure on the Eagles told and man of the match Ben Elsom was able to fire home from range.

Excellent performances from Charley Turley and Tom Cload on the wings provided the strikers with plenty of opportunities and the Warriors were 3-0 up at half-time.

The second half was tight early on with Millwey playing some good football but again after an excellent team passing move Dev Nair was able to volley in past the keeper.

The game finished after Jamie Pitter grabbed his second and the team closed out the game 5-0.

## rugby chard RFC

## Chard let their half-time lead slip away

SOUTH WEST ONE  
Wells 22pts Chard 19pts

CHARD will be kicking themselves for allowing this game to slip from their grasp after having a comfortable 16-3 lead at half time.

For the third game in a row Chard lost by the narrowest of margins and came away with just one losing bonus point because they finished within seven points of the winners.

Chard knew they could and should have won the game but player coach Simon Jenkins commented after the game that Wells deserved the win because of their second half display.

They knew how to use the slope to their advantage and were certainly 'up for it' whereas Chard were often going through the motions which left many of their supporters rather disappointed.

Chard had much of the proceedings in the first half when they had the advantage of the slope even though Wells had taken the lead with an early penalty.

A try from Jenkins plus a conversion and three penalties from the boot of fly half Humphries gave the visitors a comfortable lead and in truth if Chard had scored any further points in the

first half then surely Wells would have had too big a mountain to climb.

Wells however really upped their game in the second period and some astute kicking into the bottom corner got them into many good attacking positions as they certainly knew how to take full advantage of using the slope to good effect.

Chard lost several balls against the head and their forwards who have been the mainstay of the side for several seasons now were beginning to feel the pressure, although they were not helped when skipper Mortensen had to leave the field.

The enthusiasm of the home players aided by the vocal support of a good home crowd paid off and Wells crossed for three fine tries, two of which were successfully goaled.

Chard really got back into the game in the last ten minutes. Initially they reduced the arrears with a penalty and then following another long kick into the corner Chard had a golden opportunity to get the winning try from a catch and drive situation.

Chard have perfected this art in the last few years but on this occasion the home defence held firm and aided by a stray pass Wells held on for a deserved win.

A disappointing day for Chard and they will certainly need to address some of the issues which came to the fore in this match.

However on the plus side coach Jenkins singled out young Chard centre George Dowse for special praise as he gets better with every match at this level.

Ryan Helliar had his usual all action game and Chris Spurdle is getting back to form after a long period out of the game because of injury.

An opportunity also came for one or two of the Colts clubs to get some time on the pitch as a replacements which can only be good.

After four games Chard now lie just below midtable in the division with eight points when in reality they could have been much nearer the top.

## SOMERSET DIVISION ONE

Chard 2nds 29pts Wyvern 1sts 27pts  
AFTER weeks of real struggle Chard 2nd XV at last came good on Saturday with this narrow victory against their visitors from Taunton.

Chard trailed 10-16 at the break but had managed to cross for two tries scored by Glen Harding and Paul Wright.

In a tense battle Chard scored three

further tries in the second half when a try from Billy Biss was followed by a penalty try awarded by the referee after an illegal bit of play by the Wyvern players close to their own line.

Ben Robinson scored a late try to seal a win for Chard with Dan Newman getting two conversions.

A big improvement for Chard but they still have a long way to go and with more players returning to the fold competition for places will increase which can only be a good thing.

The team owed a debt of gratitude to the Colts management team particularly Duncan Nicholls for helping them out on the day.

SOMERSET DIVISION TWO  
Crewkerne 2nds 29pts  
Chard 3rds 10pts

MANY thanks are due to club chairman Gavin Smilie for all his efforts in getting the 3rd XV back into action when a very short time ago it looked likely they would have to fold.

He led from the front and played the whole 80 minutes! Chard took a full side to Crewkerne but with no referee allocated Chard councillor Martin Carnell, who was supposed to be playing,

took up the whistle so that the game could go ahead.

James Gammage and Warren Lewis scored the Chard tries. It has to be said that Lewis was quite outstanding for Chard throughout.

The game was fairly even but some extra pace in the Crewkerne backs was too much for Chard to handle at times and was the turning point of the game in terms of the result.

However the most important thing was that the game went ahead and hopefully will kickstart even more local players to get back playing again.

After over 40 years with a 3rd XV it would be a big loss to the club if the team had folded.

● PLEASE note that there are no senior league games scheduled for next weekend. However a vets game is to kick-off on the main pitch at 1.30 pm and this will be followed by a Colts game at 3pm.

The Colts have had a good start to the season with wins against Taunton and Wellington but their game last weekend was postponed because a suitable referee was not available.

Also come early to get your seats for the big World Cup match on Saturday!

## running around the clubs

## It's been a busy week for local running clubs

AXE VALLEY RUNNERS  
with Carol Austin

AXE Valley Runners have been busy taking part in triathlon, duathlon, road and trail running showing that AVR is a diverse and talented club.

Susie and Rosie Thoenissen took part in the LANGPORT LADIES NOVICE TRIATHLON in Somerset. Rosie, in only her second triathlon, finished an impressive 15th out of 105 while Susie, making her debut, came in 39th and 7th in her age category.

Meanwhile, nine members made the short trip for the COTLEIGH CANTERS.

In the 3k fun run Holly Eyre was first u16 girl home finishing 16th out of 57 in 14.39.

In the 5k race Mia Bartlett was 9th out of 23 in 22.46 with Rick Wood 13th in 26.52 winning the first male over 60 award.

For the second successive year, Jake Smith stormed to victory 10k race in a magnificent time of 33.48. Ollie Caute was 12th in 40.23 followed by Rupert Pady in 41.24.

Third woman and first W55 was Eleanor Wood in 29th place in 44.10.

A week after a brilliant marathon performance, Margaret Pearce finished 49th in 48.20 closely followed by Alan Morbey in 50.12. Andy Sayers

ran hard to finish 65th in 52.39.

Up at WORCESTER Racecourse Carol Austin took part in the run-bike-run relay running the first 10k leg in 45:21 before handing over to friends to complete the 20k bike and the final 5k run. The team came a respectable 4th out of 18 and was the first mixed gender team.

Meanwhile Lesley Adams ran the 10k race along with another 2038 runners and finished in 59:50, 477th woman home and 14th W60.

The icing on the cake for the pair was to meet East Devon's resident running star Jo Pavey afterwards. Jo came home first woman in a touch over 33 minutes.

Over in Dorset Angela and Martin Kerr completed the PURBECK 16 MILER. Angela finished in 3:19.05, 3rd W60 with Martin a very satisfactory 3:44.08.

Finally, Luke Reed competed in the DAWLISH SPRINT TRIATHLON where the fog also played its part with the swim shortened to 600m.

Luke was in 10th place after the swim in 10.41. Unfortunately during the 21k bike section he suffered a puncture and couldn't fix it, so rode the remaining 15k with a flat tyre.

This ended his chances of a top 20 finish but he still completed the run

with the fastest split of the day of 20.54 for 5k leaving him 63rd overall out of 270.

## HONITON

SEVERAL Honiton Running Club members took part in the second running of the Stockland Scamper last weekend.

There was a field of 54 for the main 10k but many more for the 3k and fun run. It was organised by Stockland Academy PTFa with the help of Axe Valley Runners.

The race was won by local Simon Durrant in a time of 42 minutes 29 seconds. First Honiton runner home and second overall and also winner of his category was Karl Hodson who finished in 43:13. Next back was Chris Entwistle who finished 8th in 48:47.

The 3k race saw an amazing 124 finishers with Simon Davies the overall winner in 11:47. Honiton's Jasmine Stone had a fantastic run and finished as 2nd female in 12th place overall in 14:11. Jasmine's younger brother Harrison came 45th in 17:26.

Much of the race was run on private ground so thanks must go to the kind farmers for allowing the runners on their land. Thanks also to the organisers and marshals for a great event.

## CHARD

CRRs were out in force on Sunday at three challenging events.

First to attract CRRs was the Stockland Scamper – this 10k multi terrain race in typical hilly East Devon terrain sported a small but very keen field. This race was preceded by a hugely popular junior event that had, with some accompanied children, 124 runners.

Chard Road Runners had five runners taking part in the 10k, plus Anna Drew helping with marshalling duties.

Claire Pomeroy led the way at the start at a great pace that suited her love of this terrain, but the predicted order was soon established by the first climb, with Gavin Wyatt leading the way, followed by Paul Fraser, Simon Hall, Julie Bindon and Claire Pomeroy.

With the recent dry weather the off road sections were for the most part dry, with the exception of a few very muddy gateways that had a definite rural ingredient. The route for this Scamper takes runners through some delightful parts running alongside streams, and a climb to spectacular views a couple of miles from the finish.

Gavin finished in a sharp 53.06 in 17th place. Paul still had plenty of fit-

ness from his recent long distance events and came in 1:00.49 in 33rd.

Next off the Starting block was the Taunton 10k where four CRRs took to this road run around the streets of Taunton, with Colin Boarder getting CRRs off to a fine start and the weather – whilst on the hot side – was making for a very fast race.

Maintaining good pace was Mel Boarder who was starting to make good progress through this full field of runners drawing Vicky Musselwhite along with her, Gary Wheaton set off for the chase to round off CRR's challenge, with the end in sight it was Colin who pushed hard to cross the line in 52min and a PB, next securing a PB was Mel in 1hr 1min with Vicky Crossing at the same time securing her PB for a 10k, Gary getting back into the stride finished off the CRR's race entry.

With North Devon being the CRRs next trip to the races, it was the Barnstaple Marathon and Half Marathon that attracted the them with Helen Baxter taking on the half marathon having recently suffered illness.

Helen made a strong finish into the welcoming finish area in a time of 2hr 13min 52sec. Andy Mear just pipped Addie Douglass to the line – a fantastic run.

## on the frontier – the new skittles season

## COLYTON LEAGUE

**Division One:** Colyton Club A 358 (G Foxwell 64) Tuckers Arms B 349 (D Freeth 67); Lamb B 323 (M Pidgeon 60) Gerrard A 334 (M Bright 64); Axe Con club 355 (C Sharpe 65) Sidbury Stones 358 (G Sweetland, M Hill 66); Colcombe A 421 (S Marks 81) Honiton WMC A 391 (M Cardy 84); Cloakham B 351 (M Enticott, P Pring 63) Lamb A 335 (S Pomeroy 70); Vine B 366 (D Blackmore 68) Red Lion Cavaliers 355 (W Phillips 67); Honiton Con D 386 (M Wakley 79) New Inn A 379 (D Jones 75).

**Division Two:** Gerrard B 302 (J Potter 57) Offwell A 278 (D Spragg 54); Ship C 357 (R Gush 65) Cloakham Wanderers 361 (G Hayball 67); Seaton Town A 352 (M Hancock, M Perham 62) Wheelwright 365 (P Squires 70); Colcombe Beerbys 347 (J Adkin 65) Honiton Converts 355 (W Guppy 44); Red Lion A 421 (S Flint 81) Vine A 419 (G Doidge 87).

**Division Three:** Wilmington Harts 360 (J Woollacott 76) Colcombe B 359 (T Reynolds 67); White Hart B 344 (S Robinson 65) Ship A

349 (L Hartnell, N Widger 64); Three Tuns Hammers 347 (M Joyce 65) Honiton Con BTP 339 (R Williams 63); Beer A 337 (M Howe, T Cook 59) Volunteer B 333 (S Holdsworth 66); Beer Vikings 326 (K Llewellyn 63) Beer Albion 336 (N Groves 69); Red Lion Sidbury 333 (P Warren 66) Tuckers Arms A 336 (D Dower 65).

**Division Four:** Winstons A 340 (A Everton 64) Vine Nomads 360 (K Munt 73); Tuckers Arms C 360 (R Burrough 64) Kingfisher A 332 (A Parsons 64); New Inn B 330 (D Hodder 61) Honiton Con A 330 (N Richards 64); Kings Arms A 320 (K Cooke 70) Rising Sun A 307 (T Churchill 54); Honiton WMC B 324 (W Morgan 67) Seaton Town B 338 (Jackie Jones 63).

**Division Five:** Offwell Rejects 350 (T Hembrow 68) White Hart A 323 (N Cox 61); Beer C 297 (E Westlake 59) Seaton Bowling club 290 (T Hurley-Smith 56); Axminster AFC A 336 (T Morgan 61) Heathfield B 361 (Eileen Glaeser, Marion Fletcher 65); Kingfisher B 251 (A Hurford 53) Colyton Club B 279 (G Richards 57); Heathfield A 358 (M Phillips 78)

Old Inn Kings 349 (S Fuller 73).

## AXMINSTER LEAGUE

**Ladies' Division One:** Bee Knees 286 (T Reynolds 55) v Tuckers C 316 (M Fletcher 60) Cloakham A 347 (C Craven 75) v Colcombe A 355 (S Newton, B Batten 63) Seaton BC 280 (L Hurley-Smith 56) v Wotnots 290 (C Phillips 59) Red Lion A 378 (C Spiller 75) v B & Js Cloakham 324 (J White 62) Gerrard Guzzlers 272 (K Randall 51) v Perfect Puns 266 (E Westlake 50) Rousdon Ladies 324 (S Millman 66) v New Inn B 296 (W Mitcham 60) New Inn A 276 (J Cook 49) v Ax Inn A 299 (D Walsh, R Critchard, J Palmer 52).

**Ladies' Division Two:** Colcombe Girls 335 (S Marks 64) v Red Lion Rabble 317 (F Bagge 59) Cloakham Castaways 286 (P Turner 54) v Seaton FC 307 (J Frost 66) Colcombe B 350 (J Love 62) v Colcombe Angels 320 (S Gush 62) W H Wilm A 325 (S Millward 61) v Thorncombe A 311 (K Gaylard 63) Ax Inn Allsorts 260 (J Pring, L Pursey 46) v Tuckers A 290 (L

Gould 60) Tuckers B 317 (C Cole 66) v Old Inn Kilm 311 (L Beer 59).

**Men KO Cup, Second Round:** Ship Rotary 377 (S Dunn 78) v Old Hawk A 346 (R Smith 61) W H Wilm A 374 (D Olive 69) v Lamb Spartans 378 (S Dickson 70) Old Inn Kilm B 354 (D Lavender 67) v New Inn Kilm C 326 (R Webb 62) Tuckers C v Wootton Cowboys (Tuckers C Won, No Card) Ax Con A 321 (A Thomas 58) v Thorncombe A 326 (S Harding 61) Thorncombe C 360 (R Taylor 68) v Red Devils 383 (D Huntley 75) W H Wilm B v Bye Green Army 359 (R Chapple 77) v Colcombe A 358 (A Hurford 70) Lamb Shanks 324 (P Herrod 59) v Ax Inn A 306 (B Margetts 61) Old Inn Kilm A 356 (I Huntley, P Powell 65) v Tuckers Y 315 (R Pearse 62) Lamb A 316 (N Jones 61) v Ax Inn Jokers 331 (A Churchill 63) New Inn A 320 (D Hodder 69) v B & Js 329 (T Wellman 65) Red Lion C 405 (J Legg 89) v Thorncombe B 392 (P Saunders 82) Ax Con Rebels 315 (H Harris 59) v Cloakham Stars 284 (R Strawbridge, A Ostler 51).

## ● Next round to be played Tuesday, October 13th:

Ax Con Rebels v Ship Rotary, Red Lion C v Lamb Spartans, B & Js v Old Inn Kilm B, Ax Inn Jokers v Tuckers A or Axminster FC, Old Inn Kilm A v Tuckers C, Lamb Shanks v Thorncombe A, Green Army v Red Devils, Bottle Inn or Sidmouth Arms v W H Wilm B

## LYME REGIS LEAGUE

**Ladies:** Wootton Wobblers 323 (+BL) v Generations 276, Wild Puns 295 (+BL) v Smashers 294, Hot Gossips won (+BL) v La Creme, Just Us 289 (+BL) v Rollercoasters 238

**Men:** Clueless 292 v Young Guns 320 (+BL), President's Men 293 v Trappers 293 (BL = Draw), British Legion 316 v Flyers 359 (+BL), No Hoppers 334 (+BL) v Wreckers 317, Tornadoes 314 v Skippy's Six 296 (+BL), Anthill Mob 329 (+BL) v Marksmen 338, Roadrunners 325 (+BL) v Alleytwits 335, Miscellaneous 329 v Shakers 323 (+BL)

Rousdon Rebels = Free Week (+BL) = Beer Leg winner



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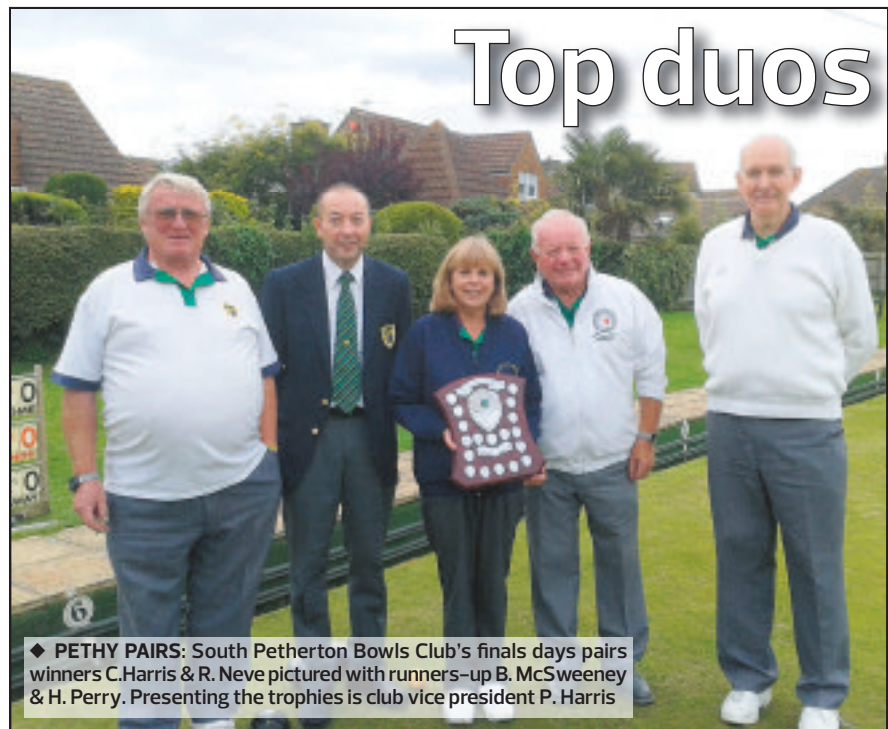
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## Crewkerne Triples finalists



◆ **WELL DONE:** Crewkerne Bowls Club president Mary Spurway presents the Mixed Triples winners trophy to the team of M Harwood, L Murdoch & L Batten at the club's recent finals weekend. Also pictured are runners-up B Atherton, K Williams & J Ramsey

## Top duos



◆ **PETHY PAIRS:** South Petherton Bowls Club's finals days pairs winners C.Harris & R. Neve pictured with runners-up B. McSweeney & H. Perry. Presenting the trophies is club vice president P. Harris

Finding a way forward...

For those who chose a legal career

### Principals Training



Tim Guppy, Katherine Ashley & Guy Watson

Tim qualified at Pengillys & Ridge, before becoming a solicitor and subsequently a Deputy District Judge. Katherine has worked in all facets of the firm before becoming a partner in the legal firm. Guy joined the partnership in April 2015.

**Most recently**  
 Hannah and Kim have completed the latter stages of their legal executive qualification programmes.



Hannah Goddard



Kim Pile



### Graduate Training

#### Principal Matt Rimmer

Ex-Thomas Hardy pupil Matt took the traditional route of obtaining a law degree, completing his LPC and then completed his training contract at

Pengillys, being admitted to the role in 2011 and becoming a partner and joint head of the property department in 2015.

Following a change of career from the Army, Holly completed her LPC at Bournemouth University and is now undertaking her training contract with Pengillys.



Holly Munroe

Liam Connelly



**Within the Private Client department**  
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